

## Lesson 5

### Aqeedah

Those who follow the guidance shown by Allah are successful and they will be admitted to gardens of Paradise.

### Dua

(Tirmidhi:3513) اللَّهُمَّ إِنَّكَ عَفُوفٌ كَرِيمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

*Translation:* O Allah! Indeed You are Pardoning, Generous, You love pardon, so pardon me.

### Hadeeth

The Messenger of Allah صلى الله عليه وسلم said:

لَا تَأْكُلُوا بِالشِّمَالِ فَإِنَّ الشَّيْطَانَ يَأْكُلُ بِالشِّمَالِ

*Translation:* Do not eat with your left hand, for the Shaitaan eats with his left hand. (Muslim: 2019)

### Akhlaaq

**Do not do this while eating:**

1. Do not blow in the food/drink if it is hot.
2. Making sound while chewing the food.
3. Not to pay due care to others while eating.
4. Wiping hands from the table spread or clothes.
5. Eating others share of food or desserts.

### Seerah

A meal was brought to Allah's Messenger صلى الله عليه وسلم while his step-son, `Umar bin Abi Salama was with him. Allah's Messenger صلى الله عليه وسلم said to him: "Mention the Name of Allah and eat of the dish what is nearer to you". (Bukhari: 5378)

We should also recite Bismillah before eating and also remind others as well. When we say Bismillah, Shaitaan will not touch our food and blessing of Allah will be with us.