

## Lesson 6

### Aqeedah

Those who follow the path other than what is shown by Allah they are not the successful (ones) and they will be admitted to Hell.

### Dua

(Muslim: 2725) **اَللّٰهُمَّ اهْدِنِيْ وَّسَدِّدْنِيْ**

*Translation:* O Allah, direct (guide) me to the right path and make me adhere to the straight path.

### Hadeeth

Allah's Messenger صلى الله عليه وسلم said: When you drink water, do not breathe in the vessel (while drinking). (Bukhari: 5630)

### Akhlaaq

#### Manners of drinking:

1. Sit and drink.
2. Look well into glass before drinking.
3. Drink in three intervals (three breaths).
4. Do not breath/blow in if the drink (tea or milk etc.) is hot.
5. Take a glass/cup. Do not drink directly from the Bottle or Jug.

### Seerah

The Messenger of Allah صلى الله عليه وسلم used to drink water in three sips. He advised against drink very hot to avoid damage to our body. We should follow our beloved Prophet Muhammad صلى الله عليه وسلم in our day to day life. We will get reward from Allah and also the other health benefits.