

Lesson-01: Protection from the worst enemy

Lesson Outcomes

- Who is our worst enemy?
- Who is our greatest protector?
- How to guard ourselves from the nonstop attacks of Shaitan?

Recitation and Explanation

Recite with Tajweed and feelings, the way the Prophet ﷺ used to recite:

الرَّجِيمِ	مِنَ الشَّيْطَانِ	بِاللَّهِ	أَعُوذُ
the outcast.	from Satan,	in Allah	I seek refuge
I seek refuge in Allah from Shaitan, the outcast.			

- **الرَّجِيمِ** is called **تَعَوُّذٌ** (Ta'aw-wuz means to ask for refuge). Allah ordered us to recite Ta'awwuz before reciting the Qur'an.
- **أَعُوذُ بِاللَّهِ**: Whenever we say **أَعُوذُ بِاللَّهِ** Shaitan becomes upset as he does not want us to take refuge in Allah. However, it makes Allah happy and He gives us safety against Shaitan.
- **الشَّيْطَانِ**: Shaitan is created from fire. We cannot see him, but he sees us. There is a Shaitan with each one of us, but don't worry or be afraid of him as there are angels with us too who protect us by Allah's command. And most important of all, Allah is with us who is Almighty, All powerful.
- **الرَّجِيمِ** means outcast, rejected, thrown away from the Mercy of Allah. He wants the same for us.

Story: When Allah created our father Adam A.S. (who was the first man), He ordered all the angels and Iblees that were present there to bow to Adam A.S. Angels obeyed but Shaitan refused. Therefore, Allah threw him away from His mercy forever. Shaitan was proud that he was made of fire and that Adam was made from clay. His pride stopped him from obeying Allah.

Hadith: Prophet Muhammad ﷺ said: Shaitan is perched on the heart of the son of Adam. When a man does zikr of Allah, Shaitan runs away from him, and when he misses zikr of Allah, Shaitan starts his evil whispers. [Mishkaat].

Tadabbur – Study, Imagine, and Feel

- What it means to be in protection?
- Examples of protection: We use helmet while riding a bicycle or a motorcycle, fasten seat belt while driving, wear jackets in winters and use umbrella in rain.
- When we take measures to protect ourselves from any possible harm. Similarly, we should protect ourselves from the attacks of Shaitan.

Understanding Shaitan's attacks

- When you feel like doing an action that displeases Allah. For example, miss or delay Salah, disrespect parent, not have interest in studies, lie, cheat, etc.
- When you keep on complaining, feeling sad, or unhappy.
- When you feel jealous if someone gets better marks than you.
- When you feel like not going to school, not working on homework or giving-up a challenge. Shaitan does not want you to seek knowledge.

Tadhakkur – Du'aa, Evaluate, and Plan

- Plan to always do good work to disappoint Shaitan.
- Plan: When you are attacked with bad thoughts, continually recite Ta'awwuz till these bad thoughts vanish.

Habits

- Make it a habit to say **أَعُوذُ بِاللَّهِ** repeatedly and be aware of Shaitan to remain safe. Remind this to others when they face Shaitan's attacks

Practice Questions

1. Why Shaitan is our worst enemy?
2. What happens when we say **أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ** and When to say it?
3. Identify when Shaitan is whispering evil temptations to you? How to save ourselves?
4. Why people do bad deeds and how can you help them?
5. In what ways Shaitan whispers evil temptations. Write any three.