

Lesson-23: Du'aa after Wudhu

Lesson Outcomes

- Describe the Importance of cleanliness in Islam.
- What we should ask Allah after Wudhu?
- What are the blessings and benefits of Wudhu?

Text and Explanation

Recite with feelings, the way the Prophet صلى الله عليه وسلم used to recite:

اللَّهُ	إِلَّا	إِلَهَ	لَا	أَنَّ	أَشْهَدُ
Allah	except	god	(there is) no	that	I bear witness
I bear witness that there is no god except Allah					
لَهُ	لَا شَرِيكَ	وَحْدَهُ			
to Him	(there is) no partner	He is alone			
He is alone and there is no partner to Him					
وَرَسُولُهُ	عَبْدُهُ	مُحَمَّدًا	أَنَّ	وَأَشْهَدُ	
and His Messenger.	(is) His slave	Muhammad <small>صلى الله عليه وسلم</small>	that	and I bear witness	
I bear witness that Muhammad <small>صلى الله عليه وسلم</small> is His slave and His Messenger.					

- Islam pays great attention to cleanliness. Islam has encouraged the believers to maintain cleanliness both physically and spiritually. The Messenger of Allah صلى الله عليه وسلم said: Cleanliness is half the faith (Imaan). [Muslim]
- Having Wudhu is one of the conditions for Salah. Without Wudhu the Salah is invalid. The Prophet صلى الله عليه وسلم, said; The key to Paradise is Salah, and the key to Salah is Wudhu. [Tirmidhi]
- When feeling angry or lazy, it was the practice of the pious people to do Wudhu. When you feel sleepy or inattentive, perform Wudhu.

Benefits of Wudhu

Spiritual benefits

1. It refreshes soul and brings you closer to Allah.
2. It enlightens the face and delights the heart.
3. It protects from bad feelings and thoughts.
4. It is the habit of pious people to be in the state of Wudhu all the time.
5. In Akhirah, the body parts of Wudhu will be bright.

Physical benefits

- Wudhu provides protection against skin diseases.
- Washing the nostrils prevents dust and germs trapped inside from entering the body.
- Washing the face freshens you, takes out the tiredness, and makes you attentive.
- Frequent and regular Wudhu will ensure beauty and freshness on your face.

Hadith: The Messenger of Allah ﷺ said, the one who makes Wudhu completely and correctly and says: *أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ*, the eight gates of Jannah (Paradise) are opened for him; he may enter through whichever of them he wishes. [Tirmidhi]

Story: At the time of a Fajr Salah the Prophet (ﷺ) asked Bilal (R), "What special deeds you have done that I heard sounds of your walking steps in front of me in Paradise." Bilal (R) replied, "I did not do anything worth mentioning except that whenever I performed ablution during the day or night, I prayed after that ablution as much as was written for me." [Bukhari]

Tadabbur – Study, Imagine, and Feel

- By making Wudhu we go under the protection of Allah from Shaitan and evils. Don't you think that we should always be in the protection of Allah? Then, try to be in the state of Wudhu all the time.
- If we are avoiding Wudhu and Salah by giving the excuse of extreme hot or cold weather, then imagine the punishment of hot and cold in the hereafter for sinful people.
- Imagine the face and parts of your body shining on the day of Judgement because of Wudhu. Feel the extreme happiness that you will get on that day.
- Imagine: If the preparations to Salah are so rewarding, how high the rewards of Salah would be?!!!

Tadhakkur – Du'aa, Evaluate, and Plan

- Ask Allah for guidance to make Wudhu, offer Salah and recite Du'aas.
- Do we consider Wudhu as an important part of worship and are we reciting Du'aa after it?
- Plan to make Wudhu properly and memorize the Du'aa after Wudhu.

Second part

<i>مِنَ الْمُتَطَهِّرِينَ</i>	<i>وَاجْعَلْنِي</i>	<i>مِنَ التَّوَابِينَ</i>	<i>اجْعَلْنِي</i>	<i>اللَّهُمَّ</i>
from among those who purify themselves	and make me	from among those who repent	Make me	O Allah!
O, Allah! Make me from among those who repent and make me from among those who purify themselves				

- We commit mistakes again and again. We don't do many things that we are supposed to do and if we do them, we don't do them properly. Therefore, we need to repent again and again.
- Conditions for Tawbah (repentance) are: Give up the sin, regret having done it, and resolve never to go back to it.
- Purity means purity in beliefs, thoughts, body, clothes, and places. O Allah! Make us pure in every aspect.
- Islam encourages purity of both internal (spiritual) and external (physical) aspects. Wudhu is an act of external purity and asking forgiveness of Allah after Wudhu is for internal purity.

Hadith: The Messenger of Allah ﷺ said, Allah Almighty, stretches out His Hand during the night so that the people may repent for the faults committed from dawn till dusk and He stretches out His Hand during the day so that the people may repent for the faults committed from dusk to dawn. (He would accept repentance) before the sun rises in the west (before the Day of Resurrection). [Muslim]

Tadabbur – Study, Imagine, and Feel

- How can we be protected from hardship of hereafter if we do not try to keep away from sins in this world?
- Feel the mercy of Allah, who showed us the ways to be pure; pure from bad thoughts, actions, beliefs and practices.
- Feel the peace and light heartedness when you have done sincere Tawbah. On the other hand, feel the burden of the sin on those who didn't do Tawbah.
- Imagine, on the day of Judgement, the regret of those who didn't do Tawbah! How sad they will be! At the same time, feel the excitement and happiness of those who did Tawbah and were purified, and are awaiting the rewards from their Lord.

Tadhakkur – Du'aa, Evaluate, and Plan

- O Allah! Purify me externally and internally.
- After Wudhu do we ask Allah to include us among those who sincerely repent? Are we trying to keep ourselves away from sins?

Habit: I will recite these Du'aas of Wudhu and I will do Tawbah for my sins.

Practice Questions

1. Describe the Importance of cleanliness in Islam.
2. What should we ask Allah after Wudhu?
3. What are the blessings and benefits of Wudhu?
4. Explain the terms التَّوَابِينَ and الْمُتَطَهِّرِينَ.