

Lesson-30: Ask for the best of this world and the Hereafter

Lesson Outcomes

- Learn the three things a wise person asks from Allah.
- What is the meaning of 'good' of this world and the hereafter.
- Du'aa for protection from punishment of fire.

Recitation and Explanation

Recite with Tajweed and feelings, the way the Prophet صلى الله عليه وسلم used to recite:

حَسَنَةً	فِي الدُّنْيَا	آتِنَا	رَبَّنَا
(that which is) good	in (this) world	Give us	Our Lord!
Our Lord! Give us good in this world			

حَسَنَةً	الْآخِرَةِ	وَفِي
(that which is) good	the hereafter	and in
and good in the hereafter.		

- The Qur'an has mentioned two types of people. Those who desire for good of this world and do not care about the hereafter. The others are those who ask Allah for both, that is, the good of this world and Hereafter. This Du'aa is from the second type of people.
- This Du'aa begins with رَبَّنَا (O our Lord!).
 - "حَسَنَةً" in this world includes necessities of this life such as good health, family, friends, school, home, good job, beneficial knowledge, correct faith, etc.
 - "حَسَنَةً" in the Hereafter includes entry into Jannah, protection from sorrow, meeting of parent and relatives in Jannah, etc. The best would be to look at Allah and to be in the company of Prophet Muhammad صلى الله عليه وسلم.

النَّارِ	عَذَابِ	وَقِنَا
(of) the Fire.	the punishment	and protect us from
and protect us from the punishment of the fire.		

- Protection from the Hell-fire means forgiveness of sins. Otherwise some Muslims may have to enter hellfire because of their bad sins before they can enter Jannah.
- Asking Allah to save us from the sinful deeds that lead to Hell-fire, this would be great success.

Hadith: Anas (R.A.) reported: The Du'aa most often recited by the Prophet صلى الله عليه وسلم was:

[Bukhari] اللَّهُمَّ رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً، وَفِي الآخِرَةِ حَسَنَةً، وَقِنَا عَذَابَ النَّارِ.

Tadabbur – Study, Imagine, and Feel

- We see people around who are satisfied by good things in world, but are they concerned about what they earned in hereafter?
- To get good things in this world, don't spoil the good in the hereafter. Cheating in exams might get you good grades here but it will lead to bad marks in the hereafter.

Tadhakkur – Du'aa, Evaluate, and Plan

- Ask Allah to help us achieve those things that are good in this world and hereafter.
- Check: Before every decision or activity, pause for a moment and see if it benefits me in this world and the hereafter.
- Plan on how to convert the good things in this life become good in hereafter as well. For example, being clean, is good for health, but if you have the intention that Allah will be pleased with this, then you will also be rewarded in hereafter.

Habit: Inshallah before sleeping, I will check my deeds for the day.

Practice Questions

1. List three things that we should ask Allah in the light of this Du'aa.
2. Explain the meaning of 'good' of this world and the hereafter.
3. Which Du'aa was recited by Prophet Muhammad ﷺ frequently?