

Lesson-05: Worship Allah Alone

Lesson Outcomes

- What is meant by worship?
- Who is worthy of worship?
- From whom should we seek help and when?

Recitation and Explanation

Let us now learn the next verse of Surah Al-Fatihah Recite with Tajweed and feelings, the way the Prophet ﷺ used to recite:

نَسْتَعِينُ 5 ط

وَإِيَّاكَ

نَعْبُدُ

إِيَّاكَ

We ask for help.	and You alone	we worship	You alone
You alone we worship and You alone we ask for help.			

- **نعبد:** Worship means obedience and submission to Allah.
- Allah has created us to worship Him. All our actions will be worship if (1) we do them with the intention to please Allah, and (2) follow the way shown by the Prophet ﷺ.
- **نَسْتَعِينُ:** We should ask help from Allah only. If Allah does not help us, there is no one else who will.

Examples of worship: Offering Salah regularly on time, reciting the Qur'an, speaking the truth, behaving well with parents, helping others, speaking politely, and forgiving others, etc.

Examples of seeking help: Prophet Muhammad ﷺ has taught us a number of Du'aas to ask for the help of Allah for different things in our life. There are many Du'aas starting with Rabbana and Rabbi in the Qur'an. They also teach us how to ask Allah.

Hadith: The Prophet ﷺ said, "Du'aa is a believer's weapon". [Haakim]. It means we can solve our problems by asking Allah.

Tadabbur – Study, Imagine, and Feel

- How would you feel when you ask your teacher a question and instead of giving the answer, he/she ignores you?
- Feel the joy that Allah, The Mighty, hears your every Du'aa and responds to it.
- If more than two people speak to us, we cannot hear or understand them. Innumerable people seek help from Allah. Billions of Du'aas reach Allah every second. How great is the love and power of Allah that He listens to all the prayers and fulfills everyone's needs?

Tadhakkur – Du’aa, Evaluate, and Plan

- I shall pray to Allah to help me offer Salah regularly and on-time, reciting Quran, obeying parents, etc.
- I will also make my routine work an act of worship by keeping good intentions, i.e., by doing the work to seek the pleasure of Allah. For example, if our parent tell us to bring something from the market and we do it, we shall be rewarded for this work too, as obedience to parent is a righteous deed.

Habits

1. InshaAllah I shall give top priority to praying Salah, reciting Quran, obeying parents, etc. I will make it a habit to ask help from Allah frequently.
2. I shall keep the intention of pleasing Allah in all my tasks.
3. I shall memorize the Du’aas taught by the Qur’an and Prophet Muhammad صلى الله عليه وسلم.

PRACTICE QUESTIONS

1. What is meant by Worship?
2. Who is worthy of worship?
3. From whom should we seek help and when?
4. What is the best way to ask Allah for help?