

How Do people learn? VAK types

Department of Academic Research
Understand Al Quran Academy



Outline

1. Learning outcomes
2. Roadmap to Expertise
3. Learning Patterns & Theories
4. Visual, Auditory & Kinesthetic Learning Patterns
5. Learning Tasks
 1. Reading Assignment & references
 2. Portfolio Activity & Project

Learning outcomes

- To provide teachers with an understanding of the different learning styles and preferences,
- Identify different learning patterns
- Define strategies for accommodating them in instructional design.

Activity: memory lanes

Use crayons to draw your memories

Good Memories
Sad Memories



Roadmap to Expertise

1. Unconscious Incompetence
2. Conscious Incompetence
3. Conscious Competence
4. Unconscious Competence

Success should be a replicable process on demand.

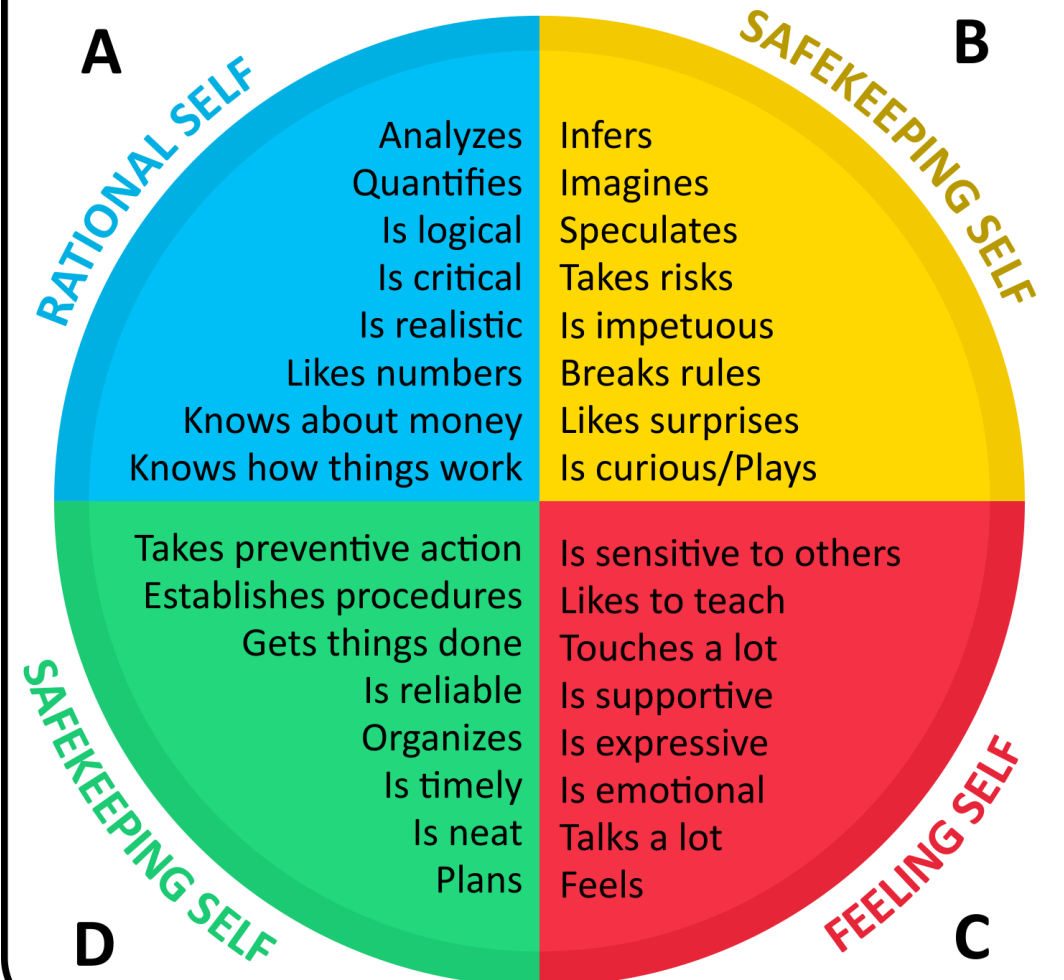
Learning is organic



Learning Patterns

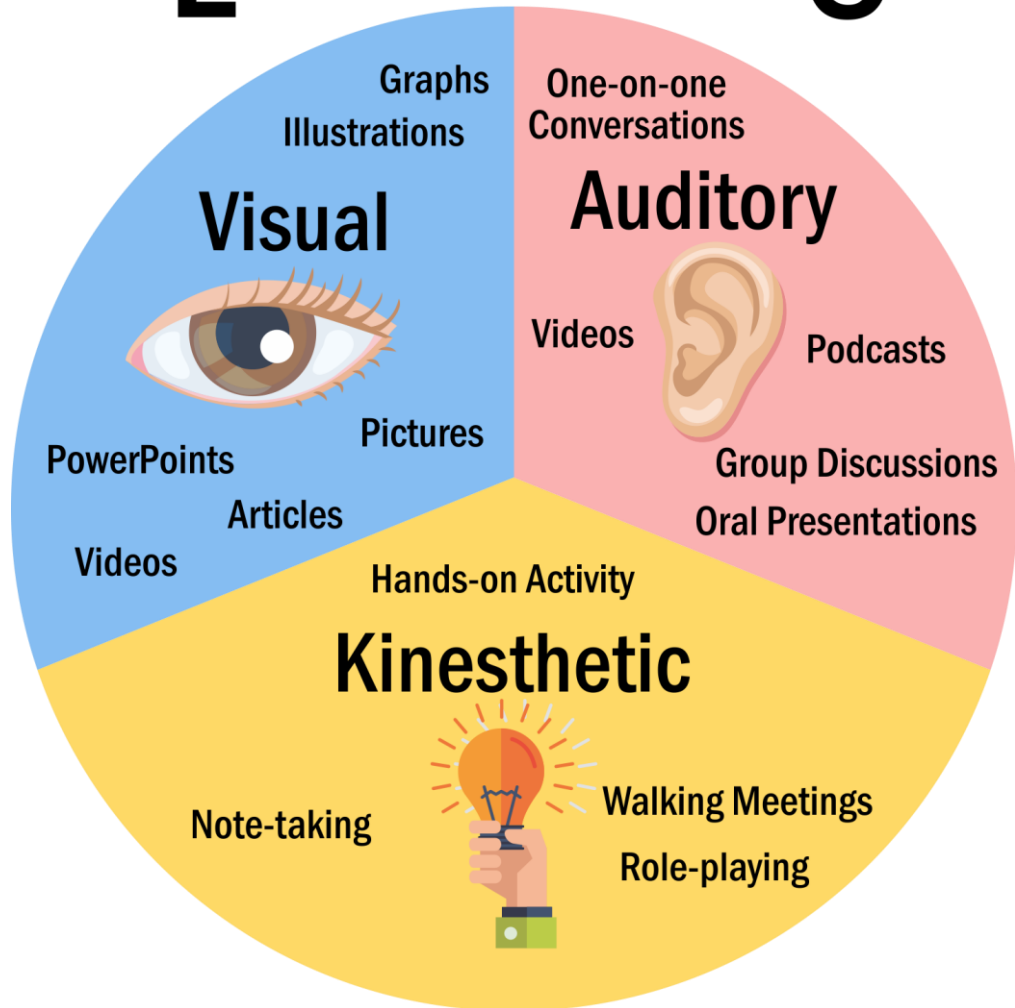


Our Four Different Selves



Learning Patterns

LEARNING STYLES



Learning theories

Ideas about the ways students learn and retain information.

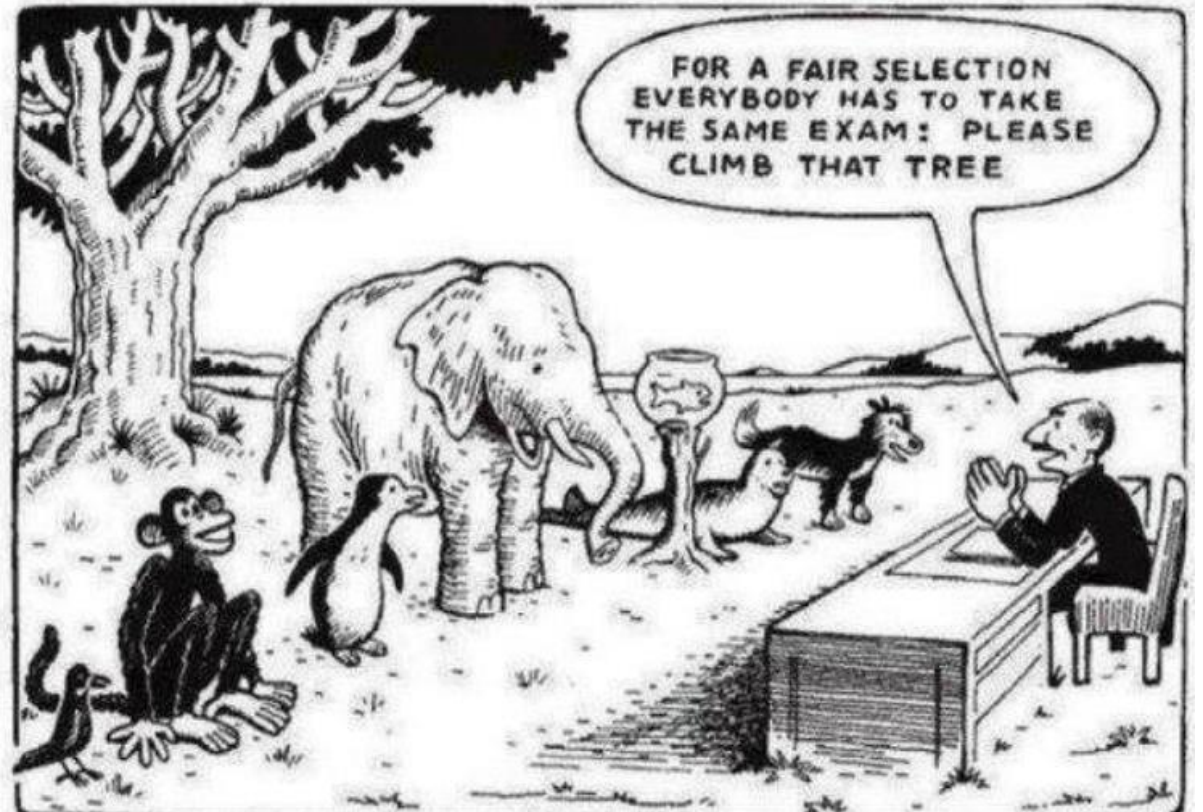
1. Behaviorism: stimuli
2. Cognitivism:
3. Constructivism:
4. Humanism:
5. Connectivism
6. Social Learning Theory
7. Experiential Learning
8. Multiple Intelligences

Why understand learning pattern of people

- To develop a **Modeling technique**
- If you do what you did, you will get what you got.
- If you do what others did, you will get what they got.
- If you want something you never had, then you must do something that you never did.

Different types of learners

- Each of us is gifted with a unique gift from Allah
- Identify the gift and use it
- Help others identify that gift
- One size doesn't fit all



ACTIVITY: WE ARE DIFFERENT?

Put your hands together

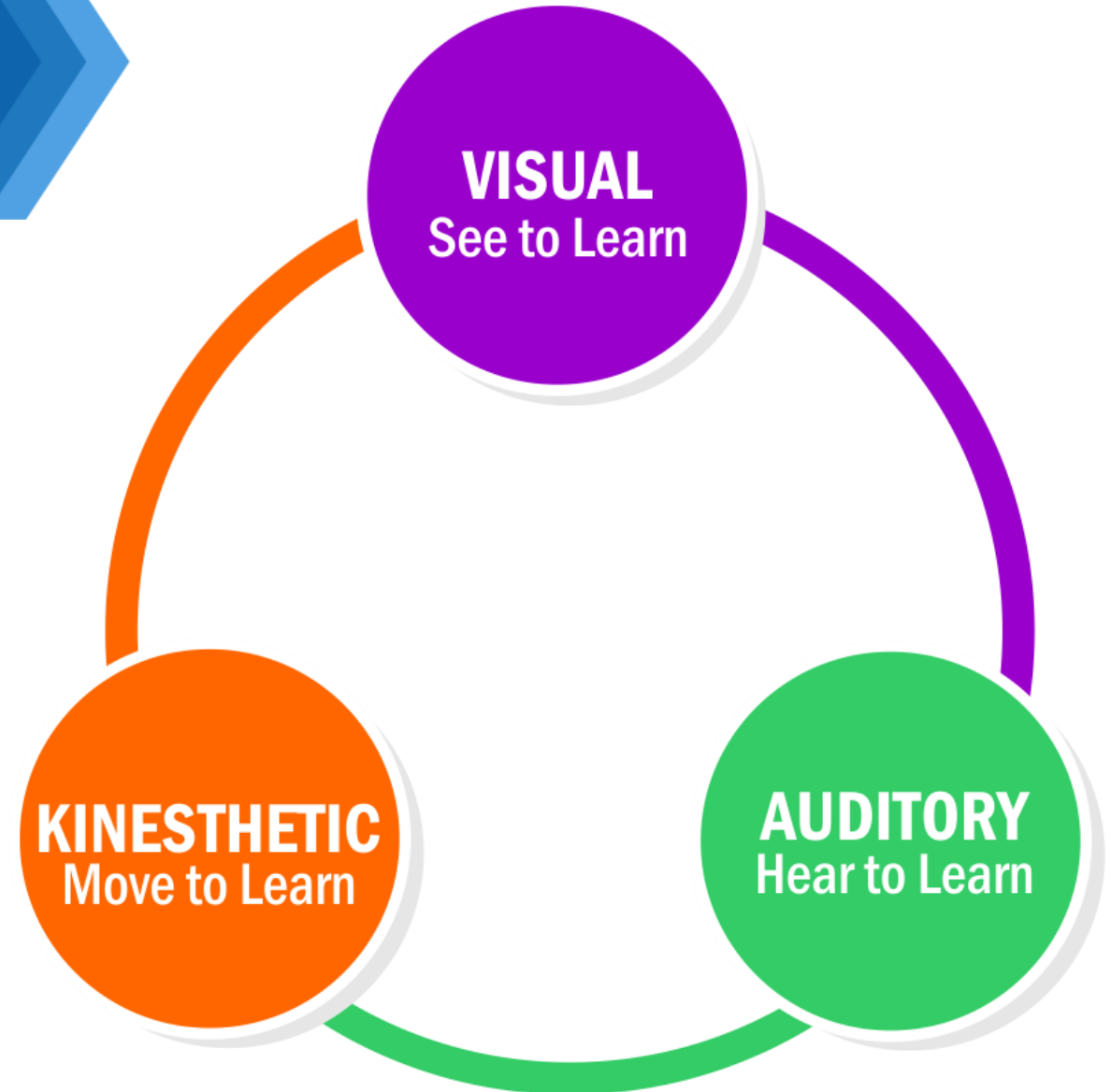


Activity: What color you see?



Visual, Auditory & Kinesthetic Learning Patterns

- **Visual** – what you see, pictures, use of color and decoration
- **Auditory** – what you hear, sounds, voices, music, being able to process information presented verbally
- **Kinesthetic** – what you feel, a preference for touch and to experience things personally, learn well by trying and doing



senses

Visual - seeing

- I see what you mean
- I get the picture
- That looks right
- I can imagine that
- In my minds eye
- Show me the evidence
- Let's take a long-term view
- Keep an eye on things for me

Auditory - Hearing

- I hear what you are saying
- That sounds right
- That rings a bell
- Listen in to ...
- That sounds familiar
- Tune in to new ideas
- I need to sound people out
- He was on a different wavelength

Kinesthetic – Feeling

- That feels right
- I found it easy to handle
- That touches a nerve
- I can empathize with ...
- I've got the hang of that now
- Hold on tight to reality
- Keep a balance in your life
- Get to grips with new trends

Visual Learner



- Visual learners are those who learn through seeing things.
- Good at receiving information through visual media (books, whiteboards, etc.)
- Likes colors & fashion.
- Dreams in color.
- Understands/likes charts.
- Is good with sign language.
- Is good at spelling but forgets names.
- Has to think awhile before understanding the lecture.

Visual learners - suggestions

-
- Draw a map of what is learnt
 - Take notes, make lists.
- Make outlines of everything!
- Copy what's on the board.
 - Watch videos.
 - Ask the teacher to diagram.
 - Color code words, research notes.
 - Diagram sentences!
 - Outline reading.
 - Use flashcards.
 - Use highlighters, circle words, underline.
-

Case studies

- **Best Test Type for Visual Learners:**
- Diagramming, reading maps, essays (if you've studied using an outline), showing a process
- **Worst test type:**
- Listen and respond tests

Activity

Write a part of a lesson plan to teach in visual pattern

Auditory Learner



- Auditory learners are those who learn best through hearing.
- Likes to read to self out loud.
- Is good at grammar and foreign languages.
- Is not afraid to speak in class.
- Reads slowly. Likes oral reports.
- Follows spoken directions well., Is good at explaining.
- Can't keep quiet for long periods. Remembers names.
- Enjoys acting and being on stage. Notices sound effects in movies.
- Is good in study groups. Enjoys recitation with Tarteel & Tajweed
- Is good at understanding series, sequences & steps

Auditory learners - suggestions

- Using word association to remember facts and lines.
- Recording lectures.
- Watching videos.
- Repeating facts with eyes closed.
- Participating in group discussions.
- Using audiotapes for language practice.
- Taping notes after writing them.

A blue arrow graphic pointing to the right, with a white outline and a slight shadow effect.

Activity

Kinesthetic Learner



- Kinesthetic learners are those who learn through experiencing/doing things.
- Is good at sports. Can't sit still for long.
- Is not great at spelling. Studies with loud music on.
- Does not have great handwriting. Likes science lab.
- Likes adventure books and movies. Likes role-playing.
- Takes breaks when studying. Builds models.
- Is involved in martial arts and dance. Is fidgety during lectures

Kinesthetic learners - suggestions

Kinesthetic Learners Can Benefit from:

- ❖ Studying in short blocks.
- ❖ Taking lab classes.
- ❖ Role playing.
- ❖ Taking field trips and visiting museums.
- ❖ Studying with others.
- ❖ Using memory games and flashcards to memorize

Activity



- Identify the type of personalities VAK?
- Ask participants to speak for 1 minutes.

Putting all together

FORM SENTENCES BASED ON THE NLP PARAMETERS

VISUAL	AUDIO	KINESTH.
v		
	v	
		v
v	v	
	v	v
v	v	v

Activity: Write first day speech to students...

- Using the VAK..., write an effective welcome speech to your students as the class teacher.

Next steps...

- Apply these concepts to developing Effective Lesson Plans

Learning Tasks

- **Reading Assignment:**

- How do people learn? [Click here to read.](#)

- **Explore the following links:**

1. Afzal Hussain “Funne taleem”
2. *How People Learn: An Evidence-Based Approach* <https://www.edutopia.org/blog/how-people-learn-evidence-based-paul-bruno>
3. *What is the Multiple Intelligences Theory?* <https://www.uopeople.edu/blog/what-is-the-multiple-intelligences-theory/>
4. *Four Developmental Needs of a Child | Salman Asif Siddiqui* <https://www.youtube.com/watch?v=PY7jqLovx4>
5. Learning Challenges of Students <https://www.youtube.com/watch?v=KcuXaZGHIDg>
6. Emotional & Behaviorally Disturbed Students (EBD) <https://www.youtube.com/watch?v=wKDjfPMek3k>

Learning Tasks

• **Portfolio Activity**

Write a few lines or one paragraph for each question given below.

- In your experience (or observation), who did you find teaching most challenging? Why?
- How does TPI (Total Physical Interaction) meet the needs of all types of learners?
- Based on the VAK model, how will you teach the rule of Ikhfa?
- Identify yourself & your friends and family members as Visual, Auditory, and Kinesthetic, and state reasons for the same. Are there some people whom you cannot identify? How will your knowledge of psychology improve your relationships?
- How will the knowledge of Psychology help repair the relationships between Teacher-Parent and Teacher-Student at the workplace?

Learning Tasks

- Project:
 - 1. Write a teacher's First Day Welcome speech to students.
 - 2. Write a speech/article to convince a teenager that the Quran is easy. Use the above concepts with references from the Quran & Sunnah.

Outcomes

- To provide teachers with an understanding of the different learning styles and preferences,
- Identify different learning patterns
- Define strategies for accommodating them in instructional design.



جزاكم الله خيرا

To benefit the most from the Teacher Training Course, follow the guidelines

1. Submit all the assignments on time.
2. Be regular and punctual in online classes.
3. Review the video lessons before the online session.
4. Take notes whenever and wherever necessary.
5. Ask the Instructor if any topic needs to be clarified.

