



بِسْمِ اللَّهِ، الْحَمْدُ لِلَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ،
رَبِّ اشْرَحْ لِي صَدْرِي وَيَسِّرْ لِي أَمْرِي واحْلُلْ عُقْدَةً مِّنْ لِّسَانِي يَفْقَهُوا قَوْلِي
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ



Seerat-un-Nabi ﷺ

on Fingertips

Remember important events – the easy way

Lesson – 4: First 3 Years (Makki life)



Prepared by: Research Team, Understand Al-Qur'an Academy



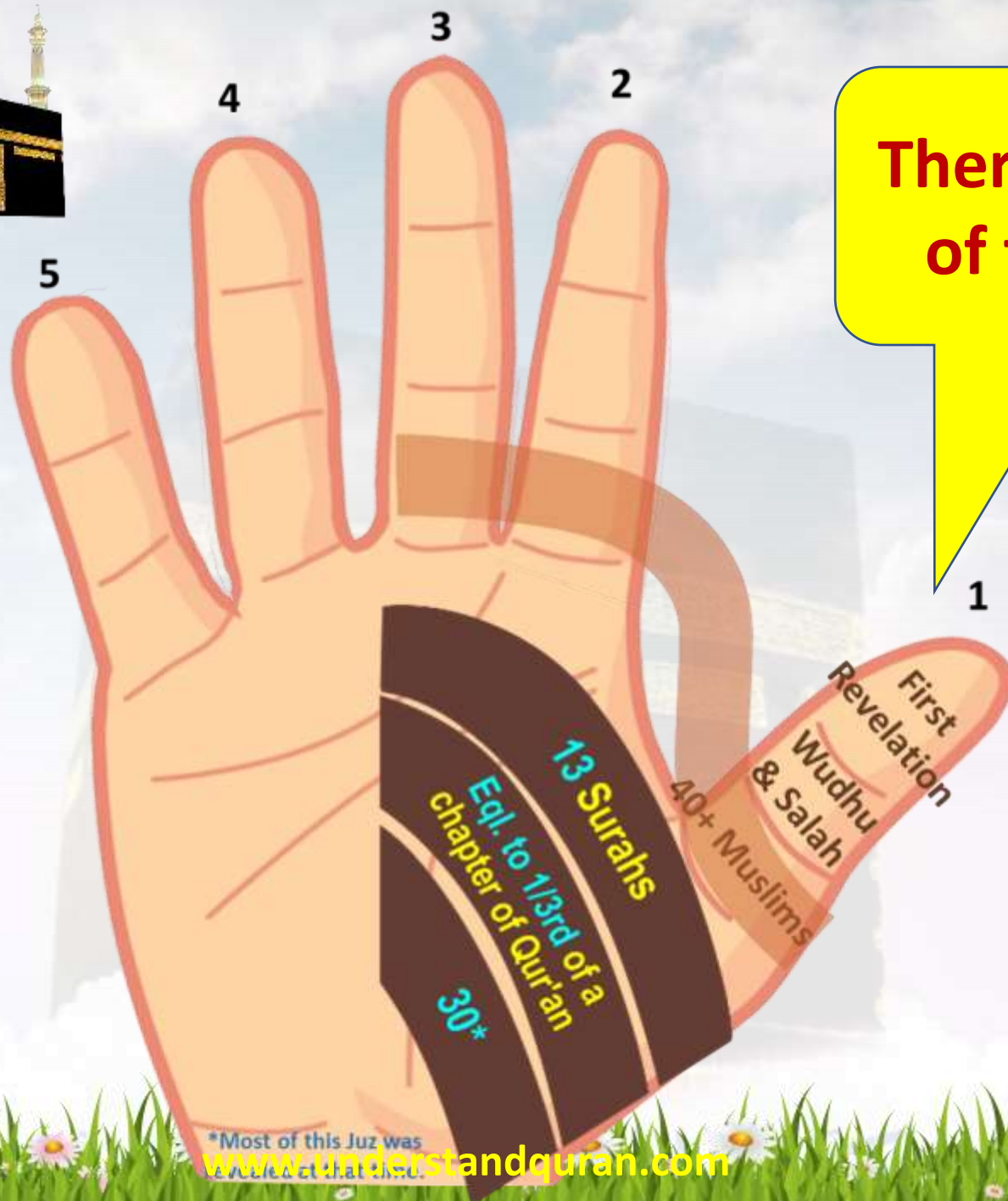
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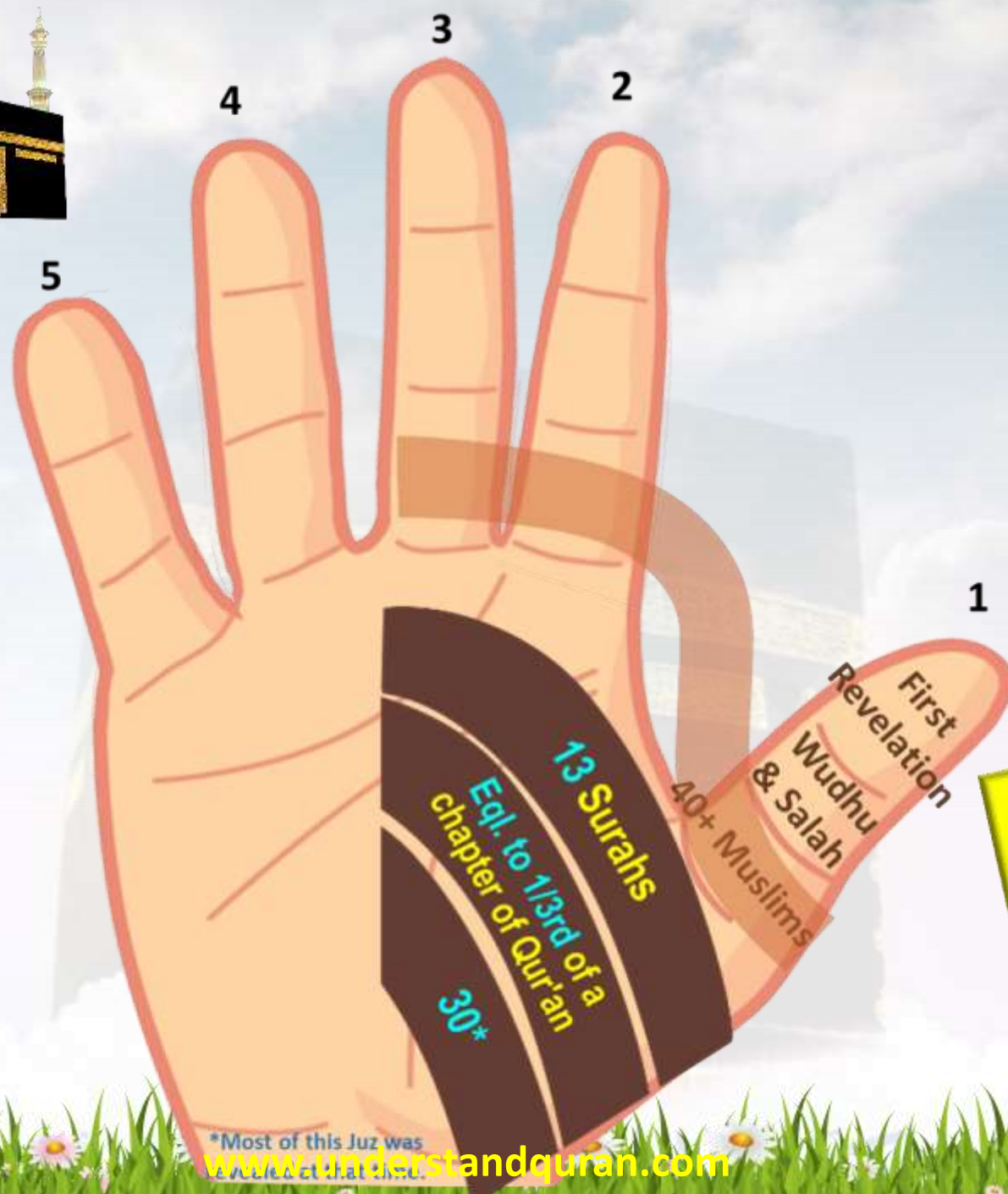
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There are 3 parts
of this lesson:



1

When did the 1st revelation come?



1

When did the 1st revelation come?

- At the age of 40
- The prophet ﷺ used to love loneliness and isolation
- He used to stay in the cave of Hira near Makkah for many days for constant contemplation while looking at the Ka'bah.

1

- Jibreel^A came in the month of Ramadan.
- Hugged Prophet tightly and said “Read!”.
- The prophet ﷺ replied that he can’t read. It happened 3 times.
- Then Jibreel^A recited first 5 verses of Surah Al-Alaq, which starts with **اقْرَأْ بِاسْمِ رَبِّكَ**

1

- The prophet ﷺ returned home frightened and informed Khadijah^R.
- Khadija consoled him saying: “Allah will never disgrace you, as you keep good relations with friends & relatives, help the poor, and serve the guests generously”.

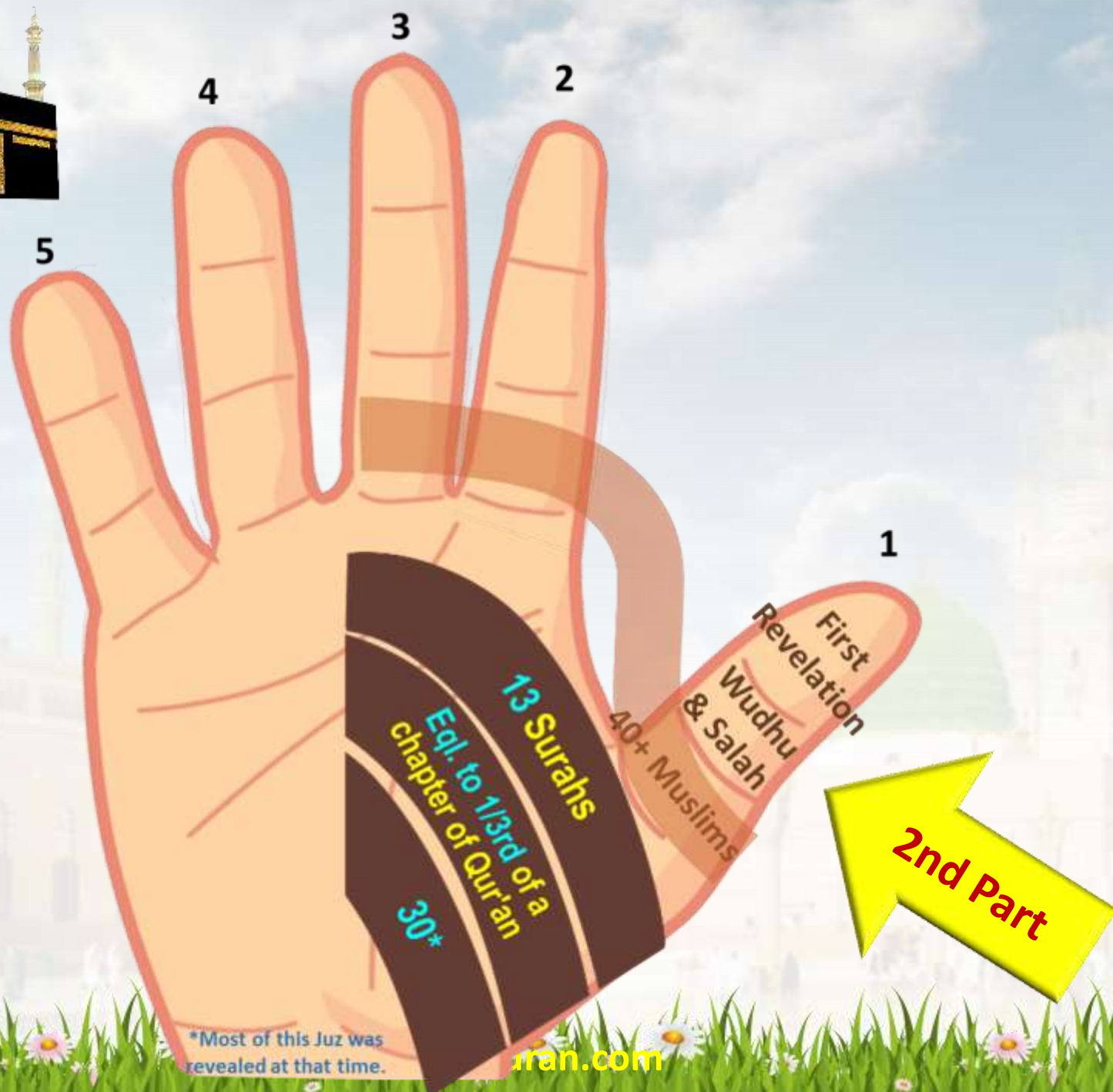
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Lessons

- Allah appointed Muhammad ﷺ as a prophet & bestowed him with knowledge, otherwise he did not know how to read.
- Who can be better than the one taught by Allah?
- Learn something daily. Knowledge is repeatedly mentioned in the first revelation.
- Husband & wife should support each other in the work of Da'wah.





*Most of this Juz was revealed at that time.

2

Which act was taught first?

Wudhu & Salah

- Wahi, i.e, Revelation was discontinued for a while After that, the Prophet ﷺ was commanded to resume the Da'wah.
- Jibreel^A taught him the method of making Wudhu & offering Salah (prayer). Jibreel^A led the prayer.
- In that period, Muslims used to pray secretly.

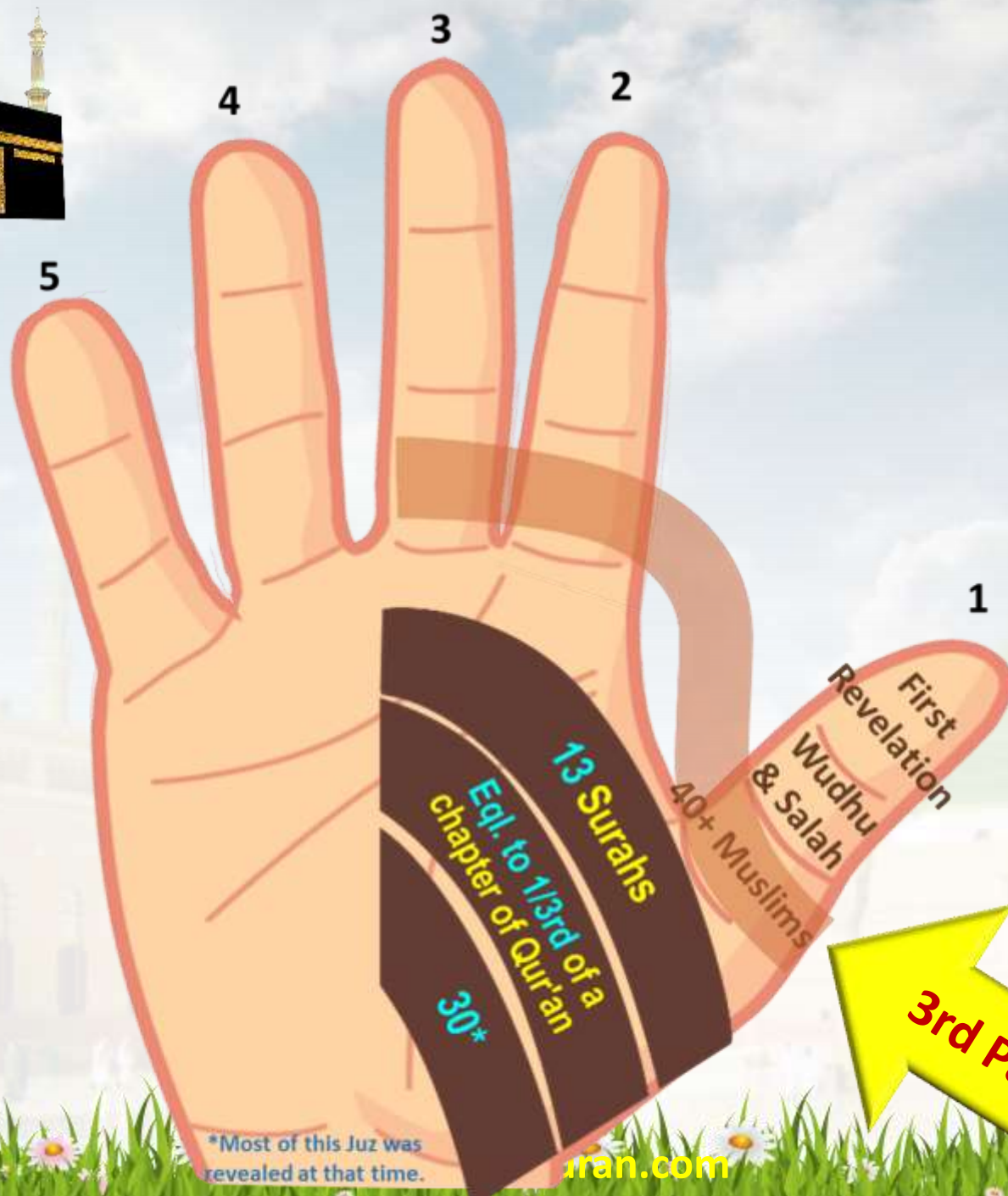
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Lessons

- Most important thing after accepting Islam is to establish Salah.
- Pay special attention to Salah.
- Make it a habit to do Wudhu and offer Salah according to the Sunnah.





*Most of this Juz was revealed at that time.

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3 How many people became Muslims
in 3 years?

Around 40+

3

- The prophet started his Da'wah by inviting his family members, friends, close relatives and other people.
- Among the first to accept Islam were: Khadijah^R among the women, AbuBakar^R among the men, Ali^{RA} among the children and Zaid^R among the slaves.
- More than 40 men & women accepted Islam.
- Quraish knew about the spread of Islam, but they did not attach much importance to it.



Lessons

- Learn Quran, Hadith and Seerah so that you can spread the message of Islam to others properly.
- Spend your time, wealth and skills to spread the message of Islam.






Qur'an



Quran & Hadith



Qur'an



How many chapters (Surah) of the Quran were revealed in these 3 years?

13 Small Surahs equal to 1/3rd of the Quranic Juz

Juz 1 الفاتحة

Juz 29 المزمّل، المدثر

Juz 30 التكوير، الإنفطار، الضحى،
الشرح، العلق، القدر، الزلزال،
العاديات، القارعة، العصر



Qur'an

Study these surahs to grasp what the Prophet ﷺ taught in that period. Understand how the Sahabah were influenced and how non-Muslims were affected by their message.

Hadith

- The Prophet's ﷺ words are the interpretation of Quran which we have in the form of Hadith
- Take out at least 2 minutes daily to read Ahadith

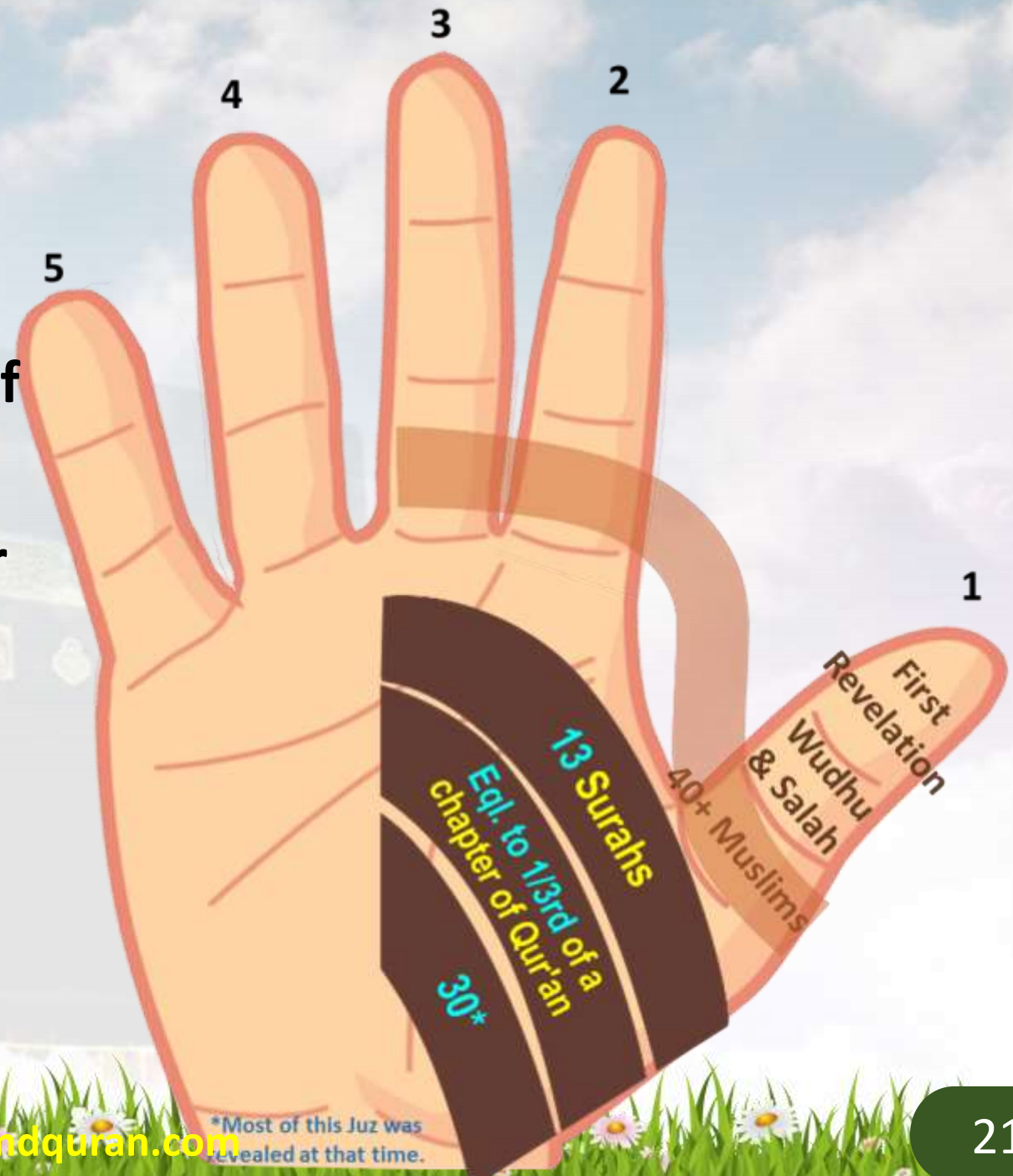


We have learnt 3 important topics of the first 3 years of Seerah.

Practice them on three parts of your thumb.

1. First revelation
2. Wudu & Salah
3. 40+ muslims

In short: revelation, Salah, 40+





Try to answer a **short quiz** of this lesson which is given in the **description**

Ep-01 | Seerah / Seerat un Nabi on Fingertips | Introduction | 5-minute Series | English

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O Allah!!! Help us

- **to study the Seerah of the Prophet,**
- **to teach it,**
- **act upon it,**
- **to spread it,**
- **and to preach his Deen.**

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ نَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ
نَسْتَغْفِرُكَ وَنَتُوبُ إِلَيْكَ.



Revision

Revision

Today we learnt 3 important topics of the first 3 years of Seerah

- 1. First revelation**
- 2. Wudu & Salah**
- 3. 40+ muslims**

In short: Revelation, Salah, 40+

Now practice this on three parts of your thumb

for 1-to-1 or Group Classes on

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