

## SESSION – 19 PARTS RELATED TO SALAH: Ruku and Sujood

**I. The Main Lesson:** Use the three-step-procedure (3SP). Learn the meanings of new words and remember the context for ease of memorization / recall.

***** 5. Things pronounced When bowing / raising up *****				
* Glory be to my Lord, the Magnificent.	سُبْحَانَ رَبِّيَ الْعَظِيمِ			
	rab-bi-yal 'aẓeem.		sub-ḥaa-na	
	the Magnificent.	my Lord,	Glory be to	
* Allah listens to the one who praised <b>Him</b> .	سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ			
	ḥa-mi-dah.		li-man sa-mi-'al-laa-hu	
	praised <b>Him</b> .	to the one who	Allah has listened	
* Our Lord, all the praise be to <b>You</b> .	رَبَّنَا وَالْحَمْدُ			
	wa la-kal-ḥamd.		Rab-ba-naa	
	(be) all the praise.	[and] to <b>You</b>	Our Lord	
***** 6. The Adhkaar of Sujood (Prostration) *****				
* Glory be to my Lord, the Exalted.	سُبْحَانَ رَبِّيَ الْأَعْلَى			
	Rab-bi-yal 'a'-laa		sub-ḥaa-na	
	the Exalted.	my Lord,	Glory be to	
* Glorified are <b>You</b> our Lord, and with <b>Your</b> praise; O Allah! Forgive me.	سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ اللَّهُمَّ اغْفِرْ لِي			
	'Al-laa-hum-mag-fir lee	wa bi-ḥam-di-ka	Rab-ba-naa	sub-ḥaa-na-kal-laa-hum-ma
	Forgive me	O Allah! and with <b>Your</b> praise;	Our Lord,	O Allah, Glorified are <b>You</b>

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### WORKBOOK

I. The Main Lesson: Translate the following:

***** 5. Things pronounced When bowing / raising up *****			
سُبْحَانَ رَبِّيَ الْعَظِيمِ			
rab-bi-yal 'a-zeem		sub-ḥaa-na	
سَمِعَ اللَّهُ لِمَنْ أَدَّاهُ	لِمَنْ		
ḥa-mi-dah.	Li-man	sa-mi-'al-laa-hu	
رَبَّنَا	وَلَكَ	الْحَمْدُ	
Rab-ba-naa	wa-la-kal ḥamd		
***** 6. The Adhkaar of Sujood (Prostration) *****			
سُبْحَانَ رَبِّيَ الْأَعْلَى			
Rab-bi-yal 'a'-laa		sub-ḥaa-na	
سُبْحَانَكَ اللَّهُمَّ رَبَّنَا	وَبِحَمْدِكَ	اللَّهُمَّ	اغْفِرْ لِي
sub-ḥaa-na-kal-laa-hum-ma	Rab-ba-naa	wa Bi-ḥam-di-ka	'Al-laa-hum-mag-fir-lee