

Lesson 10a

Prayers after Salah

After completing this lesson (a & b), you will learn **116 new** words, which occur **28,854** times in the Qur'an.



Introduction: Different prayers are recited after Salah. Two of them are given here.

³¹ حَسَنَةً
¹¹⁵ فِي الدُّنْيَا
⁹ اٰتِنَا
رَبَّنَا

(that which is) good	in (this) world	Give us		Our Lord!
حَسَن: good (masculine)		نَا	اِ	
حَسَنَة: good (feminine)		us	Give	

Many Du'aas (supplications) begin with word Rabbana (O our Rabb!).

Rabb is the one who takes care of us, fulfills all our needs every second, and helps us grow.

“Good” in this world includes the following:

- Necessities of life such as sound health, prosperous family, children, friends, respect, honor, wealth, job, business, etc.
- Peace, security, and tranquility in which we can follow the commandments of Allah.
- Things which will be of help to us in the Hereafter such as beneficial knowledge, correct faith (Aqeedah), good deeds, sincerity, good manners, good upbringing etc.
- Nothing is “good” from the first category (health, family, children, wealth, etc.) if it destroys our Hereafter.

Let us apply the formula to bring this Du'aa into our lives. We have already asked Allah for Hasanaat. Now let us do the next three steps.

- **Evaluate:** Are things that I am running after in this life be counted as حَسَنَة? If I ask for something of this life and I don't get it, am I satisfied with Allah's decision?
- **Plan:** Prepare a schedule of activities for everyday as a first thing in the morning so that we get the Hasanaat.
- **Propagate:** Convey the message of this verse to others.

¹¹⁵ حَسَنَةً
الْآخِرَةِ
وَفِي

(that which is) good	the Hereafter,	and in
	الْآخِرَة: last (feminine), الْآخِر: last (masculine)	و + فِي

“Good” in the Hereafter includes the following:

- Allah's pleasure;
- Paradise;
- Closeness to our beloved Prophet, Muhammad ﷺ
- Closeness to other prophets, truthful people, martyrs, and pious people; and
- Being able to see Allah is the biggest ‘Hasanah’ of the Hereafter.

النَّارِ

عَذَابِ

وَقِنَا

(of) the Fire.	the punishment	and protect us from		
نَار : Fire النَّار : the Fire (hellfire)		نَا	قِي	و
		us	protect	and

- Entry into Jannah does not always guarantee the freedom from hellfire. The scholars say that if a believer's sins outweigh his good deeds, he will be sent into the hellfire first so that he is cleansed of all his sins.
- The easiest way to erase the sins is to do Istighfaar (ask for His forgiveness) as much as possible. Pain, sufferings, and difficulties in a believer's life also remove his sins.
- May Allah forgive our sins and give us the ability and the passion to do good deeds and save us from the Fire.

A Very Important Du'aa (Prayer) After Salah

Mu'adh bin Jabal (May Allah be pleased with him) reported: Messenger of Allah ﷺ held my hand and said, "O Mu'adh, By Allah, I love you and advise you not to miss supplicating after every Salah (prayer) saying: اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ. [Abu Dawood and An-Nasa'i]

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وَحُسْنِ عِبَادَتِكَ.

وَشُكْرِكَ

عَلَى ذِكْرِكَ

أَعِنِّي

اللَّهُمَّ

and to worship You in the best possible way.	and to give thanks to You	to remember You	Help me	O Allah!
حُسْنِ عِبَادَتِكَ the best of your worship	وَشُكْرِكَ and your thanks	عَلَى + ذِكْرِكَ on your remembrance	أَعِنِّي + نِي	

Realize first the importance of the Du'aa. Look at the emphasis given by the Prophet ﷺ to this Du'aa. He first held the hand of Mua'dh (RA) and then said: I love you. Then he said: I advise you.

We can recite this Du'aa with different feelings. For example:

- O Allah! Although I just finished this Salah, I could not offer it in the very best way. Help me to perform it better next time.
- O Allah! Help me thank You for giving me the opportunity to worship You.
- O Allah! Help me remember You after the Salah, when I will be busy with worldly affairs outside the Masjid. Help me to thank You when I receive different benefits in my worldly affairs and dealings.
- Help me live my whole life in such a way that it becomes full of Your worship.
- حُسْنِ عِبَادَتِكَ: We offer Salah but very fast, without proper focus, and without feelings and sometimes with laziness. O Allah! Help us offer our worship in a way that pleases You.