بِسُمِ الله، اَلْحَمَٰدُ لِلهِ وَالصَّلُوةُ وَالسَّلَامُ عَلَىٰ رَسُولِ اللهِ، رَبِّ اشْرَحُ لِي صَدْرَى، وَيَسِّرُ لِيْ اَمْرِى، وَاحْلُلْ عُقْدَةً مِّنُ لِّسَانِي، يَفْقَهُوا قَوْلِي اَلسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللهِ وَبَرَكَاتُهُ

Lesson - 1a

Understand Al-Qur'an

the easy way...

Course-1: Salah

by: Dr. Abdulazeez Abdulraheem
Founder & Director, Understand Al-Qur'an Academy









### 78.000 70.000 60.000 50.000 40.000 30.000 20.000 10.000 5.000

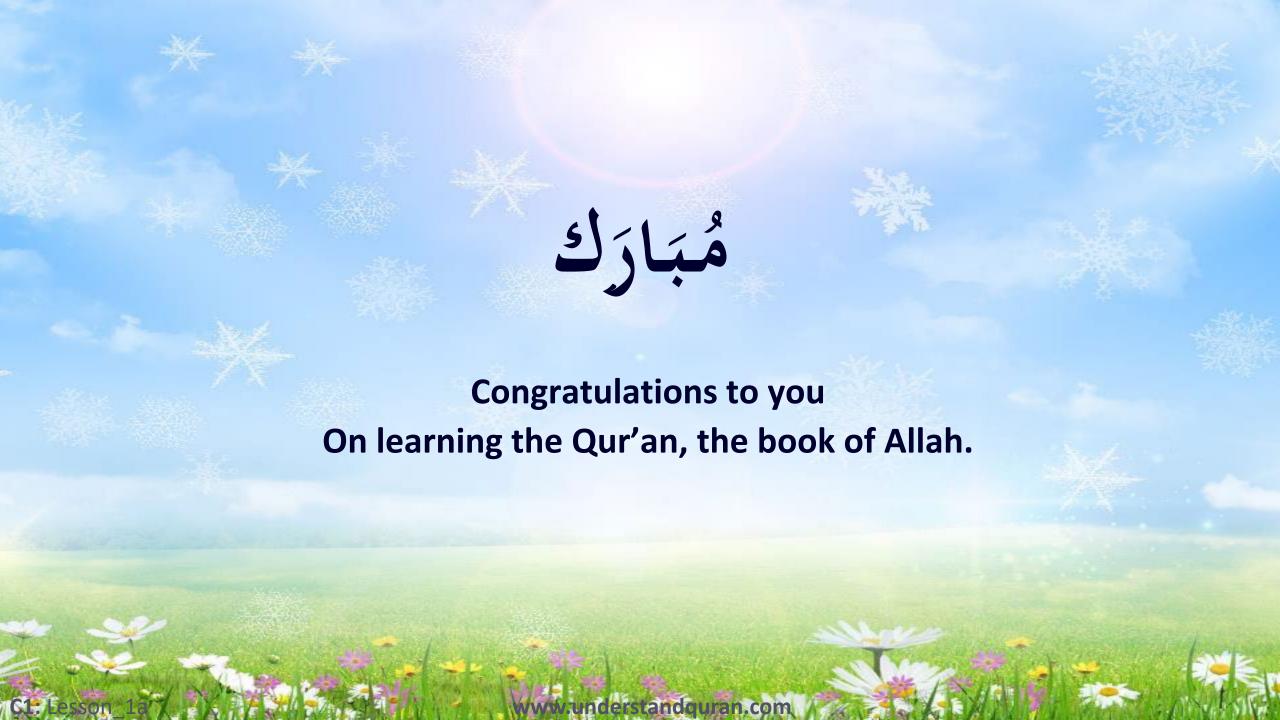
#### Alhamdulillah



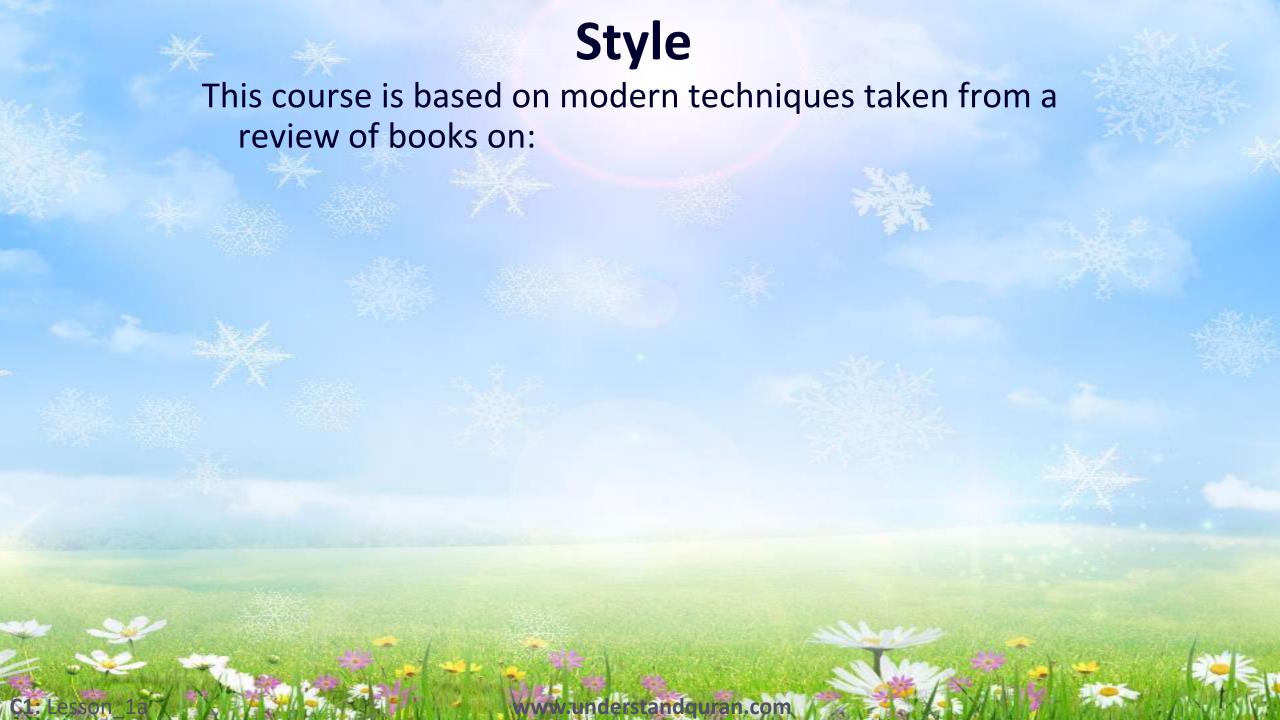
By the end of 1<sup>st</sup> lesson, we will learn 13 words which occur in Quran almost 7248 times

There are 4,500 words which occur almost 78,000 times in the Qur'an.











This course is based on modern techniques taken from a review of books on:

Arabic Grammar published in India, Pak, B'desh, Indonesia, UK, USA.

- ➤ Arabic Grammar published in India, Pak, B'desh, Indonesia, UK, USA.
- > Statistics of words in the Qur'an

- Arabic Grammar published in India, Pak, B'desh, Indonesia, UK, USA.
- > Statistics of words in the Qur'an
- > Teaching Models (interactive, lecturing, ...)

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- NLP (Neuro-Linguistic Programming)



- > The prophet said: The best of you are those who learn the Qur'an and teach it.
- Implement this Hadith right now! Teach these numbers to your friend sitting next to you. Once you finish let him teach you.
- ➤ When I say: Class, stop teaching, turn to me, and say: Yes.



#### **Easy to Learn!**

- ➤ Allah says, "Verily We have made Al-Qur'an EASY to understand and remember"
- So the suggestion that "Al-Qur'an is difficult" is from shaitan! Even in your thoughts, <u>NEVER agree</u> with it and <u>NEVER say</u> it.

#### Easy to Learn!

- ➤ Allah says, "Verily We have made Al-Qur'an EASY to understand and remember"
- So the suggestion that "Al-Qur'an is difficult" is from shaitan! Even in your thoughts, <u>NEVER agree</u> with it and <u>NEVER say</u> it.
- Do we want to contradict what Allah says in the Qur'an? (May Allah forgive us!)

#### If you learn...

#### The meaning of every word from a typical Salah!

And the parts of Salah such as:

1. الأذان

2. دُعَاء بَعْدَ الْوُضُوء

3. زُكُوع، شُجُود

4. اَلتَّحِيَّاتُ للهِ ---

5. اَللّٰهُمَّ صَلِّ عَلَى مُحَمَّد...

6. رَبَّنَا الْتِنَا فِي...

i.e., 7 commonly recited Surahs

1. الفاتِحة

2. الْعَصْر

3. اَلتَّصْر

4. الكَافِرُون

5. الإِخْلاص

6. الفلق

7. أَلنَّاس

### Along with extremely simple Grammar using TPI...

then you learn 232 words that occur

41,000 \* times or 50%! or half the words in every line!

i.e., every 2<sup>nd</sup> word of the Qur'an is from Salah!

\*39,000 times, to be more correct; still that makes 50% of the Qur'anic words.





#### **Objectives of the Course (20 hours)**

- 1. To convince you that the Qur'an is easy to understand
- 2. To teach you how to start understanding the Qur'an the easy way, using word-for-word study and TPI and teach 50% words of the Qur'an!

This will be shown after a while in this lesson itself.

#### **Objectives of the Course (20 hours)**

- 1. To convince you that the Qur'an is easy to understand
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- 3. To help you pray Salah effectively with Khusoo, i.e, humility (by teaching you 7 Surahs and Azkar of Salah)

#### One of the biggest challenge

For proper Salah is Waswasah! The whispering of Shaitan in Salah.

Let us check our brain first.

## We can work on 5 things at time: 5 channels of our brain

Example: when you drive, you:

- Control the steering
- Control the breaks
- > Talk to you friend
- Watch the road
- Look for your shop ...

# While praying, keep all the channels busy

- Recite
- with tajweed
- Understand what you recite
- Visualize what you recite
- Feel it & interact with it

#### If not...

Shaitan will attack you easily and destroy your Salah.

Humanly, it is almost impossible to keep focus in Salah, if you don't understand what you recite.

This course will focus on understanding Salah and interacting with each Dhikr.

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- 3. To help you pray Salah effectively with Khusoo, i.e, humility (by teaching you 7 Surahs and Azkar of Salah)
- 4. To teach you how to bring the Qur'an into our lives



We will show you how to do that later.

#### **Objectives of the Course (20 hours)**

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- 4. To teach you how to bring the Qur'an into our lives
- 5. To teach basic Arabic Grammar using a simple system called TPI

- Salah is the basic training rogram designed by Allah
- help us renew our faith 5 times a day. Faith in Allah, angles, the last day, the Book, the messengers and the Qadr.
- Salah helps us avoid bad deeds. Allah says: Indeed the Salah prohibits immorality & wrongdoing
   So, if we improve Salah, inshaAllah the rest of the life

will also improve.

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- 3. To help you pray Salah effectively with Khusoo, i.e, humility (by teaching you 7 Surahs and Azkar of Salah)
- 4. To teach you how to bring the Qur'an into our lives
- 5. To teach basic Arabic Grammar using a simple system called TPI
- 6. To teach 100 sentences of (Qur'an centric) Spoken Arabic (You will see this in grammar sessions)



#### This is a unique course! Alhamdulillah

لهُذَا بَيْتُ كَبِيْرٌ :We don't start with dry lessons

#### This is a unique course! Alhamdulillah

- لهٰذَا بَيْتُ كَبِيْرٌ :We don't start with dry lessons
- > When are you going to repeat إَهٰذَا بَيْتُ كَبِيْرٌ?

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- > When are you going to repeat إَهٰذَا بَيْتُ كَبِيْرٌ?
- Perhaps if you have an Arab neighbor and his toddler comes to you crying; you take him in your lap and to console him, you say: هٰذَا بَيْتُ كَبِيْرٌ

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- Perhaps if you have an Arab neighbor and his toddler comes to you crying; you take him in your lap and to console him, you say: هٰذَا بَيْتُ كَبِيْرٌ
- That may never happen!

#### The most optimum way!

Our lessons start with Al-Fatihah! Talk to Allah many times a day. Practice Arabic language with Allah! What an amazing start! And right on the target!

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#### The most optimum way!

- Our lessons start with Al-Fatihah! Talk to Allah many times a day. Practice Arabic language with Allah! What an amazing start! And right on the target!
- We spend almost an hour for 5 prayers talking to Allah in Arabic! Why not start from there! It is the most common sense approach
- It is valid for every Muslim man, woman, old, and young, and even for a child ...

## Q. There are \_\_\_\_ objectives of this course (Understand Al-Qur'an and Salah)

A. 2

B. 5

**D.** 6

## Q. There are \_\_\_\_ objectives of this course (Understand Al-Qur'an and Salah)

A. 2

B. 5

C. 3

D. 6

#### Q. We learn grammar in this course using:

- A. only TPI
- B. TPI and Spoken Arabic
- C. only spoken Arabic
- D. with pointers

#### Q. We learn grammar in this course using:

A. only TPI

B. TPI and Spoken Arabic

C. only spoken Arabic

D. with pointers

Q. One of the objectives of the course is to convince you that "understanding the Qur'an is...."

A. compulsory

B. easy

C. difficult

D. time consuming

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Q. This course on Salah will help you understand almost ...

- A. 10,000 words of the Qur'an
- B. 30,000 words of the Qur'an
- C. 20,000 words of the Qur'an
- D. 40,000 words of the Qur'an

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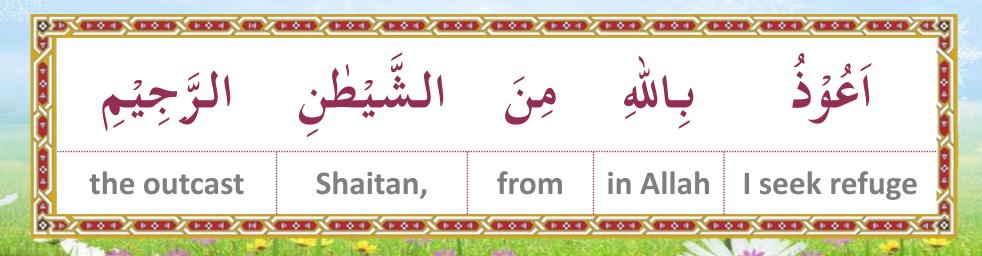
#### MashaAllah!!!





#### Let us start the course now

In the below, Arabic text is given in the first row. The second row contains a word-for-word translation. This is followed by the explanation of the words in the third row. Recite the complete Arabic text first, then read each word along with its translation and at the end read the translation of the complete text.

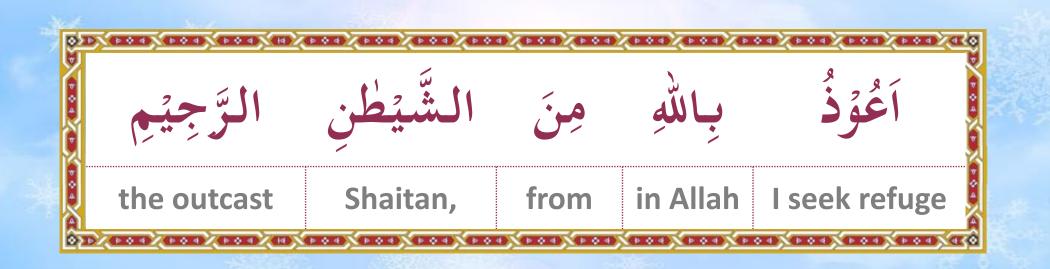


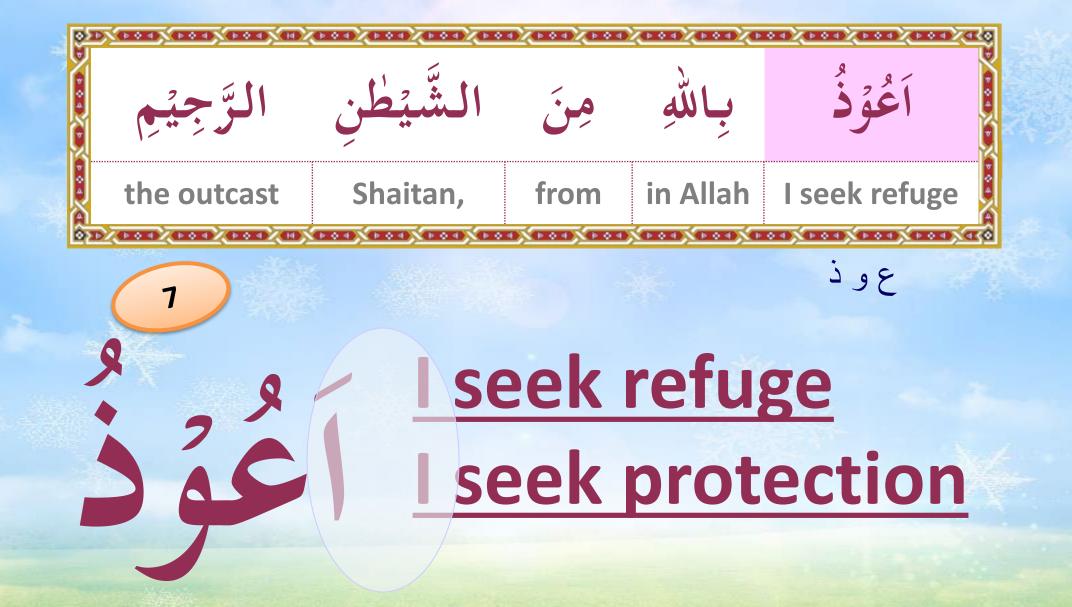
#### We should recite

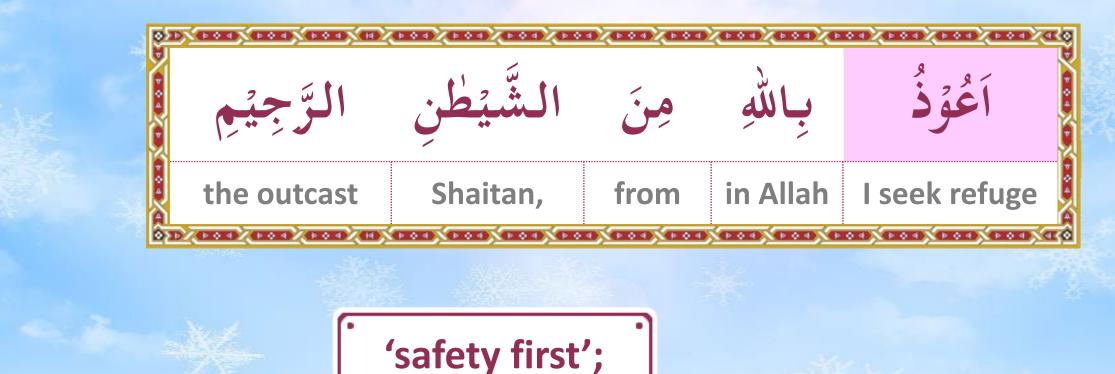
اَعُوذُ بِاللهِ مِنَ الشَّيْطِنِ الرَّجِيمِ

before reciting Surah Fatihah or Qur'an.

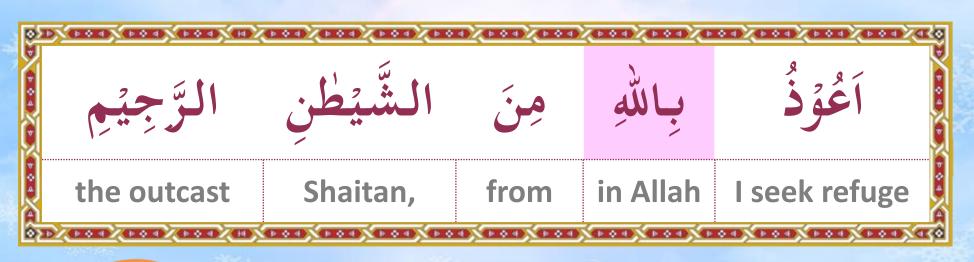
Let us study that first.







'safety first';
'buckle up';
Get protection



2,550

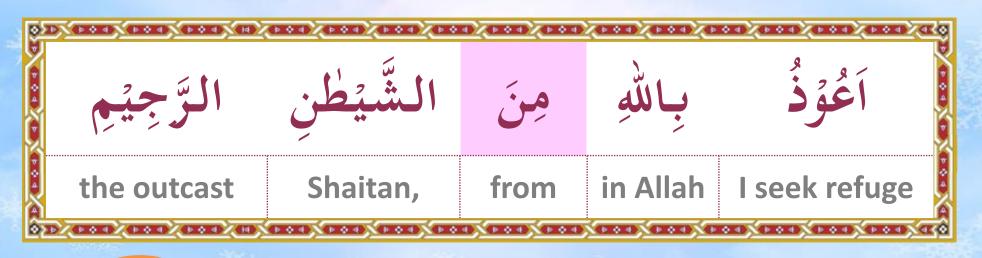






Allah





2471

# from



Other meanings are also there.

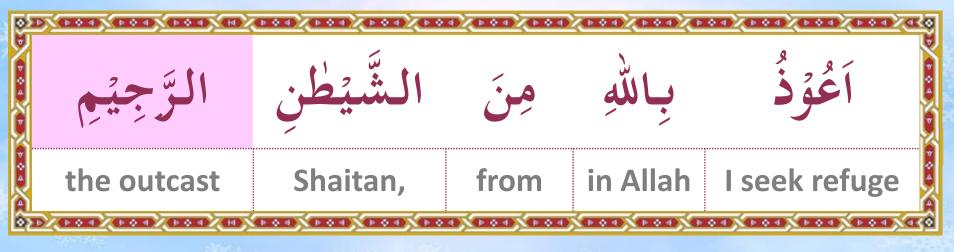


شطن





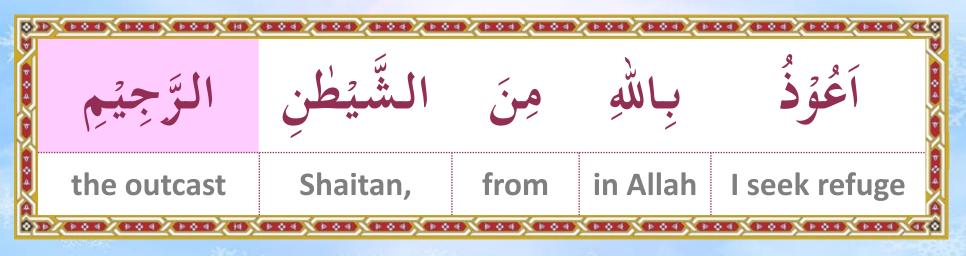




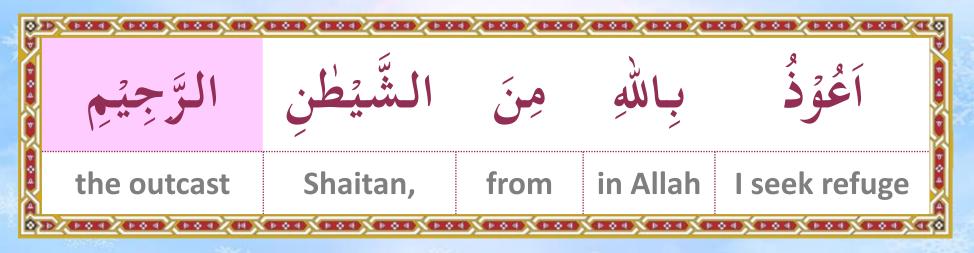
6 45 + 31

outcast

the



Do you think Shaitan is close to Allah? Never.



- Do you think Shaitan is close to Allah? Never.
- He is outcast; rejected; thrown away from Allah's mercy. Therefore the meaning is... outcast!

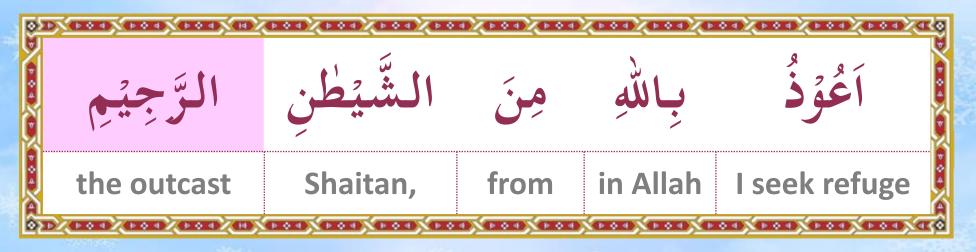
That is a very useful trick to remember the meanings; i.e., remember the context.

Remember the phrase!

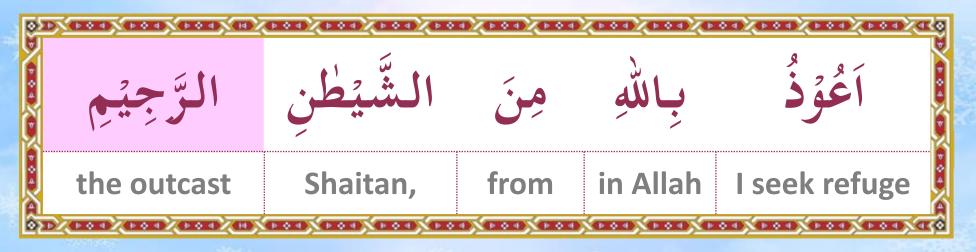
#### Whenever you recite, try to...



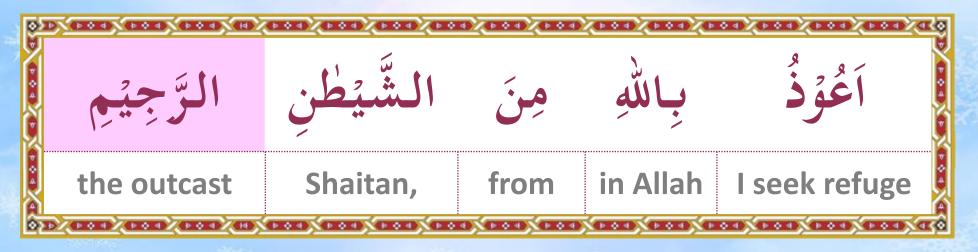
We will show you how to do that...



We know Allah is above the heavens but He is very close to us. He even knows what we think. Recite the above with firm belief that Allah is responding to our request.

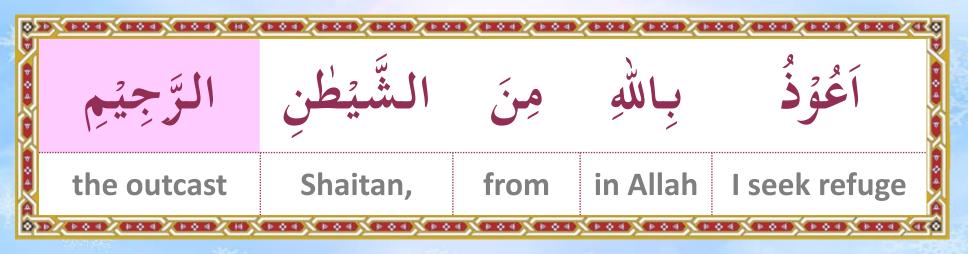


Who is Shaitan? Our biggest and most dangerous enemy. He has huge experience of making people slip from the time of Adam A. He made even Adam A slip in Jannah. None of us can be smarter than Adam A in resisting Shaitan. Shaitan has told Allah that he will attack us from the right, the left, the front, and the back.

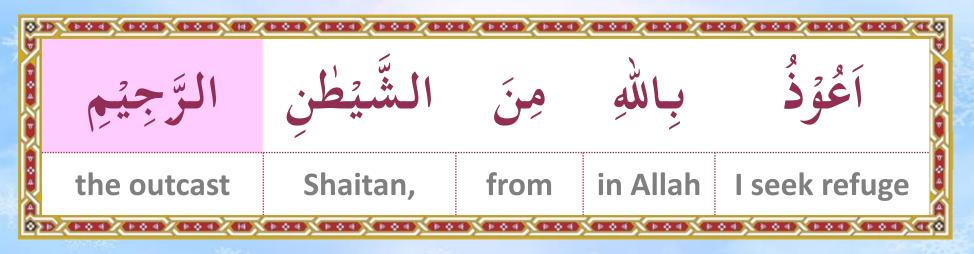


ر ج م

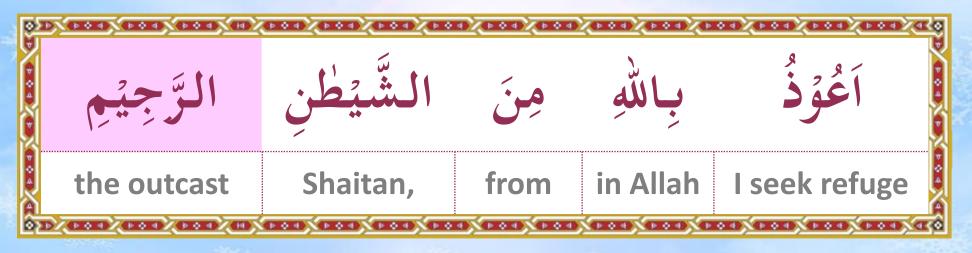
We cannot see Shaitan, nor hit him, nor kill him, nor convince him to become good. The only solution and the most powerful solution is to recite اَعُونُ بِاللهِ



Shaitan disobeyed Allah and was thrown away from Allah's mercy. This Rajeem wants us to follow him and become like him. He is there to take us to the hellfire. Therefore, feel the insecurity caused by the attacks of Shaitan and ask Allah like a desperate beggar asking for food.

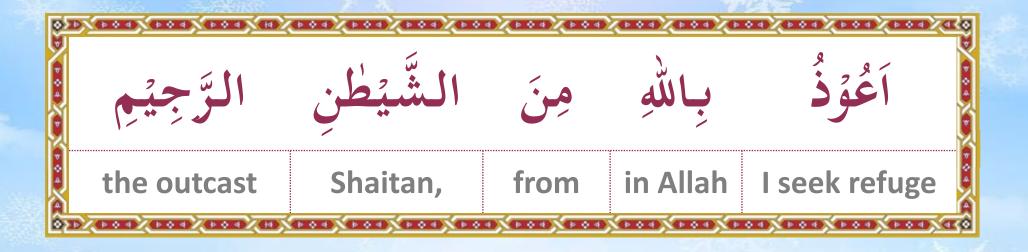


Each one of us has a Shaitan with him/her and he is continuously attacking us in our home, office, market, while we are alone or with mobile or with friends. We are in a state of continuous war with him.



"Safety First" is the habit of a successful person in this war against Shaitan. This is the First habit of the 12 habits that we will learn in Surah Al-Fatihah.

#### Translate!





#### What will you learn?

- 7 Surahs and Azkar of Salah
- Simplified Arabic Grammar
- Almost 100 Arabic dialogues.

#### In addition to that:

- How to recite effectively with imagination & feelings;
- How to bring these Surahs and Azkar into our lives; and

All of the above... in just 20 lessons!

### Q. Translate: اَعُوٰذُ

- A. We seek refuge
- B. I seek refuge
- C. He seeks refuge
- D. I seek

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A. We seek refuge

B. I seek refuge

C. He seeks refuge

D. I seek

# Q. Translate: ٱلرَّجِيْمِ

- A. I seek refuge
  - B. Shaitan
- C. The outcast
- D. Alone

# Q. Translate: اَلرَّجِيْم

A. I seek refuge

B. Shaitan

C. The outcast

D. Alone

## Q. The meaning of مِنْ is:

A. to

B. on

C. from

D. with

## Q. The meaning of مِنْ is:

A. to

B. on

C. from

D. with

# Q. To avoid whispering of Shaitan, we have to....

- A. Understand what you recite
- B. Feel what you recite
- C. Visualize what you recite
- D. Listen to what you recite without disturbing anyone.

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#### Q. A'oodhu billah teaches us this habit.

- A. Be grateful.
- B. Be kind and caring
- C. Safety first
- D. Remember Shaitan!

### Q. A'oodhu billah teaches us this habit.

A. Be grateful.

B. Be kind and caring

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D. Remember Shaitan!

## Q. Who is our worst enemy?

A. World

B. Shaitan

C. Nafs (Our self)

D. Kafirs

### Q. Who is our worst enemy?

A. World

B. Shaitan

C. Nafs (Our self)

D. Kafirs





#### 3 serious problems in our Salah

(may be you don't have them)

➤ We recite very fast! (If your secretary talks to you like that! Won't we say: Talk slowly! Don't you know how to talk?)

#### 3 serious problems in our Salah

(may be you don't have them)

- ➤ We recite very fast! (If your secretary talks to you like that! Won't we say: Talk slowly! Don't you know how to talk?)
- We have 'roaming service'! (If your secretary talks slowly; "Sir, you are great; thank you; I won't forget you..". But if you read his mind and you see that he is thinking about washing his clothes or buying shoes... Will you really like his thanking?

#### 3 serious problems in our Salah

(may be you don't have them)

- ➤ We recite very fast! (If your secretary talks to you like that! Won't we say: Talk slowly! Don't you know how to talk?)
- We have 'roaming service'! (If your secretary talks slowly; "Sir, you are great; thank you; I won't forget you..". But if you read his mind and you see that he is thinking about washing his clothes or buying shoes... Will you really like his thanking?
- ➤ We recite without feelings! (If your secretary talks slowly, with attention, but without feelings. Will you like that? And that's how we pray! A salah without any feelings or emotions!

#### Waswasah

One of the Sahabah complained to the Messenger of Allah (peace and blessings of Allah be upon him) about waswas during prayer, and he said: "The Shaytan comes between me and my prayers and my recitation, confusing me therein."

The Messenger of Allah (peace and blessings of Allah be upon him) said: "That is a devil called Khanzab. If he affects you, seek refuge in Allah from him and spit dryly to your left three times."

#### the solution to Waswasah

He (the Sahabi) said, I did that and Allah took him away from me. (Narrated by Muslim, 2203)

• We should apply this hadith but before reciting this practice, let us close the doors and windows of our house to block the thief entering the house. What are these doors and windows or the channels of the brain?