

## How to say it?

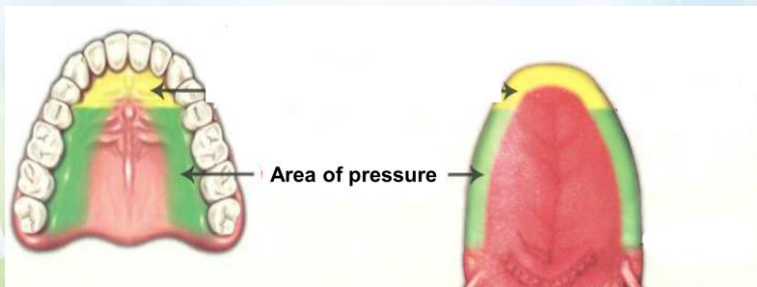
- Touch the right edge of the tongue shown in green to the right edge of the roof of the mouth shown in green.

or

- Touch the left edge of the tongue shown in green to the left edge of the roof of the mouth shown in green.

or

- Touch both edges of the tongue shown in green to both edges of the roof of the mouth shown in green.



## For ease

Let us take just one side.  
I am taking the right side.

## If you are finding it difficult

Do it in 2 steps.

1. Scratch the right edge of the tongue with your finger. You can feel the area of the tongue that has to be touched.
2. Scratch the right side of the roof of the mouth with your finger. You can feel the area that has to be pressed with the tongue. Now say ض.

