



UNDERSTAND
THE
QURAN
ACADEMY

الْأَكْبَارُ وَالْأَسْبَغِيَّةُ

Azkaar & Du'aas

Word-for-word book from Qur'an and Sunnah

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The morning and the evening azkar

← Reading Direction

﴿وَأَصِيلاً﴾

Wa-Asela

and Evening

بُكْرَةً

Bokratan

Morning

رَبِّكَ

Rabeka

your Lord in
prayer

اسْمَ

Esm

the name of

﴿وَأَذْكَرُ﴾

wa-ozkor

And mention

Al-Ikhlās (112, 1-4)

Reciting Time: **THREE** times in the morning and **THREE** times between Asr to Magrib

﴿١﴾	أَحَدٌ	اللَّهُ	هُوَ	قُلْ
	ahad	Allahu	huwa	Qul
	[who is] One	Allah	He is	Say,

﴿٢﴾	الصَّمَدُ	اللَّهُ
	assamad	Allahu
	the Eternal Refuge	Allah

﴿٣﴾	يُولَدُ	وَلَمْ	يَلِدْ	لَمْ
	yoolad	walam	yalid	Lam
	nor is born		He neither begets	

﴿٤﴾	أَحَدٌ	كُفُوًا	لَّهُ	يَكُنْ	وَلَمْ
	ahad	kufuwan	lahu	yakun	Walam
	any equivalent	to Him		is there	Nor

The benefits

Whoever recites (Three Qul) three times in the evening and in the morning will protect you against everything. [Narrated by al-Tirmidhi, al-Da'waat, 3499, Sunan al-Tirmidhi, no. 2829]

Al-Falaq (113, 1-5)

Reciting Time: **THREE** times in the morning and **THREE** times between Asr to Magrib

﴿ ١ ﴾ **الْفَلَقِ**
alfalaq
daybreak

بِرَبِّ
birabbi
in the Lord of

أَعُوذُ
aAAoothu
I seek refuge

قُلْ
Qul
Say,

﴿ ٢ ﴾ **خَلَقَ**
khalaq
He created

مَا
ma
that which

شَرِّ
sharri
the evil of

مِنْ
Min
From

﴿ ٣ ﴾ **وَقَبَّ**
waqab
settles

إِذَا
itha
when it

غَاسِقِ
ghasiqin
The darkness

شَرِّ
sharri
the evil of

وَمِنْ
Wa-min
And from

﴿ ٤ ﴾ **الْعُقَدِ**
alAAuqad
the knots

فِي
fee
in

النَّفَّاثَاتِ
annaffathati
The blowers

شَرِّ
sharri
the evil of

وَمِنْ
Wa-min
And from

﴿ ٥ ﴾ **حَسَدِ**
hasad
envies

إِذَا
itha
when he

حَاسِدٍ
hasidin
an envier

شَرِّ
sharri
the evil of

وَمِنْ
Wa-min
And from

The benefits

Whoever recites (Three Qul) three times in the evening and in the morning will protect you against everything. [Narrated by al-Tirmidhi, al-Da'waat, 3499, Sunan al-Tirmidhi, no. 2829]

An-Nas (114, 1-6)

Reciting Time: **THREE** times in the morning and **THREE** times between Asr to Magrib

﴿ ١ ﴾ النَّاسِ annas of mankind	بِرَبِّ birabbi in the Lord	أَعُوذُ aAAoothu I seek refuge	قُلْ Qul Say,
﴿ ٣ ﴾ النَّاسِ annas of mankind	إِلَهٍ ilahi The God	﴿ ٢ ﴾ النَّاسِ annas of mankind	مَلِكٍ Maliki The Sovereign
﴿ ٤ ﴾ الْخَنَّاسِ alkhannas whisperer	الْوَسْوَاسِ alwaswasi the retreating	شَرِّ sharri the evil of	مِنْ Min From
﴿ ٥ ﴾ النَّاسِ annas of mankind	صُدُورِ sudoori the breasts	فِي fee into	يُوسُوسُ yuwaswisu whispers [evil]
﴿ ٦ ﴾ النَّاسِ wannas and mankind.	وَالْجِنَّةِ aljinnati the jinn	مِنْ Mina From among	الَّذِي Allathee Who

The benefits

Whoever recites (Three Qul) three times in the evening and in the morning will protect you against everything. [Narrated by al-Tirmidhi, al-Da'waat, 3499, Sunan al-Tirmidhi, no. 2829]

Al-Baqara (2, 255) Ayatul Kursi

Reciting Time: **ONCE** in the morning and **ONCE** between Asr to Magrib

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ
 alqayyoomu alhayyu huwa illa ilaha la Allahu
 the Sustainer the Ever-Living, Him except there is no deity Allah
 of [all] existence.

لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ
 sinatun takhuthuhu la
 nawmun wala
 sleep nor
 Neither drowsiness overtakes Him

لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ
 al-ardi fee wama assamawati fee ma lahu
 and whatever is on the earth. whatever is in the heavens To Him belongs

مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ
 bi-ithnihi illa AAindahu yashfaAAu allathee tha mn
 except by His permission? with Him intercede Who is it that can

يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ
 khalfahum wama aydeehim mabayna yaAAalamu
 and what will be after them, what is [presently] before them He knows

بِشَيْءٍ مِّنْ عِلْمِهِ
bishay-in min AAilmih

a thing of His knowledge

وَلَا يُحِيطُونَ
yuheetoona wala

and they encompass not

إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ
illa bima shaa wasiAAa kursiyuhu assamawati wal-arda
except for what He wills His Kursi extends over the heavens and the earth

وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ
wala yaooduhu hifhuhuma wahuwa alAAaliyyu alAAatheem
and their preservation tires Him not And He is the Most High the Most Great

The benefits

Narrated Abu Huraira (r.a) Allah's Apostle ordered me to guard the Zakat revenue of Ramadan. Then somebody came to me and started stealing of the foodstuff. I caught him and said, «I will take you to Allah's Messenger (s.a.w)» Then Abu Huraira (r.a) described the whole narration and said: That person said (to me), «Please don't take me to Allah's Messenger (s.a.w) and I will tell you a few words by which Allah will benefit you. When you go to your bed, recite Ayat-al-Kursi, (2.255) for then there will be a guard from Allah who will protect you all night long, and Satan will not be able to come near you till dawn.» When the Prophet (s.a.w) heard the story he said to me, «He who came to you at night, told you the truth although he is a liar; and it was Satan.»

[Sahih al-Bukhari 5010 In-book reference: Book 66, Hadith 32]

Reciting Time: **ONCE** in the morning. for the evening, reads *amsayna* instead of *asbahna*.*

وَعَلَى ، الإِسْلَامِ ، فِطْرَةَ ، عَلَى ، أَصْبَحْنَا*
 Waala al-islam fitrati ala Asbahna
 and upon of Islam the fitrah upon We rise

مُحَمَّدٌ ، نَبِيِّنَا ، دِينِ ، وَعَلَى ، الإِخْلَاصِ ، كَلِمَةٍ
 Muhammad nabiyyina deeni Waala ikhlas kalimatil
 Muhamad of our Prophet the religion and upon of pure faith the word

حَنِيفًا ، إِبْرَاهِيمَ ، أَبِينَا ، مِلَّةَ ، وَعَلَى
 haneefan Ibraheema abeena millati Waala
 who was true faith Ibraheem of our forefather the religion and upon

الْمُشْرِكِينَ ، مَنِ ، كَانَ ، وَمَا ، مُسْلِمًا
 al-mushrikeen min kana Waama musliman
 who associate others with Allaah of those was and not a Muslim

likewise in the Evening: **ONE** recite, but start with *amsayna* instead of *asbahna*.*

.... ، الإِسْلَامِ ، فِطْرَةَ ، عَلَى ، أَمْسَيْنَا*
 al-islam fitrati ala amsayna
 of Islam the fitrah upon we have reached the evening

The benefits

This day, I have perfected your religion for you, completed My Favour upon you, and have chosen for you Islam as your religion" [Al-Maa'idah 5:3]

Reciting Time: **ONCE** in the morning. for the evening, reads *amsayna* before *asbahna*.*

أَصْبَحْنَا*

Asbahna

we have reached the morning

بِكَ

bika

by Your leave

اللَّهُمَّ

Allahumma

O Allah

، أَمْسَيْنَا

amsayna

we have reached the evening

وَبِكَ

wa-bika

by Your leave

نَمُوتُ

namootu

we die

وَبِكَ

wa-bika

by Your leave

نَحْيَا

nahya

we live

وَبِكَ

wa-bika

by Your leave

النِّشُورِ.

al-nushoor

is our return

وَإِلَيْكَ

wa-ilaykal

and unto You

likewise in the Evening: **ONE** recite, but with *amsayna* first before *asbahna*.*

... أَصْبَحْنَا

Asbahna ...

وَبِكَ

wa-bika

*أَمْسَيْنَا

amsayna

بِكَ

bika

اللَّهُمَّ

Allahumma

The benefits

The Messenger of Allah (S.A.W) taught his companions to say (this Duaa) in the evening/ morning. [Tirmidhi, al-Da'waat, 3391, classed as Sahih by al-Albani, no. 2700]

Reciting Time: **ONCE** in the morning. for the evening, reads *amsaa* instead of *asbaha*.*

نِعْمَةٌ	مِنْ	بِي	أَصْبَحَ*	مَا	اللَّهُمَّ
<i>niamatin</i>	<i>min</i>	<i>bee</i>	<i>aasbaha</i>	<i>ma</i>	<i>Allahumma</i>
	<i>blessing I have risen upon</i>			<i>what</i>	<i>O Allah,</i>

خَلْقِكَ	مِنْ	بِأَحَدٍ	أَوْ
<i>khalqik</i>	<i>min</i>	<i>bi-ahadin</i>	<i>aw</i>
<i>Your creation</i>	<i>of</i>	<i>any</i>	<i>or</i>
<i>I have risen upon</i>			

لَكَ	شَرِيكَ	لَا	وَحْدَكَ	، فَمِنْكَ
<i>lak</i>	<i>shareeka</i>	<i>la</i>	<i>wahdaka</i>	<i>Faminka</i>
<i>with You</i>	<i>partner,</i>	<i>without</i>	<i>alone</i>	<i>is from You</i>

الشُّكْرِ .	وَلَكَ	الْحَمْدُ	، فَلَكَ
<i>ash-shukr</i>	<i>walak</i>	<i>hamdu</i>	<i>Falakal</i>
<i>all thanks</i>	<i>and unto You</i>	<i>is all praise</i>	<i>unto You</i>

likewise in the Evening: **ONE** recite, but with *amsaa* instead of *asbaha*.*

نِعْمَةٌ ...	مِنْ	بِي	أَمْسِي*	مَا	اللَّهُمَّ
<i>niamatin</i>	<i>min</i>	<i>bee</i>	<i>amsaa</i>	<i>ma</i>	<i>Allahumma</i>

The benefits

The Prophet (S.A.W) said, "Whoever says this in the morning has indeed offered his day's thanks and whoever says this in the evening has indeed offered his night's thanks". Allah says in the Qur'an, "Indeed if you are grateful and give thanks, surely, definitely I will increase you; but if you are ungrateful, then know that my punishment is indeed most severe" [Sura Ibrahim verse.7]

Reciting Time: **ONCE** in the morning. for the evening, reads *amsayt* instead of *asbaht*.*

اللَّهُمَّ إِنِّي أَصْبَحْتُ مِنْكَ فِي نِعْمَةٍ
Allahumma inni aasbahtu minka fi nimatin
 O Allah, I rose up in the morning with blessings,

وَعَافِيَةٍ وَسِتْرٍ ، فَاتِمِّمْ نِعْمَتَكَ عَلَيَّ
waafiyatin wasitr fa atimma nimataka alayya
 and strength and concealment (of my shortcomings) So complete all the blessings upon me

وَعَافِيَتِكَ وَسِتْرِكَ فِي الدُّنْيَا وَالْآخِرَةِ.
Waafiyataka wasitraka fi al-dunya alakhira
 and strength and concealment (of my shortcomings) in the hereafter

likewise in the Evening: **ONE** recite, but with *amsayt* instead of *asbaht*.*

اللَّهُمَّ إِنِّي أَمْسَيْتُ مِنْكَ فِي نِعْمَةٍ ...
Allahumma inni amsayt minka fi nimatin ...
 O Allah, I rose up in the evening with blessings,...

Reciting Time: **ONCE** in the morning. for the evening, reads *amsayna* instead of *asbahna*.*

لِلّٰهِ

lillah

and at this very time unto Allah
belongs all sovereignty,

الْمَلِكِ

al-mulku

وَأَصْبَحَ

waasbahal

We have reached the morning

أَصْبَحْنَا

Asbahna

وَحْدَهُ

wahdahu
alone

اللّٰهُ

Allah

إِلَّا

illa

إِلَهَ

ilaha

، لَا

La

لِلّٰهِ

lillah

وَالْحَمْدُ

walhamdu

to be worshipped except Allah None is for Allah and all praise

، الْحَمْدُ ،

Al-hamd
praise

وَلَهُ

walahu

الْمَلِكِ

al-mulku

لَهُ

lahu

لَهُ ،

lah

شَرِيكَ

shareeka

لَا

la

and all sovereignty belongs to Him partner without

يُحْيِي و يُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ،

qadeer shayin kulli ala wahuwa yumeeto wa Yohee
is over all things omnipotent and He

رَبِّ

al-yawm
day

هَذَا

haza

فِي

fee

this

مَا

ma

of

خَيْرَ

khayra

for the good

أَسْأَلُكَ

as-aluka

I ask You

رَبِّ

Rabbi

My Lord

مِنْ

min
from

بِكَ

bika

in You

وَأَعُوذُ ،

wa-oozu

and I take refuge

بَعْدَهُ ،

Badaha

follows it

مَا

ma

of what

وَخَيْرَ

wa-khayra

and the good

شَرِّ هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ ،
sharri haza al-yawm washarri ma badaha
the evil of this day and the evil follows it

رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسَوْءِ الْكِبَرِ
rabbi aaozu bika min al-kasal wasoo al-kibar
My Lord, I take refuge in You from laziness and senility

، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابِ
rabbi aozu bika min aazaa-bin
My Lord, I take refuge in You from torment

فِي النَّارِ وَعَذَابِ الْقَبْرِ
fe anar wa-aazaa-bin alqabr
in the Fire and punishment in the grave

likewise in the Evening: **ONE** recite, but with *amsayna* instead of *asbahna*.*

أَمْسَيْنَا وَأَمْسَى الْمَلِكُ لِلَّهِ
amsayna waamsa al-mulku lillah
We have reached the evening and at this very time unto Allah belongs all sovereignty,

The benefits

The Prophet (S.A.W) used to say this Dua in the evening.
 [Tirmidhi 2699, al-Daw'aat, 3390; classed as Sahih by al-Albani]

Reciting Time: **THREE** times in the morning and **THREE** times in the evening.

عَدَدَ خَلْقِهِ ، وَبِحَمْدِهِ سُبْحَانَ اللَّهِ

Aa'dada khalqih

wabihamdih

Subhanal-lahi

by the number of His creation and I praise Him How perfect Allah is

وَمِدَادَ كَلِمَاتِهِ

wamidada kalimatih

، وَزِنَةَ عَرْشِهِ ،

wazinata aarshih

وَرِضَانُفْسِهِ

warida nafsih

and the ink of His words and by the weight of His throne and His pleasure

The benefits

The recitation of the words quoted in this Hadith is highly meritorious and rewarding because they are full of Praise and Glorification of Allah. [Riyad-us-Saliheen – Hadith No 1433]

Juairiyah bint al-Harith (RAA) narrated, 'The Messenger of Allah said to me, "Since leaving you have said four phrases which if weighed against all you have said today, would prove to be heavier: 'How perfect Allah is and I praise Him by the amount of His creation and His pleasure, and by the weight of His throne, and the ink of His words.'" Related by Muslim.

Abu Hurairah (May Allah be pleased with him) reported:

The Messenger of Allah said, «There are two statements that are light for the tongue to remember, heavy in the Scales and are dear to the Merciful: <Subhan-Allahi wa bihamdihi, Subhan-Allahil-Azim [Glory be to Allah and His is the praise, (and) Allah, the Greatest is free from imperfection]>». [Al-Bukhari and Muslim].

Jabir (May Allah be pleased with him) reported:

The Prophet said, «For him who says: <Subhan-Allahi wa bi hamdihi (Allah is free from imperfection, and I begin with praising Him, and to Him),> a palm-tree will be planted in Jannah.» [At- Tirmidhi].

Abu Hurairah (RAA) narrated that the Messenger of Allah said:

"Two phrases which are dear to the Compassionate One and are light on the tongue but heavy in the scale are: "How perfect Allah is and I praise Him; and How perfect Allah is the Most Great." Agreed upon.

Reciting Time: **THREE** times in the morning and **THREE** times in the evening.

دِينًا وَبِالْإِسْلَامِ رَبًّا بِاللَّهِ رَضِيْتُ
deenan wabil-islami rabban billahi Radeetu
as a religion and Islam as a Lord with Allah I am pleased

نَبِيًّا وَبِمُحَمَّدٍ
nabiyya wabiMuhammadin sal-lalla-hu alaihi wasallam
as a Prophet and Muhammad peace be upon to him

The benefits

Allah has promised that anyone recites (this Du'a) in the morning and evening will be pleased on the day of resurrection. [Ahmed 337/4, An-Nasa'i from Hisnul Muslim]

"The Messenger of Allah said: 'Whoever says when he reaches the evening: "I am pleased with Allah as (my) Lord, with Islam as (my) religion, and with Muhammad as (my) Prophet (Ra'itu billāhi rabban wabil-Islāmi dīnan wa bi-Muammadin nabiyyan) it is a duty upon Allah to please him.'" (Hasan Gharib)

Reciting Time: **THREE** times in the morning and **THREE** times in the evening.

مَعَ اسْمِهِ شَيْءٌ	الَّذِي لَا يَضُرُّ	بِسْمِ اللَّهِ
<i>shay-on ma-as-mihi</i>	<i>la-ydur-ru a-lazee</i>	<i>Bismil-lahi</i>
<i>with whose name</i>	<i>nothing is harmed</i>	<i>In the name of Allah</i>

الْعَلِيمِ	وَهُوَ السَّمِيعُ	وَلَا فِي السَّمَاءِ	وَلَا فِي	الْأَرْضِ	فِي
<i>aaleem</i>	<i>as-samee wahuwa</i>	<i>sama-i fe wala</i>	<i>ardi</i>	<i>fe</i>	<i>fe</i>
<i>The All-Knowing</i>	<i>The All-hearing</i>	<i>and He is the heavens in</i>	<i>nor</i>	<i>earth</i>	<i>on</i>

The benefits

The Messenger of Allah (S.A.W) said whoever recites this Dua three times, nothing will harm him. [At-Tirmidhi, al-Da'waat, 3388]

Uthman bin Affan (May Allah be pleased with him) reported:

The Messenger of Allah said, «He who recites three times every morning and evening:

«Bismillahil-ladhi la yadurru ma-as-mihi shai'un fil-ardi wa la fis-sama i, wa Huwas-Sami ul-» Alim (In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All- Knowing), nothing will harm him.» [Abu Dawud and At- Tirmidhi].

Reciting Time: **THREE** times in the morning and **THREE** times in the evening.

اللَّهُمَّ اِنِّي اَعُوذُ بِكَ اَنْ اُشْرِكَ بِكَ
Allah humma inni aa-uzubika in-oshu-riak bika

O Allah I take refuge in You lest I should commit shirk with You

وَاَنَا اَعْلَمُ ، وَاَسْتَغْفِرُكَ لِمَا لَا اَعْلَمُ
waana aalam wa aastagfiruka lema la aalaam

knowingly and I seek Your forgiveness for what I do unknowingly

The benefits

The Messenger (S.A.W) warned us against shirk, fearing that his Ummah might fall into it, and said "The thing I fear most for you is minor shirk."

[Narrated by Ahmad, 23119]

Also he said: "Shirk among you is more subtle than the sound of the footsteps of an ant on a rock. Shall I not tell you of something which, if you do it, it will take that away from you both minor and major forms of it" (Saying this Du'a).

[Sahih al-Jaami 2876]

Reciting Time: **ONCE** in the morning and **ONCE** in the evening.

وَالْعَافِيَةَ	الْعَفْوَ	أَسْأَلُكَ	إِنِّي	اللَّهُمَّ
walAAafiyah	al-AAafwa	as-aluk	innee	Allahumma
and well-being	for pardon	ask you	I	O Allah,

أَسْأَلُكَ	اللَّهُمَّ ،	وَالْآخِرَةَ	الدُّنْيَا	فِي
as-aluka	innee allahumma	wal-akhirah	dunya	fi
ask you	I O Allah,	and the hereafter	this life	in

وَدُنْيَايَ	دِينِي	فِي	وَالْعَافِيَةَ	الْعَفْوَ
wadunyaya	deenee	fee	walAAafiyah	Al-Aafwa
and worldly affairs,	my religious	in	and well-being	for pardon

عُورَاتِي	اسْتُرُّ	اللَّهُمَّ ،	وَمَالِي	وَأَهْلِي
AAawratee	as-tur	allahummas	wamalee	wa-ahlee
my weaknesses	veil	O Allah,	and my wealth	and my family

احْفَظْنِي	اللَّهُمَّ ،	رَوْعَاتِي	وَأَمِنْ
ah-faaz'nee	Allahumma	rawAAatee,	wa-amin
and preserve me	O Allah,	my dismay	and set at ease

خَلْفِي
'khalfee
behind

وَمِنْ
wamin
and from

يَدَيَّ
yaday
the front

بَيْنَ
bayni
between

مِنْ
min
from

فَوْقِي
fawqee
above

، وَمِنْ
wamin
and from

شِمَالِي
shimalee
my left

وَعَنْ
waAAan
and on

يَمِينِي
yameenee
my right

وَعَنْ
waAAan
and on

تَحْتِي
tahtee
by the earth

مِنْ
min

أُغْتَالُ
oghtala
I be swallowed up

أَنْ
an

بِعِظْمَتِكَ
biAAathamatika
and I take refuge with You lest

، وَأَعُوذُ
wa-aAAoothu

The benefits

The Messenger of Allah (S.A.W) never missed to reciting this Du'a in the evening and in the morning. [Abu Dawood, al-Adab, 5074]

Reciting Time: **ONCE** in the morning and **ONCE** in the evening.

وَالشَّهَادَةَ

washshahadah,

الغَيْبِ

al-ghaybi
the unseen

عَالِمَ

AAalim
Knower of

اللَّهُمَّ

Allahumma
O Allah,

وَالْأَرْضِ

wal-ard
and the Earth

السَّمَاوَاتِ

al-samawati
of the heavens

فَاطِرَ

Fatira
Creator

وَمَلِيكَهٗ

,wa-ma-leekah
and Sovereign

كُلِّ شَيْءٍ

kulli shayin
of all things

رَبِّ

Rabba
Lord

أَنْتَ ،

anta
you

إِلَّا

illa
except

إِلَهِ

illaha
has the
right to be
worshipped

لَا

laa
none

أَنْ

ana
that

أَشْهَدُ ،

Ashhadu
I bear witness

نَفْسِي

nafsee
of my soul

شَرِّ

sharri
the evil

مِنْ

min
from

بِكَ

bika
in You

أَعُوذُ

Aaoozu
I take refuge

وَشِرْكَهٖ ،

wa-shirkeh
and his shirk

الشَّيْطَانِ

ish-shaytani
the devil

شَرِّ

shar
the evil

وَمِنْ

wa-min
and from

سُوءًا

soo-an
the wrong

نَفْسِي

nafsee
my soul

عَلَى

ala
against

أَقْتَرَفَ

aq-tarif
committing

وَأَنْ

Wa-an
and from

مُسْلِمٍ .

muslim
another Muslim

إِلَى

ila
upon

أَجْرَهُ

a-jur-rah
bringing such

أَوْ

aw
or

The benefits

The Prophet (S.A.W) taught one of his companions and he said: "Say this in the morning and in the evening, and when you go to your bed." [At-Tirmidhi, al-Da'waat, 3392]

Reciting Time: **THREE** times in the evening.

بِكَلِمَاتِ اللَّهِ التَّامَّاتِ

bikalimatil-lahit-tammati
in Allah's perfect words

أَعُوذُ

Aaoozu
I take refuge

مَا خَلَقَ

ma khalaq
He has created

شَرِّ

sharri
the evil

مِنْ

min
from

The benefits

Hadith/Benefit

Narrated by Khawlah bint Hakeem Al-Sulamiyyah said I heard Prophet (S.A.W) said, "Whoever make a stop on a journey and say this Dua, nothing will harm him until he moves on from that place". [Narrated by Muslim 2708]

Yahya related to me from Malik from Suhayl ibn Abi Salih from his father from Abu Hurayra that a man of the Aslam tribe said, «I did not sleep last night.» The Messenger of Allah, may Allah bless him and grant him peace, said to him, «For what reason?» He said, «A scorpion bit me.» The Messenger of Allah, may Allah bless him and grant him peace, said, «Had you said in the evening, «I seek refuge with the complete words of Allah from the evil of what He has created, «it would not have happened.» Book 51, Hadith 1743

Reciting Time: **ONCE** in the morning and **ONCE** in the evening.

أَسْتَغِيثُ ،	بِرَحْمَتِكَ	يَا قَيُّوْمُ	يَا حَيُّ
<i>astagheeth</i>	<i>birahmatika</i>	<i>ya qayyoom,</i>	<i>Ya hayyu</i>
<i>I seek assistance</i>	<i>by Your mercy,</i>	<i>O Self-Subsisting</i>	<i>O Ever Living,</i>
		<i>& Supporter of all</i>	

كُلُّهُ ،	شَأْنِي	لِي	أَصْلِحْ
<i>kullah</i>	<i>shanee</i>	<i>lee</i>	<i>aas-lih</i>
<i>all</i>	<i>of my affairs</i>	<i>for me</i>	<i>rectify</i>

عَيْن	طَرْفَةَ	نَفْسِي	إِلَى	تَكِلْنِي	وَلَا
<i>aayin</i>	<i>tarfata</i>	<i>nafsee</i>	<i>ila</i>	<i>takilnee</i>	<i>wala</i>
<i>of an eye</i>	<i>even for the blink</i>	<i>myself,</i>	<i>to</i>	<i>leave me</i>	<i>do not</i>

The benefits

Anas ibn Maalik (R.A) reports that Prophet (S.A.W) once mentioned to Fatima (R.A) to recite the following supplication morning and evening.

[Imaam Haakim and Imaam Dhahabiy]

Also Abdullah ibn Mas'ood (R.A) narrated that whenever Prophet (S.A.W) used to be afflicted in any worry or concern; he used to recite this supplication.

[Mustadrak al-Haakim vol.1 pg.509]

Reciting Time: **ONCE** before morning and **ONCE** before the evening.

أَنْتَ	إِلَّا	إِلَهَ	لَا	رَبِّي	أَنْتَ	اللَّهُمَّ
ant	illa	ilaha	la	rabbee	You are	Allahumma
You	except	none has the right	to be worshipped	my Lord,	anta	O Allah,

عَلَى	، وَأَنَا	عَبْدُكَ	وَأَنَا	، خَلَقْتَنِي
ala	wa-ana	aabduk	wa-ana	Khalaq-tanee
abide to	and I	Your servant	and I am	You created me

، اسْتَطَعْتُ	مَا	وَوَعَدِكَ	عَهْدِكَ
as-ta-taat	ma	wa wadika	aah-dika
as best I can	as	and promise	Your covenant

، صَنَعْتُ	مَا	شَرٍّ	مِنْ	بِكَ	أَعُوذُ
sanath	ma	sharri	min	bika	I take refuge
I have committed.	of which	the evil	from	in You	Aaoozu

عَلَيَّ

aaly
upon me

بِنِعْمَتِكَ

binimatik
favor

لَكَ

laka
Your

أَبُوءُ

Aboo-o
I acknowledge

لِي

lee
me

فَاغْفِرْ

Faghfir
so forgive

بِذَنْبِي

bi-zan-bee
my sin,

وَأَبُوءُ

wa-aboo-o
and I acknowledge

أَنْتَ .

ant
you

إِلَّا

illa
except

الذُّنُوبِ

al zunooba
sins

لَا يَغْفِرُ

la yagh-firu
none can forgive

فَإِنَّهُ

fa-innahu
for verily

The benefits

The Prophet (S.A.W) said, Whoever says this during the day, believing in it with certainty, then dies on that day before evening comes, will be one of the people of Paradise, and whoever says it at night, believing in it with certainty, then dies on that night before morning comes, will be one of the people of Paradise." [Bukhari: 150/7, al-Da'waat, 6306]

Reciting Time for morning : **4 times** in the morning.

اللَّهُمَّ إِنِّي أَصْبَحْتُ * أَشْهَدُكَ ، وَأَشْهَدُ
 Allahumma innee Asbaht oshhiduk, Wa-oshhidu
 O Allah, I have reached the morning and call on You to witness

حَمَلَةَ عَرْشِكَ ، وَمَلَائِكَتِكَ ، وَجَمِيعِ خَلْقِكَ ،
 hamalata aarshik , Wamala-ikatik wa-jamee khalqik
 the bearers of Your throne, Your angels, and all of Your creation

أَنَّكَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ
 ann-nak anta Allah la ilah la anta wahdak
 You are Allah, to witness that You are Allah, alone except You no has the right to be worshipped

لَا شَرِيكَ لَكَ ، وَأَنَّ مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ
 la shareeka lak wa-anna Muhammadan aabdu-ka wa-rasooluk
 without partner and that is Your Servant Muhammad and Messenger

Evening Time : likewise, **4 times** in the evening, reads Amsaytu insted of Asbahtu*

اللَّهُمَّ إِنِّي أَمْسَيْتُ * أَشْهَدُكَ ...
 Allahumma innee Amsaytu oshhiduk,
 O Allah, I have reached the morning and call on You to witness

The benefits

Anas ibn Malik (R.A) the Prophet (S.A.W) said, "if anyone says (this Duaa) in the morning or in the evening Allah (SWT) will emancipate his fourth from hell, if anyone says twice Allah will emancipate his half, if anyone says it thrice, Allah will emancipate three-fourth and if he says four times, Allah will emancipate him from hell". [Sunan Abu Dawud, Book 41, Hadith 5051]

Reciting Time : 3 Times in the evening

اللَّهُمَّ عَافِنِي فِي بَدَنِي ، اللَّهُمَّ عَافِنِي فِي
 fee aafi-ne Allahumma badanee fee aafi-ne Allahumma
 my grant O Allah, body health my grant O Allah

سَمْعِي ، اللَّهُمَّ عَافِنِي فِي بَصَرِي ، لَا إِلَهَ إِلَّا أَنْتَ .
 la ilaha illa-ant basari fee aafi-ne Allahumma samee
 None has the right to be sight health my grant O Allah hearing health
 worshipped except You

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ ، وَالْفَقْرِ ،
 wal-faqr al-kufr, min bika aaozu innee Allahumma
 and poverty, disbelief from I take refuge with You O Allah,

وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ ، لَا إِلَهَ إِلَّا أَنْتَ .
 la ilaha illa-ant al-qabr, aazaabi min Wa-aao-zu-bika
 None has the right to be of the grave. the punishment from and I take refuge
 worshipped with You
 except You

The benefits

Whoever recites this in the evening has completed his obligation for the night.
 [Abu Dawud 318/4]

Reciting Time : **ONCE** in the morning.

أَصْبَحْنَا ، وَأَصْبَحَ الْمَلِكُ لِلَّهِ
Asbahna wa-asbah almulku , Lillahi

We have reached the morning and at this very time all sovereignty belongs to Allah

رَبِّ الْعَالَمِينَ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا

ha-za khayra as-aluka innee Allahumma al-ala-meen, rabbi of this for the good ask you I O Allah, of the worlds Lord

الْيَوْمِ ، فَتَحَهُ ، وَنَصْرَهُ ، وَنَوْرَهُ وَبَرَكَتَهُ ، وَهُدَاهُ ،

wahudahu, wa-barakatahu, wa-norahu, wa-nasrahu, Fathahu, al yawm & its guidance its blessings, its light and its victories its triumphs day

وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهِ وَشَرِّ مَا بَعْدَهُ .

ma baadah wa-sharri feeh ma sharri min Waaoozu bika that and the evil this day of the evil from and I take refuge follows it. in You

Reciting Time for morning : **ONCE** in the evening.

أَمْسَيْنَا وَأَمْسَى الْمَلِكُ لِلَّهِ
Amsayna *wa-amsaa* *mulku* *Lillahi*

We have reached the evening and at this very time all sovereignty belongs to Allah

رَبِّ العَالَمِينَ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذِهِ

ha-ze khayra as-aluka innee Allahumma al-ala-meen, rabbi
of this for the good ask you I O Allah, of the worlds Lord

اللَّيْلَةَ ، فَتْحَهَا ، وَنَصْرَهَا ، وَنُورَهَا وَبَرَكَاتَهَا ، وَهُدَاهَا

wahudaha, wa-barakataha, wa-noraha, wa-nasraha Fathaha, allayla
& its guidance its blessings, its light and its victories its triumphs night

وَأَعُوذُ بِكَ ، مِنْ شَرِّ مَا فِيهَا وَشَرِّ مَا بَعْدَهَا .

ma baadaha wa-sharri feeha ma sharri min Waaoozu bika
that and the evil this day of the evil from and I take refuge
follows it. in You

Reciting Time: 100 times in the morning and 100 times in the evening.

وَحْدَهُ	لَا شَرِيكَ لَهُ،	لَا إِلَهَ إِلَّا اللَّهُ
wahdahu	lahu shareeka laa	Laa ilaaha ill-allaahu,
alone	without partner,	None has the right to be
		worshipped except Allah,

وَلَهُ الْحَمْدُ،	وَالْمُلْكُ،	لَهُ
alhamdu wa-lahu	al-mulku	lahu
and praise,	all sovereignty	to Him belongs

قَدِيرٌ	شَيْءٍ	كُلِّ	عَلَى	وَهُوَ
qadeer	shay'in	kuli	ala	wahuwa
omnipotent	things	all	over	and He is

The benefits

Narrated Abu Huraira (R.A) Allah's Apostle said, « Whoever says: «La ilaha illal-lah...., one hundred times will get the same reward as given for manumitting ten slaves; and one hundred good deeds will be written in his accounts, and one hundred sins will be deducted from his accounts, and it (his saying) will be a shield for him from Satan on that day till night, and nobody will be able to do a better deed except the one who does more than he".
[Bhukari Volume 8, Book 75, Number 412]

Reciting Time: 100 times in the morning and 100 times in the evening.

وَبِحَمْدِهِ

wa-behamdehe
and all Praise to Him

اللَّهُ

Allah
to Allah

سُبْحَانَ

Subhana
All Glory is

الْعَظِيمِ

al-azim
,the Great

اللَّهُ

Allah
is Allah,

، سُبْحَانَ

Subhana
Glorified

The benefits

Abu Hurayrah (R.A.) reported that the Messenger of Allah (S.A.W) said, there are two words which are light on the tongue, heavy on the Scale and beloved to The Most Gracious. Narrated Abu Hurayrah (R.A) Allah's Apostle said «Whoever says, «Subhan Allah wa bihamdihi,» one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea. [Bhukari Volume 8, Book 75, Number 414]

The Messenger of Allah said, «He who recites in the morning and in the evening the statement: «Subhan-Allahi wa bihamdihi (Allah is free from imperfection and I begin with praising Him)» one hundred times, will not be surpassed on the Day of Resurrection by anyone with better deeds than one who utters the same words or utters more of these words.»