

# Understand Quran and Salah Lapbook

**Let's understand our meeting with  
Allah(salah) through this interactive  
lapbook.**

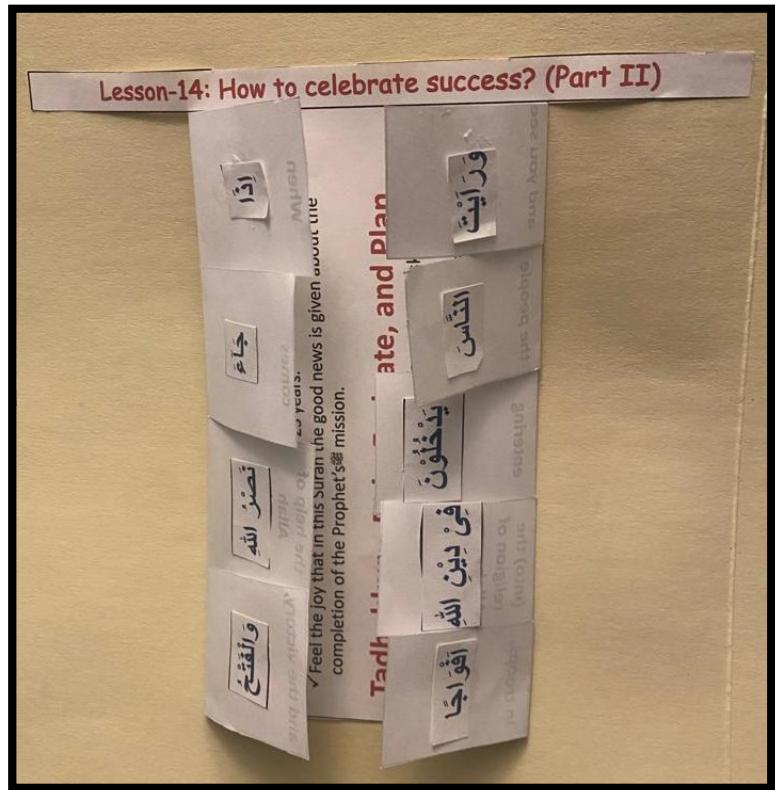
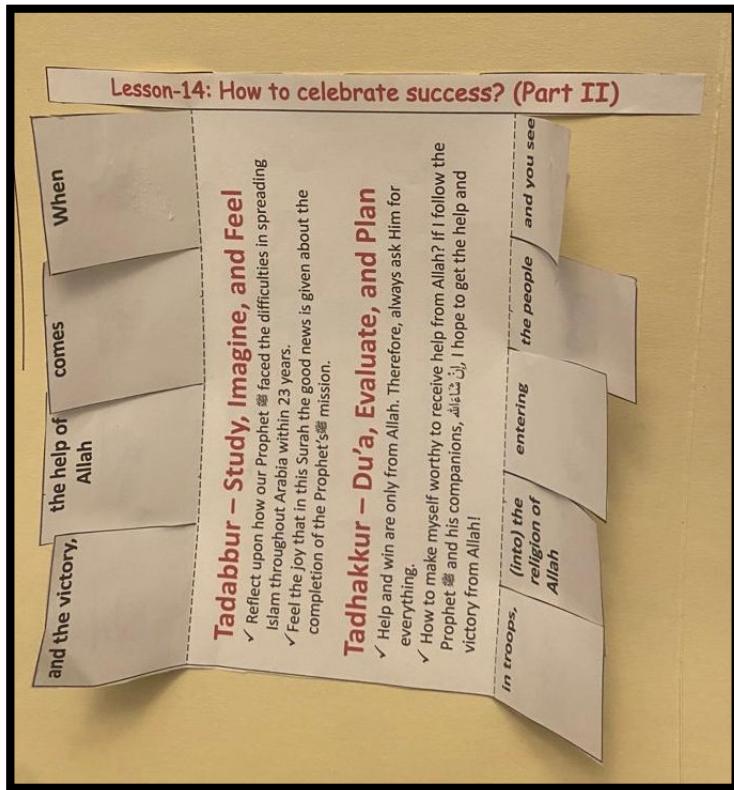


# Instruction on how to use this interactive lap book.

## Directions:

1. Cut out lapbook as one piece.
2. Cut on the solid lines to form flaps.
3. Cut and paste Arabic words on the back of each flap. Fold flaps in using the dotted lines as your guide.
4. Paste the lapbook on the file folder to make lap books  
**OR**
5. Paste the lapbook on the white paper & put it in the duo tang to make lap book.

After cutting and pasting, the interactive lapbook looks like this:



Print this lap book document on only one side of the paper.

الرَّجِيمُ

الشَّيْطَانُ

مِنْ

بِاللَّهِ

أَعُوذُ

## Lesson 1: Ta'awwuz-Safety or seeking protection

the outcast	Shaitan	from	in Allah	I seek refuge
means outcast, rejected, thrown away from the Mercy of Allah. He wants the same for us.	Shaitan is created from fire. We cannot see him, but he sees us. There is a Shaitan with each one of us, but don't worry or be afraid of him as there are angels with us too who protect us by Allah's command. And most important of all, Allah is with us who is Almighty, All powerful.			Whenever we say أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ [Shaitan becomes upset as he does not want us to take refuge in Allah. However, it makes Allah happy and He gives us safety against Shaitan.]

**Hadith:** Prophet Muhammad ﷺ said: Shaitan is perched on the heart of the son of Adam. When a man does zikr of Allah, Shaitan runs away from him, and when he misses zikr of Allah, Shaitan starts his evil whispers. [Mishkaat].

### Tadabbur – Study, Imagine, and Feel

What it means to be in protection?

- ✓ Examples of protection: We use helmet while riding a bicycle or a motorcycle, fasten seat belt while driving, wear jackets in winters and use umbrella in rain.
- ✓ We take measures to protect ourselves from any possible harm. Similarly, we should protect ourselves from the attacks of Shaitan.

#### Understanding Shaitan's attacks

- ✓ When you feel like doing an action that displeases Allah. For example, miss or delay Salah, disrespect parents, not have interest in studies, lie, cheat, etc.
- ✓ When you keep on complaining, feeling sad, or unhappy.
- ✓ When you feel jealous if someone gets better marks than you.
- ✓ When you feel like not going to school, not working on homework or giving-up a challenge. Shaitan does not want you to seek knowledge.

### Tadhakkur – Du'a, Evaluate, and Plan

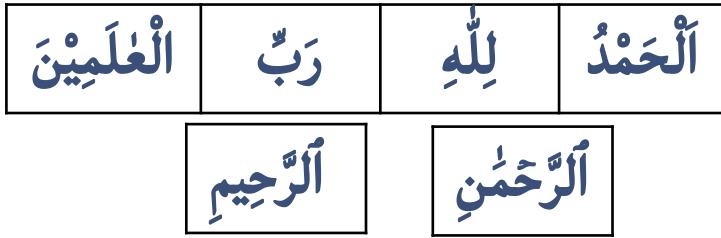
- ✓ Plan to always do good work and disappoint Shaitan.
  - ✓ Plan: When you are attacked with bad thoughts, continually recite Ta'awwuz till these bad thoughts vanish.
- Habit:**
- ✓ Make it a habit to say أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ repeatedly and be aware of Shaitan to remain safe. Remind this to others when they face Shaitan's attacks.



## Lesson-02: Tasmiyah-Begin with the name of Allah

the Most Merciful.	the Most Gracious, أَلْرَحْمَنُ means the most Gracious. أَلْرَحِيمُ loves us more than our parents, or anybody else. This attribute shows that Allah's kindness and care is continuous and not just momentary.	(of) Allah likewise our God has a personal name "الله".	In the name Just as every person or thing has a name,
<p><b>Story:</b> Once Prophet Muhammad ﷺ was sitting and a man was having his meal. The man did not say بِسْمِ اللَّهِ before eating. When he picked up his last morsel, he said بِسْمِ اللَّهِ أَوْلَهُ وَأَجْرُهُ. Seeing this, Prophet Muhammad ﷺ smiled at him and told him that Shaitan was continuously eating with him, but as soon as he said بِسْمِ اللَّهِ Shaitan threw-up. [Abu Dawood]</p> <p><b>Hadith:</b> Prophet Muhammad ﷺ said: A work that is not begun in the name of Allah will be defective and incomplete. [Musnад Ahmad]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ Imagine: If something goes wrong and instead of being angry or cursing someone, you say بِسْمِ اللَّهِ and Shaitan becomes smaller than even a fly.</li> <li>✓ Feel comfortable that if you need help for a short or a long term, Allah is Ar-Rahman and Ar-Raheem. He is always there to help us.</li> <li>✓ Rejoice in conveying this message of Allah to others.</li> </ul> <p><b>Tadhabkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Think of five tasks in which you seek Allah's help by saying بِسْمِ اللَّهِ</li> <li>✓ Allah is أَلْرَحِيمُ and أَلْرَحْمَنُ. He favors those who are kind to others. Prophet Muhammad ﷺ said: "مَنْ لَا يَرْحُمُ لَا يُرْحَمُ" He who does not show mercy to others will not be shown mercy (by Allah). [Bukhari]. Therefore, we should show mercy to everyone, take care of their pleasure as far as possible, so that Allah is also merciful to us.</li> </ul> <p><b>Habit:</b> إِنَّ شَاءَ اللَّهُ بِسْمِ اللَّهِ</p>			

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## Lesson-03: Develop gratitude

of the worlds	the Lord	be to Allah	All the praises and thanks
<p>Allah is the Rabb of all the worlds like world of humans, world of jinns, world of angels, world of plants, etc.</p> <p>O Allah! Indeed, You are the greatest. You take care of everyone in this huge universe.</p>	<p>The one who takes care of us and provides for our sustenance. He protects us from every danger. He provides us food, clothing, shelter, good health, peace, and comfort.</p>	<p>It has two words. لـ means "for;" لـ means "for Allah."</p>	<p>Has two meanings: Praise and Thanks.</p> <ul style="list-style-type: none"> <li>Praise: Allah is the greatest and the most merciful. He has immense power and authority. He has knowledge about everything. Nothing is hidden from him.</li> <li>Therefore, all praises are for Allah</li> </ul>
<p><b>Hadith:</b> Prophet Muhammad ﷺ said: Saying ﴿كُلُّ حَمْدٍ لِلَّهِ﴾ fills the Balance of deeds (on the Day of Judgment).</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p>	<ul style="list-style-type: none"> <li>✓ Reflect upon different blessings of Allah that we enjoy. What would be our life without these? Would you like to give or sell off your eye or ear? You got that as a gift from Allah. Be thankful!</li> <li>✓ According to an estimate, there are about 7 billion people on the earth. They eat at least 7 billion kilograms of food daily which is about 50,000 truckloads. This is the intake by humans only.</li> <li>✓ Now think about sea creatures; only one whale eats about 4000 kilograms of food at a time. Praise and thank Allah wholeheartedly, who made these arrangements for every creature.</li> </ul>	<p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ There are so many people in this world who don't have good things like you have. Thank Allah so that He increases your blessings. Stop complaining.</li> <li>✓ Say Alhamdulillah when you see people around you who love you and care for you.</li> <li>✓ Remind yourselves and others to remember the favors of Allah when you feel like complaining.</li> </ul>	<p><b>Habit</b></p> <ul style="list-style-type: none"> <li>✓ I shall always be thankful to Allah, be kind to everyone, and keep smiling (The ﴿أَلْتَكَبَّرُ﴾ Face ☺).</li> <li>✓ In times of difficulty, I shall be patient and not complain. In addition, I shall recall the countless favors of Allah on me at that time so that Shaitan fails to make me complain.</li> </ul> <p><b>the Most Merciful</b></p> <p><b>the Most Gracious</b></p> <p>means the most Gracious. loves us more than our parents, or anybody else. This attribute shows that Allah's care and kindness is intense and of great magnitude. It is like a heavy rain of mercy.</p>



## Lesson-04: Have sense of responsibility

(of) Judgment	(of) the day	Master
<p>One day this world will come to an end. All living things will die. Everything on this earth will be destroyed. On the Day of Judgment, Allah will revive every human that ever existed on this earth. Day of Judgment will be very long, equivalent to 50,000 years.</p> <p><b>Hadith:</b> Prophet Muhammad ﷺ said: On the day of judgment, seven types of people will be under the shade of Allah's Throne. Three of them are: 1. A person who grew up worshiping Allah, 2. A person whose heart is attached to the mosque (because he loves to worship), 3. Two persons who love each other and who meet and depart from each other for the sake of Allah. [Bukhari and Muslim]</p>	<p>The day when the results of how we did in this life will be announced</p>	<p>Allah is the Master and the Lord of the Day of Judgment.</p>

### Tadabbur – Study, Imagine, and Feel

- ✓ Imagine billions and billions of people standing in front of Allah waiting to know if they passed or failed.
- ✓ Feel the pain and confusion of those who would be extremely worried and sad that day.
- ✓ Feel the joy of those who had been obedient to Allah. Imagine that you are among those who are ready to enter the Paradise where you will live there forever.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Try to plan everyday thinking about what to do to be successful on the day of judgment. For example, by offering daily Salah, helping the family, doing your work by yourself carefully, studying regularly, trying to become a good Muslim and having best manners with everyone.
- ✓ Allah has blessed me with many favors and gifts. So, I must use them carefully because I shall be asked about all of them. Along with parents, brothers, sisters, and friends, I shall also be asked about time, work, money, books, utilities, appliances or any other privilege that I enjoy.

### Habit:

- ✓ اَنْ شَاءَ اللَّهُ اَنْ شَاءَ اللَّهُ I shall give top priority to Salat. I will pray it on time and with khushoo so that I find a place under the shade of the Throne.
- ✓ اَنْ شَاءَ اللَّهُ اَنْ شَاءَ اللَّهُ I shall try my utmost not to hurt anyone by my words or actions.

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نَسْتَعِينُ

وَإِيَّاكَ

نَعْبُدُ

إِيَّاكَ

## Lesson-05: Worship Allah alone

<b>we ask for help.</b>	<b>and You alone</b>	<b>we worship</b>	<b>You alone</b>
We should ask help from Allah only. If Allah does not help us, there is no one else who will.		<p>Worship means obedience and submission to Allah. Allah has created us to worship Him. All our actions will be worship if (1) we do them with the intention to please Allah, and (2) follow the way shown by the Prophet ﷺ.</p> <p><b>Hadith:</b> The Prophet ﷺ said, "Du'a is a believer's weapon". [Haakim]. It means we can solve our problems by asking Allah.</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ How would you feel when you ask your teacher a question and instead of giving the answer, he/she ignores you?</li> <li>✓ Feel the joy that Allah, The Mighty, hears your every Du'a and responds to it.</li> <li>✓ If more than two people speak to us, we cannot hear or understand them. Innumerable people seek help from Allah. Billions of Du'a's reach Allah every second. How great is the love and power of Allah that He listens to all the prayers and fulfills everyone's needs?</li> </ul>	<p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ I shall pray to Allah to help me offer Salah regularly and on-time, reciting Qur'an, obeying parents, etc.</li> <li>✓ I will also make my routine work an act of worship by keeping good intentions, i.e., by doing the work to seek the pleasure of Allah. For example, if our parents tell us to bring something from the market and we do it, we shall be rewarded for this work too, as obedience to parents is a righteous deed.</li> </ul> <p><b>Habits:</b></p> <ul style="list-style-type: none"> <li>✓ إِنْ شَاءَ اللَّهُ شَاءَ وَمَا شَاءَ لَمْ يُرِيدْ (I shall give top priority to praying Salah, reciting Qur'an, obeying parents, etc. I will make it a habit to ask help from Allah frequently.)</li> <li>✓ I shall keep the intention of pleasing Allah in all my tasks.</li> <li>✓ I shall memorize the Du'a's taught by the Qur'an and Prophet Muhammad ﷺ.</li> </ul>

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الْمُسْتَقِيمُ

الصَّرَاطُ

اَهْدِنَا

## Lesson-06: Seek guidance to the straight path

to the path	the straight,	Guide us
<p>Those who seek guidance from Allah and act upon that guidance, Allah will bless them with a successful life.</p> <p>Those who do not live according to the guidance of Allah, will enter Hellfire on the Day of Judgment.</p>	<p>Straight path is mentioned in the Qur'an and its details are given in the Sunnah and the Hadith of Prophet Muhammad ﷺ.</p>	<p>Guide us to the straight path, i.e., help us to become true Muslims. This is the most important Du'a and therefore we say it every day in every Salah and in every Rak'aah.</p>

**Hadith:** Prophet Muhammad ﷺ used to pray: O Allah! Guide us towards good actions and good manners; no one can guide us to them except You; and save us from bad actions and bad manners; no one can save us from them except You. [Nasai].

### Tadabbur – Study, Imagine, and Feel

- ✓ Feel the fear and worry of a child who lost his way to home and then imagine his happiness when someone guides him home. In the same way, when someone is not following Allah's commands, he is sad and worried inside though you may not see it. Those who follow Allah's commands are rewarded with peace and happiness.
- ✓ Whenever someone does a bad deed, it is a sign that he is straying away from the straight path, i.e., Allah's guidance.
- ✓ Suppose you worked hard for your exams and then passed with good grades. This success is only possible because Allah guided you to the right path.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ We should understand it clearly that those who steal, cheat, put others in trouble or indulge in any other kind of sin, are not on the right path. Rather they have been misled by Shaitan. We should pray Allah for them so that they quit the wrong things. If possible, we should also advise them what is right in the best way.
  - ✓ Think about the acts for which you need guidance from Allah every day, and then pray to Allah: "O Allah! Guide us to the straight path. Guide us in every act of ours, including worship, studies, manners and character, work and fun, and make it easy for us to follow the guidance."
  - ✓ We recite the prayer اَهْدِنَا الصَّرَاطَ الْمُسْتَقِيمَ 17 times every day during our Fard Salah. Recite this prayer each time with conviction. Allah will surely guide you and save you from being misguided.
- Habit:** I shall recite اَهْدِنَا الصَّرَاطَ الْمُسْتَقِيمَ with full attention. I shall pray to Allah before starting any work: O Allah! Guide me in this work.

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عَلَيْهِمْ

أَنْعَمْتَ

الَّذِينَ

صِرَاطٍ

## Lesson-07: Be aware of good and bad company(Part I)

on them;	You <b>(have)bestowed favors</b>	(of) those <b>(The) path</b>
	<p>Allah bestowed His favors upon the Prophets, the truthful people, the martyrs and the righteous people because they were on <small>أَصْرَاطُ النَّبِيِّينَ</small> (the straight path).</p>	<p><b>Story:</b> Once Prophet Muhammad ﷺ drew a straight line and said, "This is the path of Allah." Then he drew few curved lines and said, "These are the paths of Shaitan." [Musnad Ahmad]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"><li>✓ Imagine the favors that Allah bestowed upon them and why?</li><li>✓ How did they live? Were they arrogant? Did they call each other names? Did they quarrel with each other? No, they didn't!</li><li>✓ Feel their happiness and satisfaction when they will be rewarded the paradise to live in there forever.</li></ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"><li>✓ Whom do you want to follow? Read about the lives of noble Prophets, the companions of the Prophet ﷺ and the virtuous people. Observe their characters and try to be like them.</li><li>✓ O Allah! Make us follow the path that pleases You.</li></ul>

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الضالّين

وَلَا

عَلَيْهِمْ

المغضوبُونْ

غَيْرُ

## Lesson-07: Be aware of good and bad company(Part II)

those who go astray	and nor of	on them	of those who earned (Your) wrath	Not
Those who do not know the straight path, nor do they care to know about it.			Those who know the straight path but do not follow it.	<b>Hadith:</b> Prophet Muhammad ﷺ said; the example of a good companion (who sits with you) in comparison with a bad one, is like that of a musk seller and a person blowing a blacksmith's bellow (or furnace); from the first you would either buy musk or enjoy its good smell while the bellows would either burn your clothes or your house, or you get a bad smell thereof. [Bukhari]

### Tadabbur – Study, Imagine, and Feel

- ✓ Remember bad deeds of Fir'oun, the people of Aad, and the companions of the elephant, etc. They all deviated from the right path and the wrath of Allah was on them. All of them were destroyed in this world and will enter the hell in the hereafter.
- ✓ Imagine the scene when Fir'oun was drowning. In his last moments he showed regrets of deviating from the straight path. How desperate he must have felt. What were the last words of Fir'oun?

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ O Allah! Let me be with those companions who remind me of You and make me a good company for others too.
  - ✓ The people became أَنْجَلَيْنَ and أَمْحَنْبُونْ because they heard whispers of Shaitan attentively and followed them.
  - ✓ O Allah! Make me strong enough to say أَعُوذُ بِاللَّهِ مِنْ شَرِّ النَّاسِ the moment it starts.
- Habit:** إِنْ شَاءَ اللَّهُ أَعْلَمْ shall always keep away from bad people and shall seek the company of good people.

مُبَرَّكٌ

إِلَيْكَ

أَنْزَلْنَاهُ إِلَيْكَ

كِتَابٌ

## Lesson-8: Know the purpose of revelation of Qur'an

full of blessings;	to you <b>(O Muhammad! ﷺ</b>	We have revealed it	(it is) a book
The Qur'an is a great blessing. It teaches us about Allah, our creator, and His attributes. It shows love and concern for all humans. It guides us how to be good and be successful.	Allah revealed (sent down) the Qur'an to Prophet Muhammad ﷺ through angel Jibreel (Gabriel).	Allah has sent down the Qur'an as a guide to us. The Qur'an shows us the straight path so that we may know what is right and what is wrong.	Allah revealed (sent down) the Qur'an
<p><b>Hadith:</b> Prophet Muhammad ﷺ said: Whoever recites a letter from Allah's Book, then he receives the reward from it, and the reward of ten the like of it. Explaining this he ﷺ said: I do not say لَهُمْ one letter, but rather 'Alif' is a letter, 'Laam' is a letter and 'Meem' is a letter [Tirmidhi].</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ Suppose you left home on a voyage in search of a treasure. You can carry along four things with you:</li> </ul> <ol style="list-style-type: none"> <li>1. Map</li> <li>2. Compass</li> <li>3. Light</li> <li>4. Rope</li> </ol> <p>You are on the journey of life. You should be looking for the treasure, the heaven. Your map and compass is the Qur'an that leads you in the right direction. Your torch is also the Qur'an that helps you in dark and your rope is again the Qur'an to which you can hold on to save your life in any emergency.</p> <ul style="list-style-type: none"> <li>✓ Now imagine another man on board who has neither the map nor the compass, nor does he have a torch or a rope! How would he know where to go and how to protect himself? Will he not be attacked by the enemy and lose his life anytime.</li> <li>✓ This is the example of a person who does not bring the Qur'an into his life. It is as if he is walking in the dark and Shaitan can attack him anytime.</li> <li>✓ No wise man would like to lose his map. Therefore, we should never abandon the Qur'an as it is our way to Heaven.</li> </ul>	<p><b>Tadhhakur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Allah has already mentioned different things in the Qur'an about this world nearly 1400 years ago. Scientists and researchers are now finding that what Qur'an mentioned is true.</li> <li>✓ لَنْ شَاءَ اللَّهُ أَنْ شَاءَ اللَّهُ shall strengthen my faith by studying the Qur'an and Hadith and also by studying the signs of Allah in the universe that I find in the books of science. I shall succeed in this world and in the Hereafter by following the Qur'an as a guide map,</li> <li>✓ I shall study about the miracles and stories mentioned in the Qur'an and shall share it with others.</li> </ul> <p><b>Habit:</b> إِنَّمَا شَاءَ اللَّهُ أَنْ شَاءَ اللَّهُ shall ponder over the verses recited during Salah and shall take lessons from them.</p>		

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أُولُوا الْأَلْيَابِ

وَلَيَتَذَكَّرُ

أَيْتَهُ

لَيَدْبُرُوا

## Lesson-9: Easy steps to benefit from Qur'an

<p><b>those of understanding.</b></p> <p><b>and so that (they) receive admonition</b></p> <p>To take lessons.</p>	<p><b>its verses</b></p> <p><b>so that they ponder</b></p> <p>To ponder, to reflect upon, to think over.</p>	<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"><li>✓ Study: Recite the verses of the Qur'an with understanding again and again. The translation doing the explanation of these verses.</li><li>✓ Imagine: Use your imagination wherever possible. For example, when the earth and the skies are mentioned, imagine their vastness; when the Rabb of worlds is mentioned, think about the different worlds and the living creatures in them.</li><li>✓ Feel: Feel the pleasure in reciting <b>الْأَرْحَمُنَ الرَّجِيمُ</b> and recite with fear where <b>الْمَغْضُوبُ عَيْنُهُ</b> is mentioned.</li></ul>	<p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"><li>✓ Ask (<b>Du'a</b>): Ask Allah to help you bring into your life whatever you recite. For example, you read that the Qur'an is sent down for tadabbur. You can ask: O Allah! Help me do tadabbur.</li><li>✓ Evaluate: Are you doing what you asked Allah for? If you are doing it, thank Allah for that. Example: Am I spending time doing tadabbur on the Qur'an?</li><li>✓ Plan: If you are not doing it yet, then plan for it. Example: Let me study the Qur'an at least 5 minutes every day.</li></ul>
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عَمَلٌ

أَحْسَنْ

أَيْنِ

## Lesson-10: Competing with good intentions

### Which of you

Life is a test and Allah wants to see who amongst us would be better according to the deeds.

### is better

### (in) deeds,

**Story:** A goat had three kids. She told them to build a house for themselves. Two of the kids were very lazy. They made their house with wood and grass. The third one was hardworking and worked skillfully. He made a brick house with great care and effort. One day a fox came. First, the fox went to the first kid, broke his house and entered it. He ran to his next brother for help, but the fox broke his house too. Both ran to the third one for help. The fox tried to break that house but failed. Then the third brother said, "If you had built your house properly with hard work, the fox couldn't have broken it." Moral of the story: We should always do our work skillfully and in a proper manner so that we are safe from any loss.

### Tadabbur – Study, Imagine, and Feel

- ✓ If we observe successful people like doctors, engineers, teachers, etc., we will see that they always do a very high quality of work.
- ✓ Imagine that you secured first position in the school exam and you have been presented with various prizes for that. Your principal, teachers and parents are very happy with your success.
- ✓ Now imagine that you are successful in the Hereafter as well and Allah Almighty is very happy with you. Angels are standing before you and all the bounties of Heaven are presented before you. Feel the joy that Allah blessed you with such a great reward for your very little effort.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Suppose you participate in a race. Throughout the race, you think of winning it at any cost. Similarly, remember always that you have to return to Allah and have to show what you did here to succeed there. Now pray to Allah:  
O Allah! Make me good at everything I do.
- ✓ Whenever you are doing your homework, taking care of your parents, or doing any other work, always plan to do your work in the best possible manner.

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

**on intentions.****Actions (are based) only**

Intention of the heart. The reward of whatever we say and do depends only on the intentions. The intention should be true and sincere from the heart.

Our actions will be accepted by Allah only if (1) we do them with the intention to please Him, and (2) follow the way shown by the Prophet ﷺ.

## Lesson-10: Hadith

**Hadith:** The Prophet ﷺ narrated about his Lord and said, "Allah ordered (the appointed angels over you) that the good and the bad deeds be written, and He then showed (the way) how (to write). If somebody intends to do a good deed and he does not do it, then Allah will write for him a full good deed..." [Bukhari]. Is it not the mercy of Allah that we get reward just for good intention? If we act upon that good deed, we get even more.

### Tadabbur – Study, Imagine, and Feel

- ✓ Suppose that you are praying to Allah with an intention that your friends may see you & consider you to be a virtuous person. Is it right to keep such an intention? No.
- ✓ Even if they praise you, it will be short lived, and you will feel empty after that. But if Allah is happy with you then you will be getting rewards and will be satisfied forever, اَنْ شَاءَ اللَّهُ اَنْ شَاءَ اللَّهُ.
- ✓ If you fasted to please Allah, think about the pleasure you will get at the time you break your fast.

### Tadhhakur – Du'a, Evaluate, and Plan

- ✓ Observe how people do good sometimes with wrong intentions. Such people will not get any reward from Allah.
- ✓ Plan to check every good deed to seek Allah's pleasure.

**Habit:** اَنْ شَاءَ اللَّهُ اَنْ شَاءَ اللَّهُ shall always do my work in a proper manner and I shall make the intention of seeking Allah's pleasure before doing every good deed.

عِلْمًا

زَدْنِيْ

رَبِّ

## Lesson-11: O My Rabb! increase me in knowledge(Part I)

### O My Rabb!

### increase me

### in Knowledge.

The best of knowledge is the knowledge of the Qur'an. It is not only important to gain knowledge but also to act upon it. Gaining knowledge is also an act of worship.

**Hadith:** Prophet Muhammad ﷺ said: "He who treads the path in search of knowledge, Allah would

make that path easy, leading to Paradise for him". [Muslim]

### Tadabbur – Study, Imagine, and Feel

✓ Allah says in the Qur'an: Can those who know and those who do not know, be equal? [Surah Az-Zumar: 09]

✓ Think: Can a blind man be equal to the one who can see. Can a blind person view the nature, blue sky, beautiful animals, colorful birds, and lush green plants that are spread around in Allah's universe? Not at all! Similarly, a person without knowledge is just like a blind man.

✓ Feel the happiness of a knowledgeable person because he can praise and thank Allah in a better way.

✓ Feel the happiness that you are getting rewards daily for going to school to acquire knowledge.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ If you pray a lot for the success in exam, but do not open any book for studying, can you pass the exam?
- ✓ Pray to Allah excessively for knowledge and strive to gain it.
- ✓ Plan to study every subject after reciting this Du'a wholeheartedly.
- ✓ We are totally dependent on Allah for knowledge. Therefore, never be proud of your knowledge. Be humble that Allah gave you knowledge.

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.



by the pen	taught	(The one) who
<p>In the Qur'an, there is a Surah named " ﴿الْقَلْمَنْ﴾ (The Pen). Therefore, feel the importance and greatness of the pen.</p>	<p><b>Hadith:</b> The Prophet ﷺ said: The first thing Allah created was the pen. [Abu Dawood]</p>	<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ Imagine: Of all the creations of Allah on the earth, we are the only one who are taught the use of pen. Thank Allah and be happy for this gift.</li> <li>✓ Imagine: How the angels are keeping record of our every single deed which they would present before Allah.</li> </ul> <p><b>Tadhhakur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Suppose that you did not take any notes of what you were taught in the class. After a few days you are trying to recall it, but are unable to do it. Think about your helplessness at that moment.</li> <li>✓ Since Allah taught us how to read and write, plan to take notes of every subject carefully.</li> <li>✓ <b>Feel</b> the power of pen. You can write good articles and create drawings that can reach out to the whole world. Here is a famous proverb: 'Pen is mightier than the sword.'</li> </ul>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

### Habits:

1. I shall always recite this du'a (رَبَّ زَنْبُقَيْ عَلَمَا) before starting to study.
2. I shall always take notes in classroom and keep them neat and up-to-date.
3. I shall always keep pocket notebook and a pen with me to note down important things and good ideas.

لِذْكُرٍ

الْقُرْآنَ

يَسِّرْنَا

وَلَقَدْ

## Lesson-12: Qur'an is Easy for Me

to understand and remember.	the Qur'an	We have made easy	And indeed
يَسِّرْنَا has two meanings: (1) to memorize (2) to take lessons.	The Qur'an is given to us for understanding so that we can apply it in every walk of life.	Allah has made the Qur'an easy for us to memorize, to understand, and to take lessons from it. Qur'an is easier to learn than any other book.	<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"><li>✓ Imagine: A person is lost in a new city. He is looking for directions. He can see the sign boards written in a foreign language that he cannot understand. He wants to go to his home but is lost and is wandering around. Feel his helplessness.</li><li>✓ Allah has given instructions in the Qur'an for us to benefit from them. Unfortunately, most people read it without understanding. How will they be able to implement the commands if they doesn't understand? Feel the loss of such people.</li><li>✓ We feel so thankful to Allah that He made these instructions easy to understand and simple for us to follow.</li></ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"><li>✓ Ponder on how successful people were who followed the instructions of Allah.</li><li>✓ Make a plan that إِن شاء الله shall learn something from the Qur'an daily.</li><li>✓ It is in my interest to learn the Qur'an so that I offer daily Salah with understanding and with love and affection. I can take the message that Allah gives me through the Imam when he recites different ayaat in Fajr, Maghrib, and Isha. Following Allah's messages will help me to be successful in this life and the next.</li></ul>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

وَعَلِمَهُ

تَعْلَمَ الْقُرْآنَ

مِنْ

خَيْرٍ كُمْ

## Lesson-12: Hadith

and teaches it.	learns the Qur'an	(is the one) who	The best of you
Allah is highly pleased by the one who recites the Qur'an, understands it, practices it, and teaches it to others.	Whenever you learn a verse, try to teach it. When we teach, we benefit the most as learning is perfected by teaching..	<p><b>Hadith:</b> Prophet Muhammad ﷺ said: One who is proficient in the Qur'an is associated with the noble, upright, recording angels; and he who falters in it, and finds it difficult for him, will have a double reward. [Muslim]</p> <p><b>Tadhhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"><li>✓ Imagine the angels descending to the house in which the Qur'an is recited and the Shaitan running away from it. Don't you want the Angels to visit your house and the Shaitan to flee from it? If so, then recite the Qur'an frequently.</li><li>✓ The more you recite the Qur'an, the stronger you will be in your faith, the wiser you will become, and the more you will be rewarded by Allah.</li><li>✓ In school we learn various topics. Some of these may not be clear. Try teaching these topics to your friends. You will have to re-learn yourself again and again till you understand better and are able to teach. This way, you will benefit a lot by teaching others.</li></ul>	<p><b>Habit:</b> اَن شَاءَ اللَّهُ اَنْ يَعْلَمَهُ shall recite and learn the Qur'an daily for at least 10 minutes.</p>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

خُسْرٌ

لَفْتٌ

الْإِنْسَانُ

إِنْ

وَالْعَصْرُ

## Lesson-13: Four Principles of Success(Part I)

loss	is surely in	Mankind	indeed	By the time
<p>خُسْرٌ means loss. Allah swearing by the time implies that the time or the history is a witness over the fact that mankind is in a loss.</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"><li>✓ Suppose that you have to take an exam, for which you have studied well. However, you fell asleep in the examination hall. When you woke up, the time was over. Will you pass this exam? No. Think about how much you lost by this little sleep.</li><li>✓ You cannot get back the time lost. Those who do not value time will have to regret. Feel that among all the blessings of Allah, time is extremely precious.</li><li>✓ Similarly, think about the Fajr Salah. What a huge loss it will be if we sleep at the time of Fajr Salah.</li></ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"><li>✓ The important chapters that your teachers mark for you to pass the exam are based on their experience of various past papers. They can judge about the important and unimportant questions.</li><li>✓ Good students follow the tips given by their teachers to succeed in exams. Similarly, to succeed in this world and in the Hereafter with distinction, we have to follow the four principles given by Allah in this Surah.</li><li>✓ Plan to make the right use of time.</li></ul>				

الصِّلْحَتِ	وَعَمِلُوا	أَمْنُوا	الَّذِينَ	إِلَّا
بِالصَّابَرِ	وَتَوَاصَوْا	بِالْحَقِّ	وَتَوَاصَوْا	

## Lesson-13: Four Principles of Success(Part II)

righteous / good deeds	have believed	those who Except			
<p><b>righteous / good deeds</b></p> <p>Belief means having faith in Allah, His Prophets, the Angles, the day of resurrection and the good or bad fate.</p>					
<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <p>✓ Suppose your friend is dreaming in a deep sleep on a ship and the ship is sinking. He is unaware of the fact that he is drowning in the sea. Though, he may be having the most beautiful dream of his life, but seeing him drown, what would you do?</p> <p>✓ Certainly, you would say to him, "Wake up! You are drowning". But if he insists upon continuing to dream, would you wake him up still, or let him be?</p> <p>✓ This feeling of yours to save your friend from drowning is "Belief".</p> <p>✓ عَمِلُوا الصِّلْحَتِ is " عملوا الصِّلْحَتِ".</p> <p>✓ Wake up! You are drowning "this act of yours is " عملُوا الصِّلْحَتِ".</p> <p>✓ Telling him the truth that he is drowning and saving your friend from drowning is " تَوَاصُوا بِالْحَقِّ".</p> <p>✓ Your persistence in waking him up even if he refuses to do so is " تَوَاصُوا بِالصَّابَرِ".</p> <p><b>Habit:</b> Make a daily schedule and follow it regularly so that your time is not wasted.</p>	<p><b>And advised each other</b></p> <p>Advising each other to truth means conveying others what is in the Qur'an and Hadith like obedience to Allah, obeying commanded and refraining from what Allah has forbidden.</p>	<p><b>And advised each other</b></p> <p>Advising each other to truth means conveying others what is in the Qur'an and Hadith like obedience to Allah, obeying parents and being respectful to them, speaking the truth, trying to stop the wrong whenever possible, encouraging good things, refraining from telling a lie, etc.</p>	<p><b>to (the) patience.</b></p> <p>Advising each other to patience means encouraging and reminding people to be patient.</p>	<p><b>to the truth</b></p> <p>Righteous deeds mean doing what Allah has commanded and refraining from what Allah has forbidden.</p>	<p><b>Except</b></p> <p>Advising each other to truth means conveying others what is in the Qur'an and Hadith like obedience to Allah, obeying parents and being respectful to them, speaking the truth, trying to stop the wrong whenever possible, encouraging good things, refraining from telling a lie, etc.</p>

وَالْفَتْحُ

نَصْرُ اللَّهِ

جَاءَ

إِذَا

أَفْوَاجًا

فِي دِينِ اللَّهِ

يَدْخُلُونَ

النَّاسَ

وَرَأَيْتَ

## Lesson-14: How to celebrate success? (Part II)

and the victory, the help of Allah	comes	When
<b>Tadabbur – Study, Imagine, and Feel</b> <ul style="list-style-type: none"><li>✓ Reflect upon how our Prophet ﷺ faced the difficulties in spreading Islam throughout Arabia within 23 years.</li><li>✓ Feel the joy that in this Surah the good news is given about the completion of the Prophet's ﷺ mission.</li></ul>	<b>Tadhakkur – Du'a, Evaluate, and Plan</b> <ul style="list-style-type: none"><li>✓ Help and win are only from Allah. Therefore, always ask Him for everything.</li><li>✓ How to make myself worthy to receive help from Allah? If I follow the Prophet ﷺ and his companions, إِنْ شَاءَ اللَّهُ أَإِنْ شَاءَ اللَّهُ أَ</li><li>✓ I hope to get the help and victory from Allah!</li></ul>	<b>in troops,</b> <b>(into) the religion of Allah</b>
<b>أَفْوَاجًا</b>	<b>يَدْخُلُونَ</b>	<b>the people</b> <b>and you see</b>

وَاسْتَغْفِرُهُ	رَبُّكَ	بِحَمْدِ	فَسْبُحْ
بَوْابَةٌ	كَانَ	إِنَّهُ	

## Lesson-14: How to celebrate success?

and ask forgiveness of Him,	(of) your Rabb  (Istighfaar) means seeking forgiveness from Allah. When we win, we should ask forgiveness because we may have done some mistakes while doing our work	with the praise  (Hamd) means praise and thanks. When we succeed, we should praise and thank Allah because with His help only we could do it	Then glorify  (Tasbeeh) means glorifying, or saying that Allah is free from any defect. When we achieve something, we should do Tasbeeh with the feeling that we may have not done the work as it should have been done. There may be some areas of defects. Only Allah is free from defects.
<p><b>Hadith:</b> Ayesha (RA) says, that the Prophet ﷺ used to recite the following Adhkar frequently:</p> <p>”سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، أَسْتَغْفِرُ اللَّهِ وَأَتُوَبُ إِلَيْهِ“ [Muslim]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ Feel the years of hard work and sacrifices of our beloved Muhammad ﷺ. If you too want to achieve something, you should have strong faith in Allah and do hard work.</li> <li>✓ If you are assigned some job or a task and you managed to complete it successfully, how happy and satisfied would you feel. But don't forget to thank Allah and remember that it is Allah who helped you to complete the work.</li> <li>✓ We can't even quench our own thirst if Allah does not help us. Our hand may not be able to lift a glass of water if Allah does not keep it safe. So, how can we do big things without Allah's help?</li> </ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ If you won a race, Shaitan would make you feel proud that you won it due to your own skills and capability.</li> <li>✓ Recite Ta'awwuz when such misleading thoughts come into your mind. Remember that Allah gave you the strength to run, otherwise it was not even possible for me to walk.</li> <li>✓ After winning or completing any task successfully, offer the prostration of gratitude (Sajdah of Shukr) to Allah.</li> </ul> <p><b>Habit:</b> I shall do Tasbeeh, Hamd &amp; Istighfaar (سبحان الله، الحمد لله، أستغفرو الله) after every success</p> <p><b>Oft-forgiving.</b></p> <p><b>Indeed, He</b></p>			



## Lesson-15: Allah is One & Only (Part I)

(who is) one.	(is) Allah	He	Say
Allah is one. He has no partner.			<p><b>Story:</b> The polytheists (those who associate others with Allah or worship idols and other things) asked Messenger of Allah ﷺ : Name the lineage of your Lord for us. So, Allah revealed this Surah. [Tirmidhi]</p> <p><b>Hadith:</b> Hadith: Allah's Messenger ﷺ said, "By Him in Whose Hand my life is, this Surah (Surah Al-Ikhlaas) is equal to one-third of the Qur'an!" [Bukhari]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ Imagine how Allah created the whole universe and made their laws. Observe how powerful Allah is!</li> <li>✓ No one is like Him. None forgives us as Allah does repeatedly. Rather, He keeps on providing for us even after we make mistakes. No one hears our prayers except Allah. Feel His care and affection!</li> <li>✓ Suppose your school has two principals. One of them tells you to bring your bag to school daily and other one forbids you from doing so. Would you not be confused and troubled?</li> <li>✓ Indeed! Allah alone is our Master and we do good deeds only for His sake!</li> </ul> <p><b>Tadhhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ The Surah starts with ﴿ۖ﴾. We have to convey the message of oneness of Allah to everyone.</li> <li>✓ Let's check with ourselves. Are we living to please Him only, or are we spending our life to please someone else?</li> <li>✓ Plan to seek the pleasure of Allah always, wherever we may be. In our hearts the highest love, respect, and fear should be of Allah.</li> </ul>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.



## Lesson-15: Allah is One & Only (Part II)

the self-sufficient.	Allah
Is one of the beautiful names of Allah. It means He does not depend on anyone, but everyone depends on Him. Everyone needs Him, and He does not need anyone.	
<b>Tadabbur – Study, Imagine, and Feel</b> <ul style="list-style-type: none"><li>✓ Allah is the creator of about 7 billion people, innumerable birds, fish, insects, trees, mountains etc. Feel His Magnificence, Power and Greatness that all the creation stands in need of Allah, but Allah does not need any of them.</li><li>✓ We are all dependent on Him and He is continuously looking after and fulfilling every need of ours. So, recite this Surah with love and respect.</li></ul>	
<b>Tadhakkur – Du'a, Evaluate, and Plan</b> <ul style="list-style-type: none"><li>✓ Check how your behavior changes with change in conditions like in extreme hunger, fatigue, or drowsiness.</li><li>✓ Allah does not feel hunger nor does He feel drowsy or sleepy. How Mighty and Dominant Allah is!</li></ul> <p><b>Habit:</b> إِنْ شَاءَ اللَّهُ { I shall seek all types of help, whether big or small from Allah only</p>	

**Directions:** Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

وَلَمْ يُوْلَدْ

لَمْ يَلِدْ

## Lesson-16: Allah is One & Only (Part II)

and nor is He begotten,

Neither did He beget

### Tadabbur – Study, Imagine, and Feel

- ✓ Why do people have children? Because when they are tired or feel lonely, children cheer them up. When they grow old, children take care of them. When they die, the children continue their works. Allah is free from all such weaknesses and needs.
- ✓ Ponder on how Allah is present from beginning and He will always be there.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Allah is displeased with those who lie about Him.
- ✓ I shall recite this verse, memorize it and believe in it.

**Directions:** Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

أَحَدٌ

كُفُّوا

لَا

وَلَمْ يَكُنْ

## Lesson-16: Allah is One & Only (Part II)

anyone.	equal	unto Him	And (there) is not
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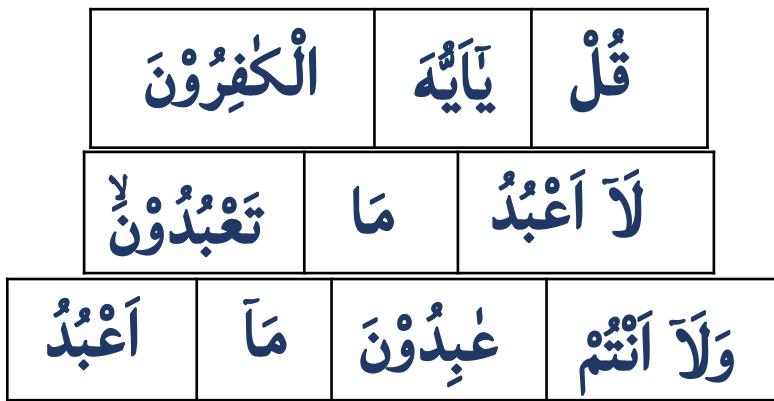
**Story:** A companion used to recite Surah Al-Ikhlasaas in every Raka'ah (unit of salah) and then any other Surah. The Prophet of Allah ﷺ inquired him about that. He said: I love this Surah. The Prophet ﷺ replied: Your love for this Surah will make you enter Paradise. [Bukhari]

### Tadabbur – Study, Imagine, and Feel

- ✓ Imagine how Magnificent and Powerful Allah is.
- ✓ Ponder on how Allah created the whole world and how does He fulfill the needs of each one of us. If only two or three people ask us for something simultaneously, we get confused. How great is Allah that millions of people keep asking Him for His favors every moment and He keeps on providing for all of them.
- ✓ Allah hears, sees and knows everything. He is not like humans who become tired.
- ✓ He can do whatever He wants. No one is comparable to Him.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Allah does not have children or parents. He was always there and will be there forever. How great is He!
  - ✓ In all times specially the difficult one, be assured that Allah is there to help you.
- Habit:** Prophet Muhammad ﷺ used to recite Surah Al-Ikhlasaas, Surah Al-Falaq, Surah An-Naas every night before going to sleep. إِنْ شَاءَ اللَّهُ أَعْلَمْ، I shall recite them every night!



## Lesson-17: Worship Allah alone. Surah Kafiroon (Part I)

what	I do not worship	O disbelievers!	Say
	<p><b>Kufar</b>: kufr is to reject or hide something. Here, Kafiroon refers to those people who knew the truth but refused to believe in Allah and the teachings of the Prophet ﷺ.</p>	<p><b>Hadith:</b> The Messenger of Allah ﷺ said, "Whoever meets Allah without associating anything in worship with Him will go to Paradise." [Bukhari]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ If we listen to Allah's word and worship Him alone then Allah will surely be pleased with us.</li> <li>✓ Those who do not listen to Allah's word will be very sorry after they die because they will not be able to do anything to benefit themselves.</li> </ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ O Allah! Make us perfect in Imaan (faith) and save us from mistakes.</li> <li>✓ Let us check ourselves. Are we associating anyone or anything with Allah?</li> <li>✓ <b>Plan:</b> I will Insha'Allah guard my Imaan (Faith) and will be away from the things that make my Imaan weak.</li> </ul>	
	<p>I worship.</p>	<p>(of) what</p> <p>worshippers</p>	<p>And nor are you</p> <p>you worship</p>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

عَبَدْتُمْ	مَا	عَابِدُ	وَلَا أَنَا
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أَعْبُدُ	مَا	عَبْدُونَ	وَلَا أَنْتُمْ
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## Lesson-17: Worship Allah alone. Surah Kafiroon (Part II)

<p><b>you worshipped.</b></p> <p>(of) what</p> <p>a worshipper</p> <p>And I am not</p>	<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <p>✓ If we benefit from Allah's countless blessings and still do not worship him, how ungrateful and bad it will be!</p>	<p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Imagine the huge Universe created by Allah and all that is there in it. Is it not an honor for us to Worship Him? Is it not an honor that we know how to worship Him?</li> <li>✓ Read the stories of the past nations and learn how Allah rewarded good people and punished bad people.</li> <li>✓ Plan on how to be thankful to Allah for His endless favors and try to be among those whom Allah loves.</li> </ul>	<p>I worship.</p> <p>(of) what</p> <p>worshippers</p> <p>And nor are you</p>
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(is) my religion.	and for me	(is) your religion	For you
<p>means a system of life. This verse tells us that believers live their lives as per the Qur'an and Sunnah.</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ If you look around, you see both good and bad activities going on. If someone invites you to join an evil activity, how will you respond? Of course, you will refuse and will try in the best possible way to stop them from doing bad things.</li> <li>✓ Feel the power and control of Allah. If all the people of the world joined together to do wrong, don't worry. Allah is sufficient for you. You should do the right thing. Allah is your protector, and nobody can harm you.</li> </ul> <p><b>Tadhhakur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ O Allah! We ask you to give us strong and pure Imaan (faith).</li> <li>✓ Do we have total faith in Allah? Do we remember to ask Him for our needs? Do we forget Allah and look for help from others in difficult times?</li> <li>✓ Make a promise that you will always be with the right and will be away from the wrong. Allah supports those who are with good people and will punish those who are with the wrongdoers.</li> <li>✓ Are we impressed with bad people in their fashion, walking, talking, dressing, etc.?</li> </ul> <p><b>Habit</b></p> <ul style="list-style-type: none"> <li>✓ Memorize Surah Al-Kafiroon (if not done) and recite this Surah in the first Raka'ah of Sunnah of Fajr and Maghrib Salah. It was a practice of our beloved Prophet Muhammad ﷺ to do so.</li> </ul>			

**Directions:** Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

الْفَلَقِ	بِرَبِّ	أَعُوذُ	قُلْ
خَلَقَ	مَا	شَرٌّ	مِنْ
وَقَبَ	إِذَا	غَسِيقٍ	وَمِنْ شَرِّ

## Lesson-18:Protection from different harms (Part I)

(the) evil	From	of the daybreak,	in (the) Lord	I seek refuge	Say
					<b>Hadith:</b> Ayesha (R) reported that whenever someone fell ill in the family of the Messenger of Allah , he would recite Surah Al-Falaq and Surah An-Naas and then blow on him (the patient). [Muslim]
					<b>Tadabbur – Study, Imagine, and Feel</b>
				<ul style="list-style-type: none"> <li>✓ Feel the confidence that your Rabb is protecting you all times.</li> <li>✓ Imagine the scene, where in response to our Du'as, Allah orders security arrangements for you. Our Rabb who is Lord of Universe, gives us so much love, care and attention. How grateful should we be!</li> <li>✓ Imagine the darkness of night where you cannot see the dangers. Only Allah saves us from the dangers.</li> </ul>	<b>Tadhakkur – Du'a, Evaluate, and Plan</b> <ul style="list-style-type: none"> <li>✓ Allah is all Powerful and has control over all things. So, we should seek His help.</li> <li>✓ Look at creatures like honey bees. If you disturb them by mistake, they might sting you. They are not evil, but they might harm you. Therefore, seek Allah's protection.</li> <li>✓ Invisible viruses and bacteria are good for maintaining ecosystem of earth. They might make us sick, if they get inside us. They are not evil, but they might harm us. So, we seek Allah's protection.</li> <li>✓ Thieves and criminals do their evil act in the cover of darkness. Gambling, drinking, bad TV programs, etc. begin in the night. Sleep early to get protected from such bad influences of night.</li> <li>✓ Even the animals that come out at night have an unpleasant look compared to the normal ones such as birds, sheep, hen, etc.</li> <li>✓ Reciting ﴿وَتَبَرُّ نَّاسٍ﴾ regularly ensures protection from all types of harms.</li> </ul>

فِي الْعَقَدِ	النُّفَشَتِ	وَمِنْ شَرِّ
حَسَدٍ	إِذَا	وَمِنْ شَرِّ حَاسِدٍ

## Lesson-18:Protection From Different Harms (Part II)

### in the knots, (of) those who blow And from the evil

means the knots. Blowers in the knots refer to the magicians who blow in the knots to increase the effect of their magic spell.  
• Magic is bad and only bad people do magic. So, we must ask for Allah's protection from it.

**Hadith:** The Messenger of Allah ﷺ said: 'People will remain on good as long as they do not harbor jealousy for each other'. [Tabarani]. This means envying others will destroy goodness.

### Tadabbur – Study, Imagine, and Feel

- ✓ Practicing magic is a great sin.
- ✓ Can you think how difficult your life would be without Allah's blessing and protection?
- ✓ Why are people envious? How we can reduce their envy? Teach them to ask from Allah.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ No one is safe in this world whether he is a king, president or ruler. They are all helpless. We must have a strong belief that our safety is with Allah only. Nothing can harm us when Allah is our protector.
- ✓ O Allah! Please protect us from all the evils of Your creations. Protect us from magic and jealousy.
- ✓ What are our feelings when we see something good with our friends or relatives? Are we feeling jealous for what they have?
- ✓ Plan to continuously ask Allah's help for protection. Make a promise that you will never be jealous of other or wish bad for them.

### Habits:

- ✓ Insha'Allah I will follow the Sunnah (practice) of my beloved Prophet Muhammad ﷺ. I will recite بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ before going to sleep and blow into my hands and then pass my hands over the body.
- ✓ I will say MashaAllah, Tabarakallah, when I see something good in others. I will pray that Allah gives them more and more. If we pray like this in their absence, an angel will say "Ameen; May it be for you too" to our friends and our prayers will be accepted. I will never object to Allah's distribution of gifts to anyone He wills.

### he envies. when (of) the enier And from the evil

Envy is the wish to gain something that others have, while wishing others to lose that thing. For example, if you get a new cycle, an envious person wants that you lose that cycle and he gets it. If he did not get it, he wishes that you lose it



## Lesson-19: Protection from the traps of shaitan(Part I)

<p><b>(of) Mankind, in the Lord</b></p> <p>Rabb, (Lord, Creator, Cherisher, Sustainer). Allah is the Lord of all. He takes care of the needs of all His creations, whether they are human being, Jinns, animals or any other creature.</p>	<p><b>I seek refuge</b></p> <p>Say,</p> <ul style="list-style-type: none"> <li>✓ It is very easy for Allah to protect all those who live in His Universe. Everything (living or non-living) follows His orders.</li> <li>✓ We cannot see Shaitan. He attacks us with bad thoughts.</li> <li>✓ Shaitan tries his best to make us like him, through directly whispering to us or instructing other people to teach us evil thoughts.</li> <li>✓ Alhamdulillah! Allah blessed us with “two security guards” or “two safety formulae” (مُعَوِّذَتَيْنِ). If we recite them frequently, we will be safe from Shaitan and his associates.</li> <li>✓ Seek protection the moment we get evil thoughts. Keep repeating the ‘formulae’ until the evil thoughts go away.</li> </ul>
<p><b>Tadabbur – Study, Imagine, and Feel</b></p>	<p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Du'a: O Allah! It is difficult for me to save myself from the attacks and whispers of Shaitan. Please protect me from these attacks.</li> <li>✓ How does Shaitan attack us? For example, he suggests and encourages us not to offer Salah, obey parents, get knowledge, or do any good deed.</li> <li>✓ Feel confident that as soon as you recite مُعَوِّذَتَيْنِ, you will be protected.</li> <li>✓ We use umbrella to get protection from rain. We wear warm clothes to protect ourselves from cold weather. Likewise, we must draw a plan to get protection from Shaitan and his friends.</li> </ul>
<p><b>the one who (of) the withdraws whisperer (the) evil after whispering,</b></p>	<p><b>the God of Mankind,</b></p> <p>God. Allah is the real God of all. The one who created and rules over everything is the one who deserves to be worshipped. The above three qualities remind us that only Allah has the complete power to protect us.</p> <p><b>the King of Mankind,</b></p> <p>The King. Allah is the King of all whether men accept Him or not. The one who created everything is naturally the King of everyone.</p>

النَّاسِ

فِي صُدُورٍ

الَّذِي

وَالنَّاسِ

مِنْ الْجِنَّةِ

## Lesson-19: Protection from the traps of shaitan(Part II)

<p><b>into the chests</b></p> <p><b>whispers</b></p> <p>Whisper. It means to put something bad secretly into the heart. Sometimes we act in a bad manner, like hiding the book of a friend, troubling someone, or teasing a brother or a sister. This is the sign that Shaitan has whispered into our heart and suggested us to commit these bad things. We don't see Shaitan when he whispers into our heart. We realize it only after we feel the urge to do a bad thing.</p>	<p><b>the one who</b></p> <p><b>Tadabbur – Study, Imagine, and Feel:</b></p> <ul style="list-style-type: none"> <li>✓ Sometime the evil things seem beautiful and attractive, such as listening to songs, telling lie, and cheating others. Associates of Shaitan will encourage you to act upon these sins.</li> </ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Ask sincerely for Allah's protection. O Allah! We are very weak. It is very difficult for us to get away from the whispers and traps of Shaitan. Only you can protect us. Please take us under your protection.</li> <li>✓ Usually, we forget Allah on two occasions, when we are very happy or when we are very sad. During these times, Shaitan gets a chance to misguide us. He will make us forget Shukr and Sabr (Thanking Allah and to be patient). So, we must be very alert during these occasions and seek Allah's protection.</li> <li>✓ We can't physically fight with Shaitan and defeat him. But we can beat him by reciting Surahs taught to us by Allah. Plan to regularly recite these Surahs to defeat Shaitan.</li> </ul> <p><b>Habit:</b> Insha'Allah, I will read Surah Al-Ikhlaas, Surah Al-Falaq, and Surah An-Naas, three times daily, after Fajr and Maghrib Salah and before going to sleep. This is the Sunnah (practice) of our beloved Prophet Muhammad ﷺ.</p>	<p><b>(of) mankind,</b></p> <p><b>from among Jinn</b></p> <p><b>and mankind.</b></p>
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الله أَكْبَرُ الله أَكْبَرُ

## Lesson-20: Adhan-1 Allah is the Greatest!

**Allah is the Greatest,  
Allah is the Greatest.**

**Allah is the Greatest,  
Allah is the Greatest.**

Repetition of Allahu Akbar  
(الله أَكْبَرُ)

in Adhan reminds us that the most important task in our life is to worship Allah. So, when you hear Adhan, leave everything that you are busy in and proceed to the Salah.

**Hadith:** The Messenger of Allah ﷺ Said, “The Mu'adhdhins will have the longest necks on the Day of Resurrection”. [Muslim]. Longest neck may not feel good for you in this world but Allah will make it appear beautiful and honorable on the day of judgment.

### Tadabbur – Study, Imagine, and Feel

- ✓ If the principal of your school or a big leader calls you to receive award, imagine how excited you would be. You will try to go to them as soon as possible.
- ✓ How should you feel when Allah, the real God and Master of the whole Universe calls you? How eager should you be, to respond to His call of success?
- ✓ Imagine the kind of rewards and blessings you will receive if Allah, the Greatest, the Lord of the Universe is pleased with you.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ **Du'a:** O Allah! Make me among those who respond to Adhan and go to Masjid.
- ✓ **Evaluate:** When someone whom we respect and love calls us, we respond to his call with promptness, energy, and passion. Do we do the same when Adhan is called?
- ✓ **Plan:** Whenever I hear Adhan, I will leave my work, studies, game, or sleep and will start preparing for Salah.

**Habit:** Insha'Allah I will reply to Adhan when I hear it and start preparing for Salah.



## Lesson-21: Adhan-2 Bearing witness (Part I)

Allah.	except	God	(there is) no that	I bear witness

**Hadith:** The Prophet ﷺ said: “Du’ā is not rejected between the Adhan and Iqamah.” [Abu Dawood]

**Tadabbur – Study, Imagine, and Feel**

- ✓ Look around, everybody is busy with their own work. Many do not respond to the call for Salah. Do you think this behavior is suitable for a Muslim? No. A person who says, “I bear witness that Allah is my Lord”, will stop all his work and respond to the call promptly.
- ✓ Feel Allah’s infinite power and greatness. No one else is worthy of our worship except Him.

**Tadhakkur – Du’ā, Evaluate, and Plan**

- ✓ Ask for Allah’s guidance and help to do good deeds.
- ✓ We claim that Allah is our Master; but are we following His orders in our life? Can we be called as obedient slaves of Allah? Are we true and sincere witnesses?
- ✓ Draw a plan to act upon Allah’s orders and to keep away from what He has forbidden.

رَسُولُ اللَّهِ

مُحَمَّدًا

أَنْ

أَشَهَدُ

## Lesson-21: Adhan-2 Bearing witness (Part II)

is the Messenger of Allah.	Muhammad 	that	I bear witness
			<p><b>Hadith:</b> Messenger of Allah ﷺ said: "Islam is based on five (principles): (1) To bear witness that none has the right to be worshipped but Allah; and Muhammad ﷺ is Allah's Messenger. (2) To establish Salah. (3) To pay Zakat. (4) To perform Hajj (5) To keep fast during the month of Ramadhan. [Bukhari]</p>
			<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"><li>✓ Bearing witness to the prophethood of Muhammad ﷺ impacts all areas of life.</li><li>✓ Such a person will love him, defend him, follow him and his teachings in all aspects of life and send Salawat on him.</li><li>✓ The one who bears witness to the Prophet ﷺ will own the mission of Prophet ﷺ and introduce him to all of his friends and neighbors and to everyone else.</li></ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"><li>✓ We see many people follow celebrities like sportsmen, actors, singers, politicians, and successful businessmen. They try to imitate the celebrities' lifestyle to be like the celebrities.</li><li>✓ Now let us examine ourselves. We claim to love Prophet Muhammad ﷺ, but are we honest in our claim? Are we following his Sunnah, his living style and practices in our lives?</li><li>✓ Muhammad ﷺ was the most successful person in the history of the world. He became the most loved and respected person before he died. He is the best example for us to follow to be successful in this life and hereafter. I will read his biography to know him better in sha' Allah.</li></ul> <p><b>Habits:</b></p> <ul style="list-style-type: none"><li>· Whenever I hear the Prophet's ﷺ name, I will send Salawat on him.</li><li>· Whenever I get free time such as while going to school or home or waiting for a class to begin, I will recite <small>لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ</small></li></ul>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

حَسْنَةٌ عَلَى الْفَلَاحِ

الصَّلَاةُ حَسْنَةٌ عَلَى إِلَهٍ إِلَّا اللَّهُ أَكْبَرُ

## Lesson-22: Adhan-3 Come Towards Success

Come to the Salah.	Come to		
	<p><b>Hadith:</b> The Prophet ﷺ said: The five (daily) prayers and from one Friday prayer to the (next) Friday prayer, and from Ramadhan to Ramadhan are expiations for the (sins) committed in between (their intervals) provided one shuns the major sins. [Muslim]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ How unfortunate is the person who despite listening to the call for success (Adhan) does not go to Salah and keeps himself busy in worldly affairs.</li> <li>✓ Leaving Salah will take us towards sins and the sins will fail us in Akhirah.</li> <li>✓ Any loss in this world causes us pain and sorrow. Now, think about the big loss in Akhirah because of leaving Salah.</li> </ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Ask Allah for Tawfiq (guidance) to regularly offer Salah in Masjid upon listening to Adhan.</li> <li>✓ Make sure that playing games and or any other task should not become a reason for you to miss a Salah.</li> <li>✓ Draw a plan to offer Salah regularly and on time. Make a schedule of work and studies around the Salah timings.</li> </ul>	Allah is the Greatest.	the prosperity.



## Lesson-23: Du'a after Wudhu (Part I)

<p><b>He is alone</b></p> <p><b>Allah, except God (there is) no that</b></p> <p><b>I bear witness</b></p>	<p><b>Hadith:</b> The Messenger of Allah ﷺ said, the one who makes Wudhu completely and correctly and says: شَهَدَ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَةٌ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنْ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ، he may enter through whichever of them he wishes. [Tirmidhi]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ By making Wudhu we go under the protection of Allah from Shaitan and evils. Don't you think that we should always be in the protection of Allah? Then, try to be in the state of Wudhu all the time.</li> <li>✓ If we are avoiding Wudhu and Salah by giving the excuse of extreme hot or cold weather, then imagine the punishment of hot and cold in the hereafter for sinful people.</li> <li>✓ Imagine the face and parts of your body shining on the day of Judgment because of Wudhu. Feel the extreme happiness that you will get on that day.</li> <li>✓ Imagine: If the preparations to Salat are so rewarding, how high the rewards of Salat would be?!!</li> </ul>	<p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Dua: Ask Allah for guidance to make Wudhu, offer Salat and recite Du'as.</li> <li>✓ Evaluate: Do we consider Wudhu as an important part of worship and are we reciting Du'a after it?</li> <li>✓ Plan to make Wudhu properly and memorize the Du'a after Wudhu</li> </ul>
<p><b>and His Messenger.</b></p> <p><b>is) His slave</b></p>	<p><b>that Muhammad</b></p> <p><b>and I bear witness</b></p>	<p><b>(there is) no partner</b></p>

مِنَ الْمُتَطَهِّرِينَ

وَاجْعَلْنِي

مِنَ التَّوَابِينَ

اجْعَلْنِي

اللَّهُمَّ

## Lesson-23: Du'a after Wudhu (Part II)

from among those who purify themselves.	and make me from among those who repent	make me	O Allah!
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**Hadith:** The Messenger of Allah ﷺ said, Allah Almighty, stretches out His Hand during the night so that the people may repent for the faults committed from dawn till dusk and He stretches out His Hand during the day so that the people may repent for the faults committed from dusk to dawn. (He would accept repentance) before the sun rises in the west (before the Day of Resurrection). [Muslim]

### Tadabbur – Study, Imagine, and Feel

- ✓ How can we be protected from hardship of hereafter if we do not try to keep away from sins in this world?
- ✓ Feel the mercy of Allah, who showed us the ways to be pure; pure from bad thoughts, actions, beliefs and practices.
- ✓ Feel the peace and light heartedness when you have done sincere Tawbah. On the other hand, feel the burden of the sin on those who didn't do Tawbah.
- ✓ Imagine, on the day of Judgment, the regret of those who didn't do Tawbah! How sad they will be! At the same time, feel the excitement and happiness of those who did Tawbah and were purified, and are awaiting the rewards from their Lord.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ O Allah! Purify me externally and internally.
- ✓ After Wudhu do we ask Allah to include us among those who sincerely repent? Are we trying to keep ourselves away from sins?

**Habit:** I will recite these Du'as of Wudhu and I will do Tawbah for my sins.

سُبْحَانَكَ	اللّٰهُمَّ	وَبِحَمْدِكَ	وَتَبَارَكَ	اسْمُكَ
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وَتَعَالٰى	جَدُّكَ	وَلَا إِلٰهَ إِلَّا هُوَ	غَيْرُكَ
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## Lesson-24: Glorification of Allah

<b>Your name, and blessed is</b>	<b>and with your praise</b>	<b>O Allah</b>	<b>Glorified are you</b>
Allah's name is Blessed. Whenever we start any task we should recite His name to get beneficial results.	All Praise and thanks be to Allah!		O Allah! You are pure. You are free from any defect or shortcoming.
<b>Hadith:</b> The Messenger of Allah ﷺ said, "The example of the one who celebrates the Praises of his Lord (Allah) in comparison to the one who does not celebrate the Praises of his Lord, is that of a living creature compared to a dead one." [Bukhari]. It means anyone who remembers Allah is a living person and who does not remember Allah is like a dead person.			The example of the one who celebrates the Praises of his Lord (Allah) in comparison to the one who does not celebrate the Praises of his Lord, is that of a living creature compared to a dead one." [Bukhari]. It means anyone who remembers Allah is a living person and who does not remember Allah is like a dead person.
<b>Tadabbur – Study, Imagine, and Feel</b>			<ul style="list-style-type: none"> <li>✓ Everything between the earth and the heavens glorify Allah in its own way. Thank Allah that we are able to join the billions of creatures who glorify Him.</li> <li>✓ If we praise someone, we love and follow His commands. We also praise and glorify Allah in our Salat. Does this reflect in our actions?</li> <li>✓ Recite this Du'a in Salat with a feeling that you are standing in front of Allah and He is watching and listening you.</li> <li>✓ We must recite Allah's name with love and confidence. The blessings of His name will make our task successful.</li> </ul>
<b>Tadhakkur – Du'a, Evaluate, and Plan</b>			<ul style="list-style-type: none"> <li>✓ Ask for Allah's Tawfiq (guidance) to glorify and praise Him.</li> <li>✓ Do we consider anyone other than Allah great and praise him?</li> <li>✓ Draw a plan to praise and glorify Allah with consistency. Bring Allah's greatness into your life by following His orders.</li> </ul>
<b>Habit:</b> Recite this Du'a in Salat with feelings and understanding.	<b>other than you.</b>	<b>Your Majesty,</b>	<b>And high is</b>
	<b>and (there is no god)</b>	<b>Majesty,</b>	Allah's Majesty is the highest. None of His creatures can match His infinite Majesty and power.

الْعَظِيمُ

رَبِّي

سُبْحَنَ

## Lesson-25: Adhkar of Ruku and Sujood (Part I)

### the Magnificent.

He is magnificent. No one can overpower Him or put pressure on Him

### my Lord

means my Rabb. It shows your love and affection towards Allah.

### Glory be to

**Hadith:** The Prophet ﷺ said: "وَمَا تَوَاضَعَ أَحَدٌ لِللهِ إِلَّا رَفَعَهُ اللَّهُ" and the one who shows humility Allah elevates him in the estimation (of the people)." [Muslim]

### Tadabbur – Study, Imagine, and Feel

- ✓ Do we feel humble when we do Sajdah? Does it reflect in our life? Do we bow down to the commands of Allah happily.
- ✓ Sajdah is not meaningless ritual, but an act of obedience.
- ✓ When we do Sajdah, we humble ourselves before Allah. Do we do so in our actions and words?
- ✓ We are thankful to our parents as they love and take care of us and help us to grow. Allah Almighty takes care of all our needs and our parent's needs. How thankful we should be to Him
- ✓ What is the condition of our heart in Ruku and Sujood? Are we really offering Ruku and Sujood peacefully and with the feeling of Allah's Magnificence?

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Ask for Allah's Tawfiq (guidance) to believe in Him as our Rabb with full conviction and sincerity.
- ✓ After the Ruku and Sujood, do we feel happy and satisfied?

**Directions:** Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

سَمِعَ اللَّهُ لِمَنْ	حَمِدَةٌ
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الْحَمْدُ لِلَّهِ	وَلَكَ	رَبَّنَا
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## Lesson-25: Adhkar of Ruku and Sujood (Part II)

<p><b>praised Him.</b></p> <p><b>to the one who</b></p> <p><b>Allah has listened</b></p>	<p><b>Hadith:</b> The Prophet ﷺ said: “My ummah on that day (Qiyamah) will surely have bright faces because of Sujood, and bright arms and feet because of ablution.” [Ahmad]</p> <p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ If we thank Allah, He will increase the rewards and blessings for us. If we are thankless, Allah will punish us. Are we praising Allah with love and sincerity to be eligible to get His rewards or complaining about what we don't have?</li> <li>✓ We are one of the billions of creatures. Thank Allah that our call to Him doesn't go unattended. Allah hears and responds to our call. What a great blessing from Almighty!!!</li> <li>✓ A scale will be established on the Day of Judgment. Good and bad deeds will be weighed in that scale. How can we save ourselves from the punishment of Allah if our bad deeds exceed our good deeds?</li> <li>✓ Without the help of Allah, we can neither get success in this world nor in the hereafter.</li> </ul> <p><b>Tadhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ When you do sajdah, feel the closeness to Allah. He is there to respond to your Du'a.</li> <li>✓ Ask Allah to help you glorify and praise Him with love and sincerity.</li> <li>✓ Check: Everything that you possess is a favor from Allah. Do you praise and thank Him for His countless blessings and favors?</li> <li>✓ Plan: Remind your friends, family and others, to thank Allah and not complain.</li> </ul> <p><b>is every praise.</b></p> <p><b>for You only</b></p> <p><b>O Our Lord!</b></p>
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الْأَعْلَى	رَبِّي	سُبْحَنَ
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## Lesson-25: Adhkar of Ruku and Sujood (Part III)

the Exalted.

my Lord

Glory be to

**Hadith:** The Messenger of Allah ﷺ said, “The slave is nearest to his Lord during Sajdah.” [Muslim]

### Tadabbur – Study, Imagine, and Feel

- ✓ Feel Allah’s closeness when you offer Sajdah and Praise Him.
- ✓ Say سُبْحَنَ رَبِّي الْأَعْلَى with attention and humbleness, with the feeling of Allah’s supreme Highness.
- ✓ Every day while offering Sajdah we recite سُبْحَنَ رَبِّي الْأَعْلَى. Let us check: Do we really consider Allah High and Great in our lives?

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Ask for Allah’s Tawfiq (guidance) to do the deeds that get you close to Him.
- ✓ Check: Do you have feelings of Allah’s Highness in your heart or consider yourself great while showing off Allah’s blessings to others.
- ✓ Draw a plan to do the deeds which will create Allah’s greatness in your heart.

**Habit:** إِنْ شَاءَ اللَّهُ, I will offer Ruku and Sajdah and recite Du'as peacefully with concentration and without hurry.

**Directions:** Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

الْتَّحِيَّاتُ	لِلَّهِ	وَالصَّلَوَاتُ	وَالطَّيِّبَاتُ
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## Lesson-26: Tashah-hud (Part I)

<b>and all types of worship by spending wealth,</b>	<b>and all types of worship by body</b>	<b>are due to Allah</b>	<b>All types of worship by tongue</b>
<p>All types of worship by spending wealth for the sake of Allah such as spending for Hajj, Zakat, Sadaqat (alms or charity) or for any good deed</p>	<p>This word is generally used for Salah. Here it is used for all physical acts of worships or all types of worship by body such as Salah, Saum (fasting), helping others, acquiring beneficial knowledge, etc.</p>		

### Tadabbur – Study, Imagine, and Feel

- ✓ In Tashah-hud we declare that all types of worships are for Allah only. Are we implementing this declaration in our lives?
- ✓ Will Allah be pleased with us if we use His blessings such as physical strength, intellect, and money in committing wrongdoings?
- ✓ If we obey Allah, then we can lead a happy and satisfied life. Disobeying Him will result in a stressful and difficult life.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Ask Allah to help you perform all the types of worship mentioned in this Du'a.
- ✓ Evaluate how you are using Allah's blessings such as tongue, brain, intellect and wealth? Are you using these in a way that displease Him?
- ✓ Draw a plan for future how you can use the blessing and resources given by Allah in doing good deeds.

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

وَرَحْمَتُ اللّٰهِ وَرَحْمَاتُهُ	أَيُّهَا النَّبِيُّ	عَلَيْكَ السَّلَامُ
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الصَّلِحِينَ	عِبَادُ اللّٰهِ	وَعَلَى عَلَيْنَا	السَّلَامُ
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## Lesson-26: Tashah-hud (Part II)

<p><b>and His blessings,</b></p> <p>Increase in all favors, bounties and goodness.</p>	<p><b>O Prophet ﷺ</b></p> <p>Means Allah's mercy, kindness and care. May Allah take care of you with extreme kindness and love.</p>	<p><b>be on you</b></p>	<p><b>Peace</b></p> <p>Means may Allah protect you O Prophet from any harm</p>
<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ We rush to the shopping mall if there is any sale or offer going on. Do we have the same passion to get the blessings and favors of Allah?</li> <li>✓ Alhamdulillah, we are living peacefully with all the comforts provided by Allah. Imagine if Allah takes away all these from us. What will happen then?</li> </ul>	<p><b>Tadhakur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Ask: O Allah, bless us and make us among Your pious slaves.</li> <li>✓ Evaluate: Are our deeds good and according to Allah's commands? Do we qualify to get the peace and blessings from Him?</li> <li>✓ Plan to become pious and to be in the company of حَسَانِيْجِيْنَ (righteous or pious people).</li> </ul>	<p><b>and on the</b></p>	<p><b>Peace</b></p> <p>Asking Allah for peace in everybody's life.</p>
<p><b>the righteous ones,</b></p> <p>This part Du'a encourages us to become الصَّلِحِينَ . We will then be in the prayers of everybody.</p>	<p><b>the slaves of Allah</b></p> <p>peace be on the righteous slaves of Allah.</p>	<p><b>be on us</b></p>	<p><b>Peace</b></p>

إِلَّا اللَّهُ

إِلَّا إِلَهٌ

أَنْ

أَشْهُدُ

وَرَسُولُهُ

عَبْدًا

مُحَمَّدًا

وَأَشْهُدُ أَنْ

## Lesson-26: Tashah-hud (Part III)

I bear  
witness

that

(there is) no  
God

except Allah

When we say  
Allah only is our  
true Lord and  
Master then we  
must obey  
Allah in all parts  
of life.

**Hadith:** The Messenger of Allah ﷺ said, “If anybody comes on the Day of Resurrection who has said: إِلَّا إِلَهٌ لَّهُ إِلَّا اللَّهُ” sincerely (before his death), with the intention to win Allah’s Pleasure, Allah will make the Hell-Fire forbidden for him.” [Bukhari]

**Habit:** I will recite this Du'a with attention and understanding in the Salah.

and I bear  
witness that

Muhammad

is His slave

and His  
Messenger

Accepting Prophet  
Muhammad ﷺ as  
the Messenger of  
Allah means I will  
follow his Sunnah in  
my life.

We are all slaves of Allah  
and should live like a true  
slave. The best slave of  
Allah is Prophet  
Muhammad ﷺ. He is a  
model for us, how a true  
slave should be.

الْمُحَمَّدِ

وَعَلَىٰ

مُحَمَّدٍ

عَلَىٰ مُحَمَّدٍ

اللَّهُمَّ

إِبْرَاهِيمَ

وَعَلَىٰ الْ

إِبْرَاهِيمَ

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

كَمَا

## Lesson-27:Du'a for Prophet Muhammad (Part I)

O Allah!

send peace  
on Muhammad!

and on  
Muhammad;

the family of  
Muhammad;

الْمُحَمَّدِ has two meanings: family and followers of Prophet Muhammad . If we take the second meaning, then this prayer is for us, the followers, too.

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:  
Actually means: O Allah! Shower Your mercy on Prophet Muhammad , raise his name, and elevate his position.

**Hadith:** The Messenger of Allah ﷺ said: "The miser is the one in whose presence I am mentioned but he does not supplicate for me". [Tirmidhi]

### Tadabbur – Study, Imagine, and Feel

- ✓ Du'a for peace and blessing is for the true followers ( ﷺ of Prophet Muhammad ﷺ). We also claim that we are His followers. Are we really following His teachings in our lives?
- ✓ Do we recite Salawat on Prophet ﷺ immediately upon listening or reading his name?

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Ask for Allah's Tawfiq to become true follower of Prophet Muhammad ﷺ and to recite more Salawat.
- ✓ Check: Do we recite Salawat on Prophet ﷺ after hearing his name. Let's check if our deeds are compatible with our claims of love towards him.
- ✓ Draw a plan to bring more obedience and love for our beloved Prophet ﷺ in the heart. By this we will get Allah's love, mercy and forgiveness for us.

### Habits:

- ✓ I will recite Salawat whenever I will hear or read Prophet's ﷺ name.
  - ✓ I will recite Salawat in maximum number to become nearest and dearest to the beloved Prophet ﷺ.
- |           |                      |             |                |    |
|-----------|----------------------|-------------|----------------|----|
| Ibraheem, | and on the family of | on Ibraheem | You sent peace | As |
|-----------|----------------------|-------------|----------------|----|
- O Allah! You have blessed Ibrahim (AS) and gave him a grand position.

مَحْمِدٌ	حَمِيدٌ	إِنَّكَ
مُحَمَّدٌ	وَعَلَىٰ أَلْ	عَلَىٰ مُحَمَّدٍ بَارِكْ

## Lesson-27: Du'a for Prophet Muhammad ﷺ (Part II)

<p><b>full of glory.</b></p> <p>مَحْمِدٌ: The Glorious, The Most Honorable.</p>	<p><b>worthy of praise</b></p> <p>حَمِيدٌ: The Most Praiseworthy, the One who is truly worthy of all praise and thanks!</p>	<p><b>Indeed, You are</b></p>
<p><b>Hadith:</b> The Messenger of Allah ﷺ said: "The miser is the one in whose presence I am mentioned but he does not supplicate for me". [Tirmidhi]</p>	<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ Du'a for peace and blessings is for the true followers ( ﴿ ) of Prophet Muhammad ﷺ . We also claim that we are His followers. Are we really following His teachings in our lives?</li> <li>✓ Do we recite Salawat on Prophet ﷺ immediately upon listening or reading his name?</li> </ul>	<p><b>Tadhhakur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Ask for Allah's Tawfiq to become true follower of Prophet Muhammad ﷺ and to recite more Salawat.</li> <li>✓ Check: Do we recite Salawat on Prophet ﷺ after hearing his name. Let's check if our deeds are compatible with our claims of love towards him.</li> <li>✓ Draw a plan to bring more obedience and love for our beloved Prophet ﷺ in the heart. By this we will get Allah's love, mercy and forgiveness for us.</li> </ul>
<p><b>Habits:</b></p> <ul style="list-style-type: none"> <li>✓ I will recite Salawat whenever I will hear or read Prophet's ﷺ name.</li> <li>✓ I will recite Salawat in maximum number to become nearest and dearest to the beloved Prophet.</li> </ul>	<p><b>Muhammad;</b></p> <p><b>and on the family of</b></p>	<p><b>O, Allah</b></p> <p><b>send blessings</b></p>

Directions: Cut out book as one piece. Cut on solid lines and fold on dotted lines. Cut on the solid lines to form flaps. Cut the Arabic words and paste it on the back of the flaps.

بَارَكْتَ عَلَى إِبْرَاهِيمَ	وَعَلَى آلِ إِبْرَاهِيمَ	إِبْرَاهِيمَ
إِنَّكَ حَمِيدٌ	حَمِيدٌ	مُجِيدٌ

## Lesson-27:Du'a for Prophet Muhammad ﷺ (Part III)

Ibraheem, and on the family of	on Ibraheem	You sent peace	As
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**Hadith:** The Messenger of Allah ﷺ said: "The miser is the one in whose presence I am mentioned but he does not supplicate for me". [Tirmidhi]

### Tadabbur – Study, Imagine, and Feel

- ✓ Du'a for peace and blessings is for the true followers (آل) of Prophet Muhammad ﷺ. We also claim that we are His followers. Are we really following His teachings in our lives?
- ✓ Do we recite Salawat on Prophet ﷺ immediately upon listening or reading his name?

### Tadhaakkur – Du'a, Evaluate, and Plan

- ✓ Ask for Allah's Tawfiq to become true follower of Prophet Muhammad ﷺ and to recite more Salawat.
- ✓ Check: Do we recite Salawat on Prophet ﷺ after hearing his name. Let's check if our deeds are compatible with our claims of love towards him.
- ✓ Draw a plan to bring more obedience and love for our beloved Prophet ﷺ in the heart. By this we will get Allah's love, mercy and forgiveness for us.

### Habits:

- ✓ I will recite Salawat whenever I will hear or read Prophet's ﷺ name.
- ✓ I will recite Salawat in maximum number to become nearest and dearest to the beloved Prophet ﷺ.

Indeed, You are worthy of praise	full of glory.
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ظُلْمًا كَثِيرًا

نَفْسِي

ظَلَمْتُ

إِنِّي

أَللَّهُمَّ

أَنْتَ

إِلَّا

الذُّنُوبُ

وَلَا يَغْفِرُ

## Lesson-28: Du'a for forgiveness (Part I)

<b>with excessive wrong,</b>	<b>Myself</b>	<b>I have wronged</b> <small>Being unjust; choosing wrong in place of right; any act that goes against the orders and will of Allah. We should obey Allah else it would be ظُلْمٌ.</small>	<b>Indeed I</b>	<b>O Allah!</b>
<b>Hadith:</b> Abu Huraira (R) reported: The Messenger of Allah ﷺ said, “By Allah! I ask for forgiveness from Allah and turn to Him in repentance more than seventy times a day.” [Bukhari] Imagine, if Prophet Muhammad ﷺ the finest of the Allah’s creation and leader of the Prophets, used to do Istighfar (repentance) seventy times a day, then where do we stand?	<b>Tadabbur – Study, Imagine, and Feel</b> <ul style="list-style-type: none"> <li>✓ Committing a sin is like self-harming. This may not affect others but will cause great loss to one's own self.</li> <li>✓ If Allah decides not to forgive and punish us for our sins, who can save us from Allah's wrath? Therefore, we must sincerely and continuously ask Allah for forgiveness.</li> <li>✓ Imagine meeting Allah in a clean condition, with all sins forgiven. How great will that be!</li> </ul> <b>Tadhakkur – Du'a, Evaluate, and Plan</b> <ul style="list-style-type: none"> <li>✓ O Allah! I am very weak and helpless. I can't bear your punishment. So please be kind to me and forgive my sins.</li> <li>✓ Check: Which areas of our life we commit most of the sins and displease Allah.</li> <li>✓ Make a plan to save yourself from sins</li> </ul>	<b>You,</b> <b>except</b> <b>the sins</b>	and none can forgive	

وارَّحْمَنِي

مَغْفِرَةً مِنْ عِنْدِكَ

فَاغْفِرْ لِي

الرَّحِيمُ

الْغَفُورُ

إِنْكَ أَنْتَ

## Lesson-28: Du'a for forgiveness (Part II)

and have mercy on me  
out of your  
forgiveness,

So, forgive (for) me

### Tadabbur – Study, Imagine, and Feel

- ✓ We commit number of sins daily and forgot them. We don't even think of repenting these sins. Is this the sign of an obedient person? Will Allah be pleased with us?
- ✓ Being obedient to our Creator is one way to thank Him. In case we forget to be obedient, we can always sincerely repent.
- ✓ Feel the situation of a student who didn't study hard and is sitting in an exam hall. Will he be given a chance to study at that time? Never. A good student will always study and be prepared before the examination.

### Tadhakkur – Du'a, Evaluate, and Plan

- ✓ Ask: O Allah! Please forgive us and guide us to the right path.
- ✓ Check: In our daily life we apologize if we do something wrong. How do we react after committing a sin or evil deed? Do we rush to seek Allah's forgiveness?
- ✓ Draw a plan to do more good deeds and keep away from sins and wrongdoings.

**Habit:** I will immediately say أَسْتَغْفِرُ اللَّهَ إِذَا أَسْرَرْتُهُ if I commit anything wrong.

**the most Merciful.** are the Oft-Forgiving

**Indeed You, You  
(alone)**

At the end of this Du'a, we acknowledge Allah's greatness by mentioning His two attributes: الْغَفُورُ (Most forgiving and أَلَّا رَجُونَ (Most Merciful).

وَحْسِنِ عِبَادِتَكَ

وَشُكْرِكَ

عَلَى ذِكْرِكَ

أَعْنِي

اللَّهُمَّ

## Lesson-29: Seek excellence in Dhikr, Shukr & Ibadah

and to worship You in the best possible way	and to give thanks to You	to remember You	Help me	O, Allah!
We must worship Allah with love and sincerity. Only then, our worship will be of high quality.	This means thanks to Allah. In addition to thanking orally, we should thank Allah by using our time, effort, and money in good activities.	Dhikr means remembering Allah (with all words of praise and glory). It brings peace and comfort to us.	<b>Hadith:</b> Mu'adh ibn Jabal (R) reported: I asked The Messenger of Allah : ﴿What act Allah loves most? He replied that (when) you die while your tongue is moist with the remembrance of Allah (Ibn Habban) This means even at the time of death your tongue should do Dhikr of Allah.	<p><b>Tadabbur – Study, Imagine, and Feel</b></p> <ul style="list-style-type: none"> <li>✓ <b>Think:</b> We enjoy Allah's blessings every second. But how many times in a day do we remember Allah and Thank Him.</li> <li>✓ <b>Ponder:</b> If we do not have these blessings what would have happened to us? Can you imagine a life without the five senses?</li> <li>✓ We pay full attention to each word that we write in our school examination paper. Do we offer Salah with attention and with feelings that we are standing in front of Allah?</li> </ul> <p><b>Tadhhakkur – Du'a, Evaluate, and Plan</b></p> <ul style="list-style-type: none"> <li>✓ Ask Allah's Tawfiq and guidance to always remember Him and to thank him for His blessings and to become best worshipper.</li> <li>✓ <b>Check:</b> Do we praise and thank Allah who bestowed countless favors upon us?</li> <li>✓ <b>Plan:</b> Plan to worship Allah in the best manner and to be away from the things that distract us from offering best worship.</li> </ul> <p><b>Habit:</b> In sha' Allah after every salah, I will recite this Du'a.</p>

وَفِي	حَسَنَةٌ	فِي الدُّنْيَا	أَتَنَا	رَبَّنَا
النَّارِ	عَذَابٌ	وَقْنَا	حَسَنَةٌ	الْآخِرَةُ

## Lesson-30: Ask for the best of this world and the Hereafter.

### Our Lord!

The Qur'an has mentioned two types of people. Those who desire for good of this world and do not care about the hereafter. The others are those who ask Allah for both, that is, the good of this world and Hereafter. This Du'a is from the second type of people. This Du'a begins with أَتَنَا (O our Lord!).

and in (that which is) good, in (this) world

in this world includes necessities of this life such as good health, family, friends, school, home, good job, beneficial knowledge, correct faith,

**Hadith:** Anas (R.A.) reported: The Du'a most often recited by the Prophet ﷺ was:

اللَّهُمَّ رَبَّنَا أَنْشَأْتَنَا فِي الدُّنْيَا حَسَنَةً، وَفِي الْآخِرَةِ حَسَنَةً، وَقَنَا عَذَابَ النَّارِ

### Tadabbur – Study, Imagine, and Feel

✓ We see people around us who are satisfied by good things in the world, but are they concerned about what they earned in hereafter?

✓ To get good things in this world, don't spoil the good in the hereafter. Cheating in exams might get you good grades here but it will lead to bad marks in the hereafter.

### Tadhakkur – Du'a, Evaluate, and Plan

✓ Ask Allah to help us achieve those things that are good in this world and hereafter.

✓ Check: Before every decision or activity, pause for a moment and see if it benefits me in this world and the hereafter.

✓ Plan on how to convert the good things in this life into good in hereafter as well. For example, being clean, is good for health, but if you have the intention that Allah will be pleased with this, then you will also be rewarded in hereafter.

**Habit:** Inshallah before sleeping, I will check my deeds for the day.

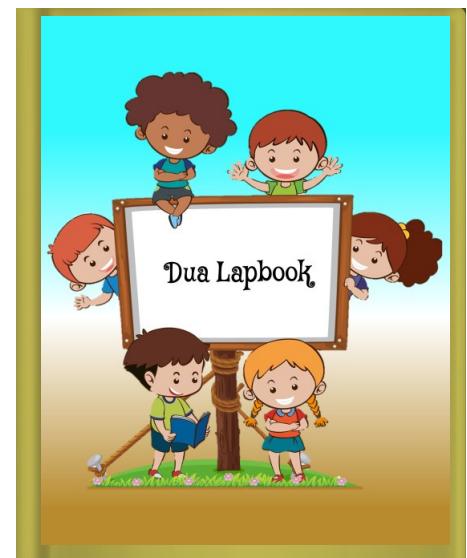
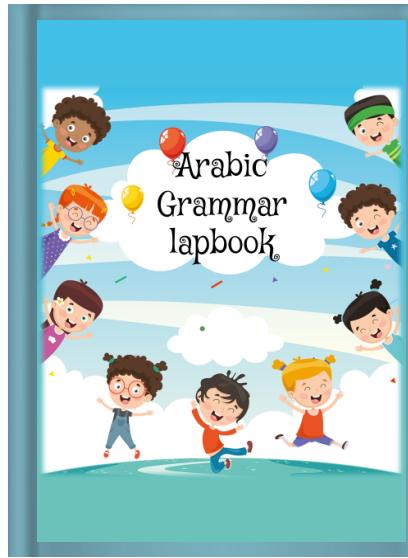
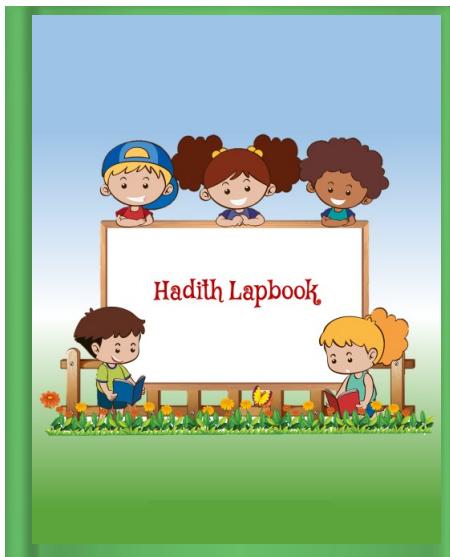
(of) the Fire. the punishment and protect us from

(that which is) good, (that which is) the hereafter

in the Hereafter includes entry into Jannah, protection from sorrow, meeting of parents and relatives in Jannah, etc. The best would be to look at Allah and to be in the company of Prophet Muhammad ﷺ.

## About the Book

'Understand Quran and Salah', is an interactive lapbook through which our young children can learn the meaning of surahs and Azkaar that they read in Salah. They will not only learn the meaning but also learn to do Tadabbur and Tadhakkur on the verses of the Quran. In Sha Allah, our little ones will start understanding thousands of words from Quran with ease.



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